

Sir Allan MacNab Secondary School



Grade 9 Option Sheet 2022-2023

PLEASE NOTE: Students will choose 8 courses for their grade nine year. Please use this Option Sheet as a support and resource as you complete your option selections in the Course Planner in Xello.

COMPULSORY COURSE OPTIONS

<input type="checkbox"/>	ENGLISH	ENG1D1
<input type="checkbox"/>	MATHEMATICS	MTH1W1
<input type="checkbox"/>	SCIENCE	SNC1W1
<input type="checkbox"/>	GEOGRAPHY OF CANADA	CGC1D1
<input type="checkbox"/>	FRENCH	FSF1D1

ELECTIVE COURSE OPTIONS

Your remaining **3 courses** will be selected from the choices below. Please input your top three choices into Xello. Every effort will be made during the timetabling process to schedule your first 3 elective choices, but you will also be able to input 2 additional choices as alternate selections in case they are needed.

It is compulsory to earn 1 Arts and 1 Health and Physical Education credit for graduation, but it does not have to be during your grade 9 year. Students can opt to take a course in these subject areas in any year.

ARTS

AWA101 – Arts and Crafts

Students will develop craft techniques in sewing, paper crafts, knitting and sculpture. Students will also write and discuss their work as well as study Artisans and Crafters techniques and styles.

AVI101 – Visual Arts

Students will develop techniques in drawing, painting and sculpture. Students will also reflect, write and talk about their art as well as studying various Canadian artists.

ATC101 – Dance

Students will use movement, ideas, and feelings to create and perform dance sequences. Students will develop their understanding of the role of dance in various cultures, societies and historical periods.

ADA101 – Drama

Students will use elements like voice, movement and improvisation to examine situations and issues that are relevant to their lives. Students will create and perform drama, as well as reflect on dramatic works.

AMU101 – Instrumental Music

Whether you are a beginner or an experienced musician, this course is for you! Students will build on previous musical instruction through performance on a woodwind, brass, or percussion instrument of their choice. This course is aimed at developing playing technique, musicality, and collaboration. Students will develop an understanding of music theory and of safe practices related to instrumental music and will develop a variety of skills transferable to other areas of their life.

AMM101 – Music & Computers: Sound Creation and Arrangement

This course emphasizes the creation and performance of music using computers as the instrument. No previous experience needed. Students will participate in creative activities that teach them to listen with understanding. They will learn musical terminology and its appropriate use. Students will consider the function of music in society and the impact of music on individuals and communities. They will explore how to apply skills developed in music to their lives and careers.

TECHNOLOGY

TIJ101 – Exploring Technology

Students work in the wood and machine shops. They will complete woodworking project and a metal project. They will also do an electrical unit.

FAMILY STUDIES

HIF101 – Exploring Family Studies

In this course, you will have an opportunity to learn about some basic life skills, like getting along with others, learning about yourself, and some practical things like cooking, sewing and managing your money.

BUSINESS

BTT101 – Computer Applications in Business

This course introduces students to information and communication technology in business and builds a foundation of digital literacy skills. Students will have exposure to the common business software packages of: Word, Excel, Access, PowerPoint, Publisher and Web Design. Knowledge of these software packages provide tremendous benefits to students for all their academic studies and for their success in a technologically driven society.

HEALTH AND PHYSICAL EDUCATION

PPL101M – Healthy Active Living – students identifying as male

PPL101F – Healthy Active Living – students identifying as female

This course emphasizes regular participation in a variety of enjoyable physical activities that promote lifelong healthy active living. Students will learn movement skills and principles, ways to improve personal fitness and physical competence, and safety and injury prevention.

PAL101 – Court Sports – for all

This course emphasizes regular participation in basketball and volleyball. Students will focus skill development specific to these court sports and strategies for game play.

PAD101 – Leisure Sports (non-competitive) – for all

This course emphasizes regular participation in recreation and leadership type activities. Students will focus on lifelong participation in low impact, low risk activities like frisbee golf, bocce, tennis, hiking and other low organization games. It is designed for multiple entry levels and to promote the fun and enjoyment of movement.

PAQ101 – Aquatics – for all

This course emphasizes regular participation in a variety of aquatic activities. Students will focus on stroke development and water safety skills while learning new and exciting games in the pool.

PAF101 – Personal Fitness – for all

An introductory fitness course that emphasizes participation in a variety of personal fitness activities that promote lifelong healthy active living.

ADDITIONAL CREDIT OPPORTUNITY

You will be performing your woodwind, brass, or percussion instrument with others as part of a Concert Band. It is **offered after school and you will receive an additional credit towards your diploma.**

MUSIC REPERTOIRE / CONCERT BAND

AMR101

eLEARNING COURSES

The following eLearning options are available for grade nine students.

- ENG1D1el SNC1W1el MTH1W1el CGC1D1el HIF101el FSF1D1el BBI101el (Intro to Business)
 BTT101el (Info & Comm Tech in Business) PAR101el (Healthy Living & Rhythm & Movement Activities) AWQ101el (Photography)