



# the Lunch Lady

## Welcome Back R.A. Riddell!

The Lunch Lady is excited to once again offer a wide variety of hot, healthy lunches to R.A. Riddell Elementary School Students & Staff every Wednesday this school year.

Your first Lunch Lady Day will be on Wednesday September 13<sup>th</sup>.

### A few things to remember about The Lunch Lady!

- ✓ **We take care of everything!**  
From creating and printing menus to all online ordering and delivering lunches right to the class, there is no work for your Staff or Parents.
- ✓ **We meet Ministry Nutritional Guidelines!** Every single meal we prepare meets or exceeds the Ontario Ministry of Education PPM150 Guidelines.
- ✓ **Every Order Helps Your School!**  
All Lunch Lady entrees include a FUNDRAISING contribution for your school!
- ✓ **Allergies? We care!**  
We are a NUT FREE kitchen and have strict allergy management processes in place. We work directly with parents with the best interests of the students in mind!
- ✓ **Parents love our flexibility!**  
Sick child, forgotten appointment or field trip?  
Orders can be cancelled by 8am the morning of for a credit to toward their next lunch!

*Turn over to see the Fun Lunches planned for the 2017/2018 School Year!*

Your Lunch Lady is [Chrissy@thelunchlady.ca](mailto:Chrissy@thelunchlady.ca)





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## R.A. Riddell Elementary School Fun Lunch Event Calendar 2017/2018

September	October	November	December	January
Blast Off Lunch!	Spooky Hot Lunch	Chili Days, Hot Lunch	Holiday Dinner	New Years Noodles!
Blast Off the school year with special combos and a free reusable Spork with every order!	Spooky Spaghetti, Boo Burgers, Ghoulish Grilled Cheese & more!	Warm up with Lunch Lady's Homemade Beef & Vegetarian Chili and other hot lunch options!	The Lunch Lady loves celebrating the Holidays with our schools!	Hot Delicious Pasta meals and sides to kick start the New Year!
Wed Sept 13 & 20	Wed Oct 25	Wed Nov 22	Wed Dec 20	Wed Jan 24

February	March	April	May	June
Valentines' Special	Hop into Spring/ Easter Special	Earth Day	Burger Bar	Celebrate Canada!
Heart Shaped Pancakes One of our most popular events!	A nutritious & Egg-cellent menu that will be sure to have everyone hopping for joy!	Lunch Lady menu featuring items with all recyclable or compostable packaging!	A favourite event to celebrate warmer weather on the way!	Featuring Canadian favourites including Lunchie's Poutine & more, eh!
Wed Feb 14	Wed Mar 25	Wed Apr 18	Wed May 16	Wed June 20

Regular Menu also available online to order lunches from every Wednesday.

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