

Millgrove School's 20th Terry Fox Run



Be Determined Like Terry

"I set daily goals for myself, and it's really important that I achieve them. I need to have a daily sense of accomplishment. I know if I fall short of those goals that I will never finish."

- Terry Fox

Dear Parents and Guardians,

Scheduled School Run: Thursday, September 19th, 2024

Time: 1:45pm to 2:45 pm

Students and teachers will complete the 20th Terry Fox Run this year at Millgrove. Terry ran in all types of weather and the Terry Fox School Run will occur rain or shine on that day.

Why Are We Running?

Simply Put: To end cancer.

Cancer has unfortunately, touched the lives of so many people and almost every family has had a loved one affected by this terrible disease.

On the September 19th, place this sticker on your child's back to show who they are running for.



How to Donate?

Online

- Our school's fundraising page is:
<https://schools.terryfox.ca/MillgrovePSMillgrove>



Buy a T-shirt:

- \$20 for youth - Size 6X or 10
- \$25 for adult

Please fill out the attached form, send it back to your classroom teacher and pay for the shirt on School Cash Online <https://www.schoolcashonline.com> by **Friday, September 13th**. (All sales for T-shirts are added to Millgrove's fundraising total.)

Cash

- We are asking each student to donate a **"Toonie for Terry"**

Cheque

- Using the Pledge Form - attached form - Do not go door to door for pledges. Please just ask family and friends.
- Cheques payable to: **Terry Fox Foundation**

Where will the Run take Place?

Students will stay on school property. They will be going around the perimeter of the field at the back of the school.

We look forward to another successful Terry Fox Run at Millgrove School.

Thanks again for all your support,

Alison Mason

Physical Education and Dance Teacher