# **Youth Council Application Process**

#### What is the Youth Council?

The Youth Council has 12 members, 2 Youth Mentors, and 1 Adult Ally. We each draw on our lived experience of mental health concerns/addictions to advise the Youth Wellness Centre on programs, processes, events, and other activities. Our goal is to have youth voices influence the directions of the Centre!

### What will I do on the Youth Council?

- During COVID-19, meet on Zoom for 2 hours each month as a Council
- Meet in smaller subcommittees to work on specific projects
- Youth Council members also attend various staff meetings and community organizations as council reps

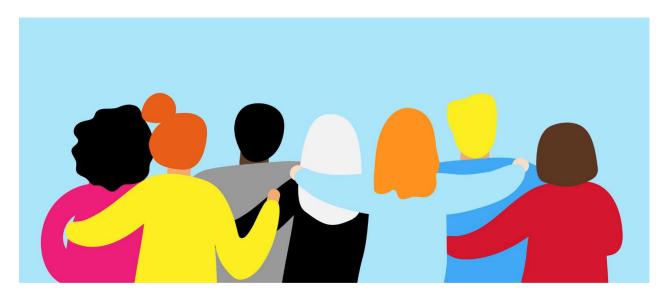
## Why should I consider joining the Youth Council?

- Meet others with mental health/addictions concerns
- Learn about and influence 'behind the scenes' of the YWC/AY
- Gain advocacy and leadership skills
- The Youth Council is a volunteer position and something you can write on your resume
- You will receive an honorarium of \$30 for your attendance at 2-hour monthly meetings

#### When is the application due?

The application deadline is Sunday, November 1st. Please email it to D: diana.filc@gmail.com. We will get back to you within 1-2 weeks to invite you to have a conversation with a couple of members of the Youth Council.

## If you have any questions, please email them to D: diana.filc@gmail.com



Youth Wellness Centre Youth Council Application Form		
Your Contact Info		
Name:	Phone:	Email:
The best way to contact me is:         * phone:       * through Youth Wellness Centre staff (name:)         * email:       * other:		
Questions		
1. What kind of things are you involved in (e.g. school, work, volunteering, hobbies, etc.)?		
<ol> <li>List one or two things you like about the Youth Wellness Centre and/or Alternatives for Youth and something that's missing that you would like to see. (an activity, decoration, topic for peer support, etc.)</li> </ol>		
3. We are hoping to have diverse perspectives and experiences represented on the Youth Council. What perspectives would you bring to the Council?		
4. What experience do you have with peer support, getting involved at the Youth Wellness Centre and/or Alternatives for Youth, and/or, any other projects where you took on a leadership role? If you have not had the opportunity or time to get involved, tell us what you would like to do in the future to improve or support your community.		
Thanks for your interest in the Youth Council!		