

## Recreational Opportunities

### **YMCA**

Location – various

Contact – [www.ymcahbb.ca](http://www.ymcahbb.ca)

Age restrictions: 12 +

See link for application & further details

### **City of Hamilton**

Location - various

Contact - <https://www.hamilton.ca/jobs-city/volunteer-opportunities/recreation-division-volunteers>

See link for application form, roles & responsibilities.

### **Cancer Assistance Program**

Location – Hamilton

Contact – Becky McMachon, Volunteer coordinator

905 – 383-9797 [bmcMahon@cancerassist.ca](mailto:bmcMahon@cancerassist.ca)

Event held in May – annual care walk, approximately 7 hours granted. Contact for registration & details.

### **The Lung Association**

Location – Hamilton

Contact Susan Chapman <https://www.lung.ca/get-involved/volunteer>

Individual hours granted based on event volunteer work.

### **MHYSC – Mountain Hamilton Youth Soccer Club**

Contact – Tammy Alessi - [talessi@mhysc.org](mailto:talessi@mhysc.org) 905-318-1933

40 hours for the summer – coaching, meetings, clinic, outdoor season only, contact for more details

<http://www.mhysc.org/Default.asp?id=home&l=1>

## Opportunities in the Hamilton Public Library

Location – various

Contact - <http://www.hpl.ca/volunteer-opportunities>

Age Restrictions – 14+

Sample opportunities:

- ESL tutoring, library service, homework help, teen advisory group, knit for a cause, teen tech volunteer, summer reading buddies

Application & role responsibilities found on line

## Community Oriented Opportunities

### **Binbrook Chapter Order of the Easter Star**

Location – Hamilton/Binbrook/Stoney Creek

Contact – Lynda Terence, Secretary. Leave message with name and number and reason for call  
905-692-4944

Age restrictions: 14+

Volunteer roles – event volunteers, such as catering, dish washing, serving, clean up, duties as required

### **Kiwanis Club of Hamilton**

Location - Stoney Creek

Contact – Marilyn, [chaminc1@bellnet.ca](mailto:chaminc1@bellnet.ca), 905-379-6680

Volunteer roles – one event – Battlefield Re-enactment weekend, (first weekend in June)

Contact for more details

### **Habitat for Humanity Restore**

Location - Hamilton

Contact – 905-560-6707, <http://habitathamilton.ca/>

Volunteer roles – stocking building supplies, cash, organizing store materials

### **Homefront Cancer Services – Gift Wrapping**

Location – Eastgate Square

Contact – 905-643-0404

Age restrictions: grade 8 +

Volunteer roles – 6-12 hour per week, November – December, all mall hours doing gift wrapping

Notes: Schedules fill up fast, sign up early for shifts.

### **Stoney Creek School of Art**

Location – 200 Jones Rd. Stoney Creek, ON

Contact – Lisa Tziatis, [scsa@rogers.com](mailto:scsa@rogers.com), 905-643-3513 <http://www.stoneycreekschoolofart.com/>

Restrictions: Police Check, minimum 2 week requirement

Volunteer roles – March Break camp and classes, contact for more details

### **Royal Canadian Legion Ladies Auxiliary**

Location – 12 King Street East Stoney Creek, ON

Contact – <http://www.battlefieldbranch622.ca/volunteers.html>

905-662-4171 or 905-662-1705

Volunteer roles – 3-8 pm approximately. Some roles include: fish fries, BBQs, labourers to help with house project, poppy sites, painting

### **541 TLC - Teen leadership Camp**

Contact - <http://fivefortyone.ca/541-teen-leadership-camp/>

Available sessions and contact information found on line

### **East Hamilton Optimist Club**

Volunteer Opportunities – contact Howard Bentley

<http://www.easthamiltonoptimistclub.org/>

## Working with Vulnerable Population

### **Able Living Services**

Location – 2080 Trinity Church Road, Binbrook, ON

Contact – <http://www.ableliving.org/volunteer-services.php>

Tel: 905-527-7949 Tel: 905-383-0448

Volunteer roles - musicians, swim volunteers, pet therapy, knitting circle, craft leader, garden volunteer, friendly visitor, community outings, special events

### **Out of the Cold – eliminating hunger in our community**

Location – various

Contact – Lisa Knox 289-683-9414

Application form and permission form (if under 18) found on line: <http://hamiltonoutofthecold.ca/>

Volunteer role – Kitchen, dining room set up, serving, clean up, breakfast program

### **Hamilton Health Sciences**

Location – Hamilton General, McMaster University, Juravinski, St. Peters

Age restrictions – some programs 18+ and some require a police check

Volunteer Opportunities and Application found on line -

<http://www.hamiltonhealthsciences.ca/body.cfm?id=2033>

### **Heritage Green Nursing Home**

Volunteers must have a step TB test and an updated police check for Vulnerable sector.

Once volunteer has required paperwork contact Francine MacMillan at

[fmacmillan@hgseniorcare.ca](mailto:fmacmillan@hgseniorcare.ca) 905-573-7177.

Variety of roles available.

Available times include evenings, PA days, Christmas Break and over the summer

### **Wentworth Lodge Long Term care facility**

Contact - Wentworth Lodge volunteer coordinator

905-546-2424, ext. 1915 or June.Hannah-Cook@hamilton.ca

Time commitment – flexible & can work with volunteer to set up schedule or on-call

Volunteer roles include: recreation programs, friendly visits, special events, tuck shop sales

### **Macassa Lodge**

Age restrictions – 14+

Volunteer opportunities – beauty shop, calendar crew, delivery, gift shop, meal time, recreation

Weekend shifts available

Vulnerable Sector Police Check and 2-Step TB test required before starting

<https://www.hamilton.ca/jobs-city/volunteer-opportunities/macassa-lodge-volunteers>