

LIFE 18 [workshop series presents] AFTER

Talking about Managing Big Emotions

for youth looking to access adult mental health services

for family & friends to learn how to support their loved one through the transition



Jenna Dexter, Transition Coach

Carrie Stevenson, Family Educator

Yawna Fejzaj, Youth Mentor

Jordanna Laman, Youth Mentor

featuring Lisa Burckell, Clinical Psychologist
with Community Psychiatry and the Borderline Personality Disorder Clinic

Got questions about the transition to adult services? Join us for breakout sessions with our youth mentors and family educator, and get your questions answered!

**Feb 16, 6:30-8:30pm - Ron Joyce Children's Health Centre
325 Wellington Street N, Conference Room 1-014 A & B**