

digital intelligence



Listen ~ Understand ~ Inspire

For many parents Social Media is a foreign world. And it shouldn't be.

Digital Intelligence removes the fear and pre-conceived views that many parents have about social media.

You'll learn, step-by-step, how to support yourself and your family with confidence, clarity and intention across six critical areas:

- Mental Health; Stress & Anxiety
- Daily Habits; Important vs. Urgent
- How Students are Evaluated, Online
- Achieve Balance; less screen time
- Building a Sustainable Reputation
- Increase Online Confidence & Skill

~ with Chris Vollum ~

International workshops

Presented to more than
700,000 students throughout
Canada and the United States



Recognized educator on

Twitter, Instagram,
Snapchat, Facebook,
YouTube

Date: November 26, 2019 Time: 6:30 pm

Location: Rousseau School Library - ^{childminding} available!

Questions & RSVP: jgris@hwdsb.on.ca