

"A new way to learn!" A SAFE, FUN and EFFECTIVE course for youth aged 10-14

Hamilton Saturday, May 4th, 2025 10am-4pm

Friday, June 6th, 2025

9am-3pm PA DAY- All schools

Thursday, July 10th, 2025

Hamilton Ancaster

Friday, July 11th, 2025

Stoney Creek Sunday, June 8th, 2025 10am-4pm

9am-3pm Summer Break

9am-3pm Summer Break

Space is Limited - You must Pre-Register - Choose 1 Date

Courses are taught by Certified Instructors and teaches:

Getting your first job safely—Interview tips, resume and prep skills to impress!

responsibilities and specific care and requirements for children of all ages Keep others SAFE while in your care and control, understanding babysitter

breathing in addition to common injuries and illnesses Advanced First Aid including airway management, choking/obstruction and rescue

Safety, poisons, staying calm and proper use of 911/EMS Emergency Readiness and response to critical situations such as: Fire Safety, Kitchen

Having Fun! Creative games, ideas and helpful tips to make you a great sitter!

Instructor Led Training on feeding, bathing and changing infants etc.

Enroll in the most TRUSTED, SAFE and EFFECTIVE Babysitters Course today!

Register Online: www.varisafe.ca

Course locations, FAQ and more available online 24/7



as: course location & directions and what to bring to the course Upon registration, you will receive a confirmation email including all course details such

Course cost: \$75.00 plus HS1

Questions? Email us: info@varisafe.ca or call us toll free, Mon-Fri 1-866-974-7488 Participants will receive a Wallet Certification Card and Babysitters Training Manual



Hamilton Friday, April 4th, 2025, 9am-3pm PA DAY Catholic only

Dundas Saturday, April 12th, 2025, 10am-4pm

Stoney Creek Sunday, May 4th, 2025, 10am-4pm

Hamilton Friday, June 6th, 2025, 9am-3pm PA DAY- All schools

Hamilton Ancaster Friday, July 4th, 2025, 9am-3pm Thursday, July 3rd, 2025, 9am-3pm Summer Break

Summer Break

Space is Limited - You must Pre-Register - Choose 1

Courses are taught by Certified Instructors. Students learn, and will be able to demonstrate: THE <u>ONLY</u> FULL DAY, FULL FUN and EFFECTIVE HOME ALONE COURSE available!

Communication skills to support family safety

Honesty, limitations, your Home Safe route and Home Alone agreement

Prevention techniques to avoid dangerous situations

Household fires and accidents, injuries, stranger dangers and street smarts

Safety skills by interactive training, hands on practice and coaching

Identify strangers and risks, door, phone and kitchen safety & beginner First Aid

Responsibility and building maturity to stay Home Alone

Home Safe messages, Home Alone productivity, house rules and schedule

Confidence to handle unexpected dangers or emergencies

With strangers and situations, how to call 911, the power of NO and keeping self SAFE!

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First Aid, Home Alone Safety & Stranger Safety. Participants will receive a Certificate of Completion and Guide Book including