## HELPING US, HELP OUR TEENS: ADDRESSING MENTAL HEALTH

Thursday, April 27th @ 7:00 pm - Dundas Valley Secondary, School (in-person)



DVSS is hosting Dr. Lindsey George for an evening discussion with parents and caregivers regarding the mental health of teens in our school community.



What is Mental E-lealth?



Thus Can We Thep?



Where Can We Get Tlelp?

All parents and caregivers are welcome to join us for a night of information and open discussion held within a safe and inclusive environment. Please RSVP via School Cash Online. No entrance fee is required.