

# VOLUNTEER DESCRIPTION

## HAMILTON GRASSROOTS SOCCER PROGRAM

Position: Lead Trainer/Assistant Trainer

Location: Tim Horton's Field, Hamilton, ON

Players: U5-U12 born between 2009-2016

Program Length: 10 Weeks (June - August)

Program will run on Tuesday evenings unless communicated differently.

\*Please note this is a volunteer position\*

### Overview:

The Hamilton Grassroots Soccer Program was developed by members of the Hamilton & District Soccer Association, Sport Hamilton and the City of Hamilton as part of the Tim Horton's Field Pan-Am Legacy. The program is a station-based training model following Ontario Soccer's guide to Long Term Player Development (LTPD). The station-based model includes the basics of physical literacy, activities that are age and stage appropriate, technical based skills, and small sided games (SSG).

### Duties of the Coach/Lead Trainer/Assistant Trainer:

- Responsible for setting up their station which is outlined in the weekly program provided by the program's technical lead
- Identify the space and area of play required for the activity
- Identify any potential safety hazards to the program's technical lead
- Facilitate their assigned activity by creating a positive playing and learning experience for the player
- Provide players with instructions, demonstrations, encouragement and positive feedback throughout the activity or small sided game
- Ensure that players visit each station by following the proper rotation in the stationbased model provided by the program's technical lead
- Collect all equipment and return it to the Grassroots storage room at the end of your session

Volunteer Registration and Covid-19 waiver forms can be mailed to:

Grassroots Soccer  
The Dome at Redeemer  
777 Garner Rd. E.  
Ancaster, ON L9K 1J4

Scanned and emailed to:  
grassroots@hamiltonsoccer.net

For further information, please contact Anthony Locane:  
Tel: 905-383-0288 or email: grassroots@hamiltonsoccer.net