

**A program of:**



Boys & Girls Clubs  
of Hamilton  
A good place to be

**Generously supported by:**



Ontario

**In collaboration with:**

**HWDSB**



# LET'S GET MOVING 2020 - 2021

**An after school physical literacy program focusing on active living, nutrition, personal health & well-being.**

**Program runs Monday - Friday for 2 hours after the bell.**

**Cost: \$20/month**

**Students in Grades 1 to 6 at the following schools:**

- WH Ballard
- Prince of Wales
- Strathcona
- Parkdale
- Hillcrest (at McQuesten Boys & Girls Club)
- CB Stirling
- Queen Mary
- Green Acres

**Start Date: October 13, 2020**

**To register visit [kboysandgirlsclub.com](http://kboysandgirlsclub.com)**