

Babysitters Training

"A new way to learn!" A SAFE, FUN and EFFECTIVE course for youth aged 10-14

<u>Hamilton</u>	Friday, April 28th, 2023, 9am-3pm	PA DAY - Catholic Schools
<u>Hamilton</u>	Friday, June 2nd, 2023, 9am-3pm	PA DAY - All Schools
<u>Hamilton</u>	Tuesday, July 11th, 2023, 9am-3pm	Summer Break
<u>Ancaster</u>	Wednesday, July 12th, 2023, 9am-3pm	Summer Break

Space is Limited - You must Pre-Register - Choose 1 Date

Courses are taught by Certified Instructors and teachers:

Getting your first job safely– Interview tips, resume and prep skills to impress!

Keep others SAFE while in your care and control, understanding babysitter responsibilities and specific care and requirements for children of all ages.

Advanced First Aid including airway management, choking/obstruction and rescue breathing in addition to common injuries and illnesses.

Emergency Readiness and response to critical situations such as: Fire Safety, Kitchen Safety, poisons, staying calm and proper use of 911/EMS

Having Fun! Creative games, ideas and helpful tips to make you a great sitter!

Instructor Led Training on feeding, bathing and changing infants etc..

Enroll in the most **TRUSTED, SAFE and EFFECTIVE** Babysitters Course today! Content is approved and/or provided by the Ontario Provincial Police & Fire Marshalls Office.

Register Online: www.varisafe.ca

Course locations, FAQ and more available online 24/7



Upon registration, you will receive a confirmation email including all course details such as: **course location & directions**, what to bring and how to make payment the morning of the course. Course cost: \$61.95 plus HST.

Participants will receive a **Wallet Certification Card** and **Babysitters Training Manual**.

Questions? Email us: info@varisafe.ca

Do you want to stay Home Alone?

Home Alone & Stranger Safety

*"A new way to learn!"
A fun and interactive course for youth aged 8-11 years of age*

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<u>Hamilton</u>	Friday, June 2nd, 2023, 9am-3pm	PA DAY - All Schools
<u>Hamilton</u>	Thursday, July 6th, 2023, 9am-3pm	Summer Break
<u>Ancaster</u>	Friday, July 7th, 2023, 9am-3pm	Summer Break

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THE ONLY FULL DAY, FULL FUN and EFFECTIVE HOME ALONE COURSE available! Courses are taught by Certified Instructors. Students learn, and will be able to demonstrate:

Communication skills to support family safety

Honesty, limitations, your Home Safe route and Home Alone agreement

Prevention techniques to avoid dangerous situations

Household fires and accidents, injuries, stranger dangers and street smarts

Safety skills by interactive training, hands on practice and coaching

Identify strangers and risks, door, phone and kitchen safety & beginner First Aid

Responsibility and building maturity to stay Home Alone

Home Safe messages, Home Alone productivity, house rules and schedule

Confidence to handle unexpected dangers or emergencies

With strangers and situations, how to call 911, the power of NO and keeping self SAFE!

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Participants will receive a **Certificate of Completion** and **Guide Book** including **First Aid, Home Alone Safety & Stranger Safety**.