



Richard Beasley Elementary School

PROUD SCHOOL OF HAMILTON-WENTWORTH DISTRICT SCHOOL BOARD

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Beasley October 2021 Newsletter



To our Parents/Guardians,

September flew by and it's a little hard to believe we are already turning the calendar to October. I am really enjoying my new role as principal here at Richard Beasley. I know this is because we have fantastic students, wonderful parents and an amazing staff! It is nice to walk around outside before and after school and chat with so many parents. If you have any concerns, please feel free to reach out to me when you see me during these walkarounds. Your continued support, patience and understanding in following the COVID 19 procedures we must adhere to, has been invaluable to us. I am grateful that I have had the privilege to join such a great school!

Things are going amazingly well here at Beasley and I'd like to take the opportunity to share information with you to help you stay up to date. We are trying to provide a variety of leadership opportunities for our students. Our Grade 5 students will be responsible for organizing Spirit Days and announcements. The grade 4s are our technology crew and photographers. We are going to explore opportunities for our grade 3s as well.

Our Annual Terry Fox Run will be taking place on this Friday, October 8th. Please make sure that your child is dressed appropriately and bring extra water/juice to keep them hydrated.

Halloween will be upon us soon. As the occasion approaches we will share more information and expectations with families so that we are all on the same page.

I hope that you are all able to spend Thanksgiving with those you are most thankful for and celebrate the things that you value most.

Take care,
Mrs. J. Corbin-Harper

Date	Activity
Fri. Oct 8	Terry Fox Run/Walk
Mon. Oct. 11	Thanksgiving Holiday, No School
Fri. Oct 29	At School Halloween Activities
Sun. Oct. 31	Halloween Day

Thought for the Month:



➤ REORGANIZATION

Every year at the end of September, schools go through a re-organization process. This year, at Richard Beasley, 2 classes were affected. Mrs. Sabourin's class went from a Grade 2/3 split to a straight Grade 2, and Ms. Slattery went from a straight Grade 4 class to a Grade 3/4 split. Mr. Tudor who was with us half time covering a variety of classes for prep will be joining us full-time as a kindergarten teacher. Unfortunately, the contracts for Mrs. Woodward and Mr. Sunnucks who were Long Term Occasional Teachers ended on Friday, October 1st.

➤ ATTESTATION

Just a reminder that if your child was away sick, especially with COVID related symptoms, they must complete a return to school Attestation form before they can return to school. These forms can be found on the Parent Portal or you can ask for a copy from the school office.

➤ DAILY COVID-19 SCREENING

A HUGE THANK YOU TO ALL OUR PARENTS WHO ARE COMPLETING THE DAILY COVID-19 SCREENING ON A DAILY BASIS.

The number of parents that we have to call on a daily basis has dwindled to a bare minimum.

Remember, if you answered YES to any of the screening questions, or if you refuse to answer the questions, your child has failed the screening and must not attend school. The family should contact Public Health (905) 974-9848 or their family doctor for testing. Please contact the school using SafeArrival to report the absence. If the student is tested for COVID-19, we would appreciate knowing the outcome of that test.

➤ MASKS

We are slowly noticing some students coming into school without masks. All students will be required to wear a non-medical or cloth mask while indoors in a school. **Parents are encouraged to send their child to school with at least 2 masks. As students talk into their masks all day, they become damp/wet and need to be replaced.** Students will place them in a baggie to bring home, washed and be ready for the next day.

➤ CONTACTING PARENTS

Every school year it is of utmost importance that we have up to date telephone numbers and email addresses in case we need to reach parents. We have noticed that we already have a few contact numbers that are not working. If you have updated your telephone number(s), please let us know as soon as possible.

➤ THE IMPORTANCE OF SLEEP

We are noticing that a number of students are coming to school tired and mentioning that they are going to bed quite late. We know that for some their bed routines might have been interrupted as they were off for quite a while, however this is time to get them back on a regular routine. Sleep is an essential part of everyone's routine and an indispensable part of a healthy lifestyle. Studies have shown that kids who regularly get an adequate amount of sleep have improved attention, behavior, learning, memory, and overall mental and physical health. Not getting enough sleep can lead to high blood pressure, obesity and even depression.

➤ WATER BOTTLES

A number of students have been coming to school without refillable water bottles. The drinking fountains in all HWDSB schools are bagged and unavailable for use. Students have access to the hydration station to refill their water bottles. Some students have tried using the hydration stations to drink from but unfortunately, it is not made for this purpose.

Mental Wellness Check-Ins:

YOUR CHILD'S MENTAL HEALTH:

Mental health affects the way people think, feel and act.

Taking care of our mental health is just as important as having a healthy body. As a parent, you play an important role in your child's mental health:

-You can promote good mental health by the things you say and do, and through the environment you create at home.

-You can also learn about the early signs of mental health problems and know where to go for help.

How can I nurture my child's mental health?

Help children build strong, caring relationships:

-It's important for children and youth to have strong relationships with family and friends. Spend some time together each night around the dinner table.

-A significant person who is consistently present in a child's life plays a crucial role in helping them develop resilience. This person—often a parent or other family member—is someone your child spends a lot of time with and knows they can turn to when they need help.

-Show your children how to solve problems.

Help children and youth develop self-esteem, so that they feel good about themselves:

-Show lots of love and acceptance.

-Praise them when they do well. Recognize their efforts as well as what they achieve.

-Ask questions about their activities and interests.

-Help them set realistic goals.

Listen, and respect their feelings:

-It's OK for children and youth to feel sad or angry. Encourage them to talk about how they feel.

-Keep communication and conversation flowing by asking questions and listening to your child. Mealtime can be a good time for talking.

-Help your child find someone to talk to if they don't feel comfortable talking to you.