

# Volunteer Opportunities in Hamilton

## YMCA

### Recreational Opportunities

Location – various

Contact – [www.ymcahbb.ca](http://www.ymcahbb.ca)

Age restrictions: 12 +

See link for application & further details

City of Hamilton

Location - various

Contact - <https://www.hamilton.ca/jobs-city/volunteer-opportunities/recreation-division-volunteers>

See link for application form, roles & responsibilities.

Cancer Assistance Program

Location – Hamilton

Contact – Becky McMachon, Volunteer coordinator

905 – 383-9797 [bcmahon@cancerassist.ca](mailto:bcmahon@cancerassist.ca)

Event held in May – annual care walk, approximately 7 hours granted. Contact for registration & details.

The Lung Association

Location – Hamilton

Contact Susan Chapman <https://www.lung.ca/get-involved/volunteer> Individual hours granted based on event volunteer work.

MHYSC – Mountain Hamilton Youth Soccer Club

Contact – Tammy Alessi - [talessi@mhysc.org](mailto:talessi@mhysc.org) 905-318-1933

40 hours for the summer – coaching, meetings, clinic, outdoor season only, contact for more details

<http://www.mhysc.org/Default.asp?id=home&l=1>

### Opportunities in the Hamilton Public Library

Location – various

Contact - <http://www.hpl.ca/volunteer-opportunities> Age Restrictions – 14+

Sample opportunities:

- ESL tutoring, library service, homework help, teen advisory group, knit for a cause, teen tech

## **Community Oriented Opportunities**

Binbrook Chapter Order of the Easter Star

Location – Hamilton/Binbrook/Stoney Creek

Contact – Lynda Terence, Secretary. Leave message with name and number and reason for call 905-692-4944

Age restrictions: 14+

Volunteer roles – event volunteers, such as catering, dish washing, serving, clean up, duties as required

Kiwanis Club of Hamilton

Location - Stoney Creek

Contact – Marilyn, [chaminc1@bellnet.ca](mailto:chaminc1@bellnet.ca), 905-379-6680

Volunteer roles – one event – Battlefield Re-enactment weekend, (first weekend in June) Contact for more details

Habitat for Humanity Restore

Location - Hamilton

Contact – 905-560-6707, <http://habitathamilton.ca/>

Volunteer roles – stocking building supplies, cash, organizing store materials

Homefront Cancer Services – Gift Wrapping

Location – Eastgate Square

Contact – 905-643-0404

Age restrictions: grade 8 +

Volunteer roles – 6-12 hour per week, November – December, all mall hours doing gift wrapping Notes: Schedules fill up fast, sign up early for shifts.

Neighbour to Neighbour Food Bank: [Volunteer | Neighbour to Neighbour Centre \(n2ncentre.com\)](http://Volunteer|NeighbourtoNeighbourCentre(n2ncentre.com))

Stoney Creek School of Art

Location – 200 Jones Rd. Stoney Creek, ON

Contact – Lisa Tziatis, [scsa@rogers.com](mailto:scsa@rogers.com), 905-643-3513 <http://www.stoneycreekschoolofart.com/>

Restrictions: Police Check, minimum 2 week requirement

Volunteer roles – March Break camp and classes, contact for more details

Royal Canadian Legion Ladies Auxiliary

Location – 12 King Street East Stoney Creek, ON

Contact – <http://www.battlefieldbranch622.ca/volunteers.html>

905-662-4171 or 905-662-1705

Volunteer roles – 3-8 pm approximately. Some roles include: fish fries, BBQs, labourers to help with house project, poppy sites, painting

541 TLC - Teen leadership Camp

Contact - <http://fivefortyone.ca/541-teen-leadership-camp/> Available sessions and contact information found on line

East Hamilton Optimist Club

Volunteer Opportunities – contact Howard Bentley

<http://www.easthamiltonoptimistclub.org/>

### **Working with Vulnerable Population**

Location – 2080 Trinity Church Road, Binbrook, ON

Contact – <http://www.ableliving.org/volunteer-services.php>

Tel: 905-527-7949 Tel: 905-383-0448

Volunteer roles - musicians, swim volunteers, pet therapy, knitting circle, craft leader, garden volunteer, friendly visitor, community outings, special events

Out of the Cold – eliminating hunger in our community

Location – various

Contact – Lisa Knox 289-683-9414

Application form and permission form (if under 18) found on line: <http://hamiltonoutofthecold.ca/>

Volunteer role – Kitchen, dining room set up, serving, clean up, breakfast program

Hamilton Health Sciences

Location – Hamilton General, McMaster University, Juravinski, St. Peters Age restrictions – some programs 18+ and some require a police check Volunteer Opportunities and Application found on line - <http://www.hamiltonhealthsciences.ca/body.cfm?id=2033>

Heritage Green Nursing Home

Volunteers must have a step TB test and an updated police check for Vulnerable sector. Once volunteer has required paperwork contact Francine MacMillan at

[fmacmillan@hgseiorcare.ca](mailto:fmacmillan@hgseiorcare.ca) 905-573-7177.

Variety of roles available.

Available times include evenings, PA days, Christmas Break and over the summer

Wentworth Lodge Long Term care facility

Contact - Wentworth Lodge volunteer coordinator

905-546-2424, ext. 1915 or June.Hannah-Cook@hamilton.ca

Time commitment – flexible & can work with volunteer to set up schedule or on-call Volunteer roles include: recreation programs, friendly visits, special events, tuck shop sales

Macassa Lodge

Age restrictions – 14+

Volunteer opportunities – beauty shop, calendar crew, delivery, gift shop, meal time, recreation

Weekend shifts available