



April 2023

Here is a great opportunity for you to make a big difference in the lives of hungry children in the Flamborough and Waterdown area.

Please join The Rotary Club of Flamborough AM on: **Sunday, May 7, 2023 at 10:00 a.m. at Joe Sams Park pavilion** for the **Flamborough Family Fun Run for Food4Kids**.

This inaugural event will be supporting Food4Kids Hamilton. Food4Kids Hamilton is a non-profit organization that provides healthy food for kids with limited or no access to food on weekends or during the summer months.

From the first year that we supported this program in 2017, the number of children in the program has increased by 312%. There are now 3 Waterdown schools. The 2017 - 2022 increase in the cost to feed kids in our program is up 25% and the need continues to grow.

The event will be held rain or shine and the route will follow the Wetlands Trail from Joe Sams Park to Parkside Road and then back, approximately 5 KM. This is a pet friendly event and everyone is encouraged to wear red and green in support of Food4Kids. To participate: \$25 per participant / \$60 for family of 3 or more participants

To sign up, please go to: <https://www.eventbrite.com/e/flamborough-family-fun-run-for-food4kids-tickets-594125434167>

To donate or sponsor, please visit the **Flamborough Family Fun Run** page on FaceBook to make a donation to this great cause.

About the Rotary Club of Flamborough AM

Rotary International is a non-profit, humanitarian service organization which brings together inspirational individuals in order to provide community service. Since 2000, the Rotary Club of Flamborough AM has been working to fulfil needs in the community and around the world. This small and mighty group meet once per week. For more information, please click on: <https://portal.clubrunner.ca/288/>

Thank you for your time and consideration. We would love for you to join us to help feed the hungry children in our community.

Kind regards,

Rotary Club of Flamborough AM