

## Brescia at a Glance

**FOUNDED:** 1919

**LOCATED:** London, Ontario, Canada

**AFFILIATED:** with Western University

**DEGREES:** granted by Western University

**STUDENT/FACULTY RATIO:** 14:1

**ENROLLMENT:** 1,600 full-time students; 200 part-time

**ENTRANCE SCHOLARSHIPS:** begin at 80% admission average

## Programs

### ENGLISH

Creativity & Literature

### FAMILY STUDIES & HUMAN DEVELOPMENT

Nutrition & Families

### FOODS & NUTRITION

Nutrition & Dietetics, Foods & Nutrition

### FRENCH

French for Teaching

### HEALTH SCIENCES

### HISTORY

Power in History & Politics

### KINESIOLOGY

### LEADERSHIP STUDIES

### MANAGEMENT & ORGANIZATIONAL STUDIES

Accounting, Consumer Behaviour,  
Food Management & Marketing, Nonprofit Management

### PHILOSOPHY

### POLITICAL SCIENCE

Power in History & Politics

### PRELIMINARY YEAR (FOUNDATION YEAR)

### PSYCHOLOGY

### RELIGIOUS STUDIES

### SOCIOLOGY

Crime & Communities, Criminal Justice,  
Community Development, Community Development  
in a Global Context

[brescia.uwo.ca](http://brescia.uwo.ca)



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1285 Western Road | London, ON Canada N6G 1H2

The Hive: Inquiries, Admissions, and Tours **Tel:** 519.858.5151 **Fax:** 519.858.5137 **Email:** [brescia@uwo.ca](mailto:brescia@uwo.ca)





## 100 YEARS OF EMPOWERING WOMEN

Brescia was founded in 1919 by the Ursuline Sisters of the Chatham Union. These visionary leaders set out to create a world-class, post-secondary institution for women at a time in history where that was unheard of. The tenacious spirit of our founders lives on at Brescia, reflected by our faculty, staff, administrators, and students. Just as we have since 1919, Brescia provides unparalleled opportunities for students to grow in leadership and self-discovery while staying true to our founders' commitment to social justice and community service.

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### ***I choose to lead with perseverance.***

I am proud to attend a university that has championed women and our right to an education for more than 100 years. I love contributing to Brescia's rich history through my involvement in the Brescia University College Students Council (BUCSC). Through the BUCSC I can help my peers, create and promote events, and help make the Brescia community safe and welcoming. As the BUCSC's Environmental Commissioner I coordinate an Environmental Awareness Week, which showcases the importance of our surroundings and the impact our actions have on our environment. In my role I go beyond the physical environment, such as making sure Brescia recycles, to ensuring Brescia is a hospitable place for all. Through this position I have learned how to be more collaborative. I have evolved from being fiercely independent to being able and willing to ask for support. I have learned how to properly listen to others and be aware of their personal situations. I am a better leader because of my experiences at Brescia.

**CLARA PRENTICE** (pictured above)  
Nutrition & Dietetics / London, Ontario

# BUILD YOUR BOLD

**EMPOWERED.** THAT'S HOW BRESCIA WILL MAKE YOU FEEL. FROM YOUR FIRST DAY ON CAMPUS, YOU'LL FEEL A GROUNDSWELL OF SUPPORT. IT WON'T COME IN THE WAY OF HAND-HOLDING—YOU DON'T NEED THAT—BUT IT WILL COME IN THE WAY YOU'RE ASKED: WHAT DO YOU THINK? WHAT WOULD YOU DO? WHAT ARE YOUR DREAMS? HOW CAN I HELP? AT BRESCIA, YOU'LL DISCOVER—AND EMBRACE—YOUR OWN BRAND OF BOLD.



# COMPASSION

81%

of women's college and university graduates report their institution was "extremely or very effective" in preparing them for future jobs.\*

87%

of women's college and university alumnae were more likely to graduate in four years or less compared to 54% of public university alumnae.\*

51%

who attended women's colleges and universities completed graduate degrees vs. 27% of public university alumnae.\*  
\*SOURCE: HARDWICK-DAY REPORT

## I choose to lead with compassion.

When I was considering universities, it became undeniable that Brescia was where I was meant to be. The focus on empowerment of women and the opportunity to be seen and heard within a small community while having access to a large university was all very appealing. Having my sister nearby was a bonus. My experience has been immensely positive. I have grown in ways I don't believe I would have elsewhere and I have met so many wonderful people on my journey. Brescia offers such a sense of community and belongingness. I am incredibly happy with my choice.

**SAVANNAH SEYMOUR** (pictured at left)  
Management & Organizational Studies;  
Consumer Behaviour & Psychology /  
Nassau, Bahamas

## I choose to lead with empathy.

I chose Brescia because I liked the idea of having a smaller campus community with the resources of a large university. I also really liked Brescia's emphasis on female leadership, which was unique among the other universities I considered. From day one at Brescia, I felt very welcomed and there was a lot of emphasis on ensuring I made a smooth transition. I quickly felt immersed in a supportive, welcoming community, which made Canada and Brescia feel like my home away from home. It made it easy for me to wholeheartedly recommend Brescia to my sister.

**JANAE SEYMOUR** (pictured at left)  
Class of 2020/Management &  
Organizational Studies; Consumer  
Behaviour & Finance / Nassau, Bahamas



# EMPATHY

# TAKE YOUR PLACE IN HISTORY

EVERYWHERE YOU LOOK AT BRESCIA, YOU'LL SEE WOMEN—EXTRAORDINARY, PHENOMENAL, REMARKABLE WOMEN—IN LEADERSHIP ROLES.

You'll be invited, inspired, encouraged, and challenged to join them. Not to imitate them, but to develop your own identity and leader character. Through Brescia, you'll become a woman of influence, adept at making a positive, meaningful impact. You'll take your rightful place and be the person you want to be in your community—and the world.







## I choose to lead with heart.

As a Brescia student I truly have the best of both worlds. With Brescia's small class sizes, I can develop a close bond with professors and students. As a varsity swimmer I benefit from using Western's recreational center and other resources you would expect at a large university. Being a student-athlete is challenging at times but it is also rewarding. It has taught me to be organized and to manage my time. My goal for swimming is to lead and help the next generation of swimmers as a captain or coach. I hope my commitment and performances leave a mark in history and inspire other swimmers to elevate each other. Swimming requires your full commitment physically and mentally. I always keep positivity in the air by making everyone smile and laugh and by offering encouraging words like, 'keep going' or 'we got this.' I am approachable and there for others. I am a good listener and I love helping people. I believe my teammates know they can talk to me about anything going on in their lives.

**BRIGITTE RYAN** (pictured above)  
French / London, Ontario

# ENJOY

# THE BEST OF BOTH WORLDS

### Brescia Offers:

- 14:1 student/faculty ratio
- Innumerable leadership opportunities
- Exceptional community mentors through our Professional Mentoring Program

### Western Offers:

- Close to 200 student clubs and associations
- 46 varsity sports
- One of the largest intramural sports programs in Canada

### Men Welcomed:

Although we're Canada's only women's university, we welcome men on campus. Because of our affiliation with Western, you'll have classes with men. They're also welcome to use our facilities, such as the library and the Mercato.

**Western**  
UNIVERSITY • CANADA

### **WALK (5 MINUTES!) THIS WAY**

Right next door to Brescia is the Ivey Business School—and right across the street is Alumni Hall, where Western hosts basketball and volleyball games, and where you will walk across the stage and receive your degree at convocation.



University College, Western University



**WHEN YOU'RE A STUDENT AT BRESCIA, YOU ARE ALSO A STUDENT AT WESTERN UNIVERSITY.**

That's because Brescia is affiliated with Western, one of the largest universities in Ontario. You'll truly benefit from the best of both worlds: Brescia's close-knit community and access to all that Western and its other affiliates have to offer. When you graduate from Brescia, your degree will be granted by Western University.



# DEVELOP YOUR LEADER IDENTITY



**BRESCIA CHALLENGES YOU TO EXPLORE YOUR LEADERSHIP POTENTIAL AND PREPARES YOU TO FACE CHALLENGES THAT EXIST IN OUR WORLD.**

We prepare you to lead—with wisdom, justice, and compassion—by first preparing you to lead yourself. That means discovering, understanding, and embracing the values that are most important to you, so that when they are challenged (and they will be challenged), you can clearly give voice to them. We will prepare you to be a woman of influence—in law, in medicine, in government, or wherever you choose to make an impact. So that you can tackle what needs to be tackled and make change where it's needed most.

## Major in Leadership

If you aspire to lead, our Leadership Studies degree program will put you at the forefront of leadership learning. By studying leadership, you'll learn about yourself as a leader and how you interact with others. You'll come to see how you can help shape the world—for the better.

"Being a 'bold' leader isn't about style or about being the one that's louder than everyone else. It is about the internal, quiet confidence to put yourself out there in the world. I believe anyone can choose to lead in their own way."

**Dr. Marlene Janzen Le Ber**  
Chair, School of Leadership  
& Social Change

## I choose to lead with confidence.

For three years I was a facilitator for Brescia's International Bridging Program. I got involved because I remembered how scared I felt when I came to Brescia from China and I wanted to help other international students adapt. By being a Bridging facilitator I learned about different cultures and traditions. I worked collaboratively with and supported other facilitators. I felt a sense of achievement when new students said how much they benefited from the program. Being involved in the Bridging Program and on Brescia University College Students' Council (BUCSC) enriched my life. I improved my leadership and organizational skills and expanded my network. I now have friends from all over the world. The variety of my experiences and the leadership I developed and demonstrated at Brescia helped me become a competitive candidate for the Master of Food Science program at the University of British Columbia. I want to become a quality assurance coordinator and directly impact people's health by providing them with healthy and safe food products.

**YUEJIAO LI (EILEEN)** (pictured below)  
Class of 2020 / Nutrition & Dietetics  
Taiyuan, China



CONFIDENCE





## I choose to lead with purpose.

Through Brescia's engaging classes, faculty mentors, and volunteer opportunities I learned to be my authentic self and not be afraid to use my voice. By watching other students demonstrate great leadership skills I was motivated to actively participate in class discussions and to seek leadership opportunities. I served as the International Student Representative on the Brescia University College Students' Council (BUCSC), which gave me the opportunity to speak up for international students and make recommendations. As a facilitator for the Leadership Education Program (LEP), I gave leadership workshops to Western students. This experience also helped me develop my leadership and public speaking skills as well as grow my courage and confidence. I widened my worldview right on the Brescia campus by getting to know students from around the world—only in one place—and by exploring Japan for 10 days through Brescia's BE International Program. I'm grateful I chose Brescia for my undergraduate degree. Brescia went above and beyond to provide the services I needed to succeed in university life as an international student away from home.

**HAWAZIN ALOTAIBI** (pictured above)  
Nutrition & Dietetics / Medina, Saudi Arabia



### Creative Teaching

Brescia professors are always exploring new ways of teaching. As a student, you might:

- Learn leadership through an origami frog-folding competition
- Play the game show "Jeopardy" to discuss key concepts
- Analyze case studies and explore how to handle difficult situations
- Design a restaurant, including the menu and the floor plan
- Interview representatives of non-profit organizations
- Prepare and present brief skits about key course concepts
- Debate women's roles in dystopian books like *The Hunger Games* or *The Handmaid's Tale*
- Attend a presentation from a Brescia alumna working at the United Nations

## AT BRESCIA, LEARNING IS ACTIVE.

Professors don't just lecture—they invite you into discussions and dialogue. They'll ask you questions that are destined to make you think. They expect you to have an opinion and speak your mind—even if you don't agree with them. They'll teach in unique ways—whatever it takes to make sure you learn what you need to know. Their passion for teaching will inspire you, and their high expectations will become your own. They will become people you never forget.

"At Brescia, my peers, faculty, and staff empowered me to try new opportunities. I learned what it means to be bold, strong, and courageous."

**Anita Alabi**  
Family Studies and  
Human Development  
Toronto, Ontario

# SPEAK YOUR MIND





WHEN WE SAY YOUR EDUCATION AT BRESCIA IS STUDENT-CENTRED, WE MEAN IT.

Students are truly at the core of every decision we make—from program design to curriculum planning to service offerings. Whenever we face tough decisions, we always ask, “What’s best for our students?” Thanks to small class sizes, you will have direct interaction with your professors. If you’re ever struggling, need direction or support—or want to celebrate your achievements—you can count on your professors and academic advisor to be there for you. You are the reason we are here.

# CELEBRATE YOUR SUCCESS



### The Hive

We want to make life easy for you. That’s why we created The Hive, your one-stop-shop for all student services. Whenever you need to talk with an academic advisor, financial aid officer, or career advisor, just head to The Hive!

### I choose to lead with action.

I have had a unique experience, starting university when I was 21 and now finishing my degree as a part-time student while running three businesses with my sister, Jenessa. Like Brescia I am passionate about building strong female leaders. I want to build businesses that allow women to develop their leadership skills and empower them to lead in every sphere of life. I love the energy that comes with ideating, conceptualizing, and implementing projects that impact people in meaningful ways. This is one reason why my sister and I run our own businesses and why this process of growing businesses has been natural for me. Our main company, STMNT (pronounced ‘Statement’), is a digital clothing rental company rooted in social and environmental impact. Our goal is to decrease the demand for fast-fashion to create a more sustainable and equitable world. My experience as a student and business owner has been incredibly uplifting and empowering. Brescia provides a fun, educational, and supportive environment to learn and develop skills to become an effective leader.

**MADISON OLSON** *(pictured right)*  
Business Management & Organizational Behaviour specializing in Consumer Behaviour / Ilderton, Ontario



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Pictured: Brittany Ennis,  
French student and Peer Tutor

# CULTIVATE YOUR MIND

IT'S IN YOU: THAT SPARK.  
THAT FIRE. THAT DESIRE TO  
REALIZE YOUR DREAMS.

Brescia stokes that fire by helping you gain the experiences you need to be whatever you want to be. Because professors and staff actually know you, they can keep their eyes open for opportunities that fit you best—whether that's an internship, field placement/ practicum, or research position. Through our BE International Program, you can study abroad for a term or a full year in places like the Netherlands, France, England, Japan, Ireland, or Barbados. We'll help you get where you want to go!

**Innovative Peer Tutoring**

In 2016, eager to help Chinese students succeed in her beginner French class, Professor Nadine de Moras enlisted the help of Ying Chen. A Chinese student in her third year of the French program, Ying agreed to be a work-study student. In October 2016, she began tutoring students. But when funding for Ying's services had dried up, Professor de Moras went looking for help. She found it with alumna Diane Teetzel. A 1964 alumna who has family in France, Diane contributed to the program in part because of how impressed she was with Ying. "Her knowledge and love of the language just exudes from her," Diane says. The program proved extremely successful with Chinese students achieving higher grades than their English-speaking counterparts at the end of the 2016–2017 academic year. "This program," Professor de Moras says, "is indicative of what Brescia is about: the education and empowerment of women."

**Real-World Experience**

Our students have completed field placements with Community Partners such as:

- Aberdeen Public School
- Arcane Media
- Big Brothers Big Sisters
- Chelsey Park Retirement Community
- City of London
- Community Living London
- Dale Brain Injury Services
- Hutton House
- Investing in Children
- London Economic Development Corporation
- London Community Chaplaincy
- London InterCommunity Health Centre
- London Urban Services Organization
- McKenzie Lake Lawyers
- Merrymount Family Support and Crisis Centre
- My Sister's Place—Micro-Enterprise
- My Sister's Place—Peer Support
- Royal Bank of Canada
- Salvation Army Correctional & Justice Services
- Thames Valley District School Board



**I choose to lead with fearlessness.**

I first attended university for health sciences but transferred to Brescia for the Foods & Nutrition program. Brescia is the best place for me to pursue this degree because of the small class sizes and the Brescia faculty who genuinely want to help us succeed. Brescia provides a solid foundation for students to pursue a career in any area of dietetics, from clinical to management to community. Being at Brescia has made me realize the importance of being involved in the community. It has given me the skills I need to succeed in my future and to be a leader for others. Brescia has allowed me to participate in activities that have made me step out of my comfort zone and become a more well-rounded individual who is ready for professional practice. My dream job would be working at Health Canada. I want to be known as a strong woman who leads with confidence to empower others to be the best they can be.

**KAITLIN MCCARTHY** (pictured above)  
Foods & Nutrition / Stratford, Ontario

**Learning to Lead**

Even before she graduated from Brescia, Grace Wu (pictured at right) had a full-time position as a banking advisor lined up with Royal Bank of Canada (RBC) in Toronto. The Nonprofit Management major credits Brescia's Francolini Summer Leadership Experience Program. Through the program, Grace worked at RBC and helped to build awareness of RBC Future Launch, a 10-year, \$500-million initiative to help youth prepare for the jobs of the future. "My summer leadership experience was one of my greatest highlights at Brescia," says Grace, who is originally from China. "It altered my perceptions of the business world and opened my world to new possibilities."



Photo courtesy of Grace Wu



## I choose to lead with grace.

When I came to Brescia's Open House I knew my choice was clear. I loved the comfort and warmth I felt from faculty and students. I was also attracted to the small class sizes and the financial support Brescia offered. I decided to major in Psychology and minor in Family Studies after taking general courses during my first year. These two areas blend together so well and allow me to understand myself and others better so I can be of service. What's special about Brescia is that the professors genuinely care about you. It is a wonderful feeling to walk on campus and have professors wave or stop to chat with you. Having the support and respect of the Brescia community makes me feel like I can do anything. Brescia instilled in me a confidence I never knew I had. It presented me with opportunities to share my voice with others. I graduate knowing I am a stronger, smarter, and bolder woman because of Brescia.

**SHIANNE BRACKENBURY** (pictured at right)  
Psychology / London, Ontario



# CHANGE YOUR WORLD

BRESCIA'S FOUNDRESSES, THE URSULINE SISTERS, WERE STRONG WOMEN OF FAITH WHO WERE COMMITTED NOT ONLY TO THE DEVELOPMENT OF WOMEN, BUT ALSO TO SOCIAL JUSTICE AND COMMUNITY SERVICE.

Their vision and values live on at Brescia. By considering Brescia, you're considering an education that will do more than prepare you for your own personal success. It will prepare you to create a life that has significance—for yourself, your family, your community, and the world. You'll grow into a socially responsible citizen—one who leads with wisdom, justice, and compassion.

### Choose to Serve

You'll have many opportunities to be of service to others, including such options as:

- **Community Development Program:** Through course practicum placements, you will apply community development skills in local or international agencies.
- **Girls LEAD (Leadership, Education, and Development):** Be a counsellor with Girls LEAD and empower young girls to become successful leaders through this unique and fun summer camp.
- **SHEA (Students' Human Ecology Association):** Participate in volunteer opportunities directly related to your career interest in nutrition, dietetics, food science and technology, human ecology, and family studies.

### Faculty Research

You can bring classroom discussions to life by conducting research alongside Brescia's expert faculty, just like Brescia student Stephanie Wong did. Stephanie joined Brescia faculty Dr. Jasna Twynstra and Dr. Jamie Seabrook on research examining the extent to which socioeconomic status, mental health, and substance use are associated with teenage pregnancies in Southwestern Ontario (SWO), and whether these pregnancies are at an elevated risk for adverse birth outcomes.



Girls CAN Challenge



Girls LEAD



Just Own It!





Photo courtesy of Andrea Zheng



**Success Overseas**

Andrea Zheng, a Food Management & Marketing major from Nanjing, China, wanted to experience other cultures and business markets. Through the BE International Program, she studied in Chiba, Japan; Beijing, China; and at Stenden University in the Netherlands. “It is a global world,” says Andrea, who won an international branding competition at Stenden. “Many companies consider your international experience when you apply for jobs. By studying abroad, you will stand out in your future job search.”



**I choose to lead with respect.**

I incorporated a love for new knowledge with a desire for adventure by traveling abroad to Holguín, Cuba, three summers in a row for four to six weeks to study at La Universidad de Holguín. My experiences in Cuba (as well as five-week summer study programs in Moncton, Ottawa, and Montreal) will be with me forever. When I was away from home, I felt like all eyes were on me and every wrong step I took would be irremediable. I was wrong. I learned to take life a little less seriously. I learned the world doesn’t revolve around me. I learned that sometimes you need to take a step back and look at the bigger picture. Exposing myself to the unknown and learning about other cultures forever changed me. I am humbler and more aware of my thinking and actions. I am more considerate. Studying abroad and also being on Western’s varsity fencing team have made an enormous impact on my college experience. I am so glad I took a chance on these experiences.

**MAGDALENA MASCIAntonio** (pictured above)  
*Nutrition & Dietetics; Spanish Language and Hispanic Cultures / London, Ontario*



**WOMEN FROM AROUND THE WORLD ATTEND BRESCIA.**

Brescia students come from around the world—from the Caribbean to Asia, the United States to the United Arab Emirates. You’ll collaborate in the classroom, live side-by-side in residence, and connect through clubs and organizations. While your background, culture, and faith may be different, you’ll share the same desire to receive a student-centred education that leads to a rewarding future.

**International Opportunities**

Through Brescia’s BE International Program, you can enrich your university experience by living and learning in another country. You can choose to spend a few weeks, a term, or a full year studying at one of our partner schools—and earn credits that count toward your degree. Our partner schools include:

- Anton de Kom University  
Suriname, South America
- Ewha Women’s University  
Seoul, Korea
- LaSalle Beauvais Institut Polytechnique  
Beauvais, France
- Mary Immaculate College  
Limerick, Ireland
- NHL Stenden University  
The Netherlands
- The University of the West Indies, Cave Hill  
Barbados
- Universite Catholique de Lille  
Lille, France
- Wayo Women’s University  
Japan
- Zuyd University  
The Netherlands

Photo courtesy of Brescia’s International Student Program



**Get Connected**

The Brescia Student Connector Program pairs incoming international students with “ambassadors” who are upper-year students. Your ambassador will help you transition to Brescia and London by answering your questions, sharing experiences, and showing you around. She also will be interested in learning about you and your culture. The two of you will decide how often to meet and what types of activities to do together. You may even have the opportunity to visit her family home in Canada!





## I choose to lead with integrity.

I was honored to speak at the opening ceremony and offer my congratulations for Brescia's new Academic Pavilion in 2019. With this new facility students will receive a world-class educational experience and be well prepared to contribute to society. I am so proud to be a Brescia student. Brescia helps students build their self-confidence and prepares them to become leaders. I feel comfortable and safe here. When I do struggle, I don't feel alone as I know all faculty and staff are there as a strong backup. I came to Brescia for the Preliminary Program so I could learn to adapt to university life earlier. As a newcomer to Canada, the program created a supportive environment for me to learn and integrate into this new culture. It also prepared me well for the Nutrition and Dietetics program. I love that my classes are mostly small so I can develop close and supportive relationships with my professors and feel comfortable asking questions and expressing my thoughts and opinions.

**KARINA CHEUNG KA YAN** (pictured above)  
Nutrition & Dietetics / Hong Kong

# ACTIVATE YOUR BRAINPOWER

[ ACADEMIC PROGRAMS ]

NO MATTER THE DEGREE PROGRAM (OR PROGRAMS) YOU CHOOSE TO PURSUE, LEARNING AT BRESCIA IS ACTIVE—AND INTERACTIVE.

You will be expected to participate. Required to have an opinion. Challenged to think and to question. Dared to dream—and dream big. You will learn from professors who not only know their subject matter but also what truly matters in life. You will go beyond preparing for a test to preparing for your future.

## Leadership Studies

**YOU'LL BE EMPOWERED** to develop your skills and leader character.  
**YOU CAN EXPERIENCE** the Francolini Summer Leadership Experience and apply skills learned in the classroom to solve a real organizational issue.  
**YOU'LL BE PREPARED** to make positive change in the world around you.  
**OUR GRADUATES** lead in business, government, health care, social services, and media. Their job titles include:

- Community Animator, Pillar Nonprofit Network
- Director, Social Media
- Program Coordinator, YMCA
- Financial Advisor/Regional Leader, Edward Jones
- Program Facilitator, Epilepsy Southwestern Ontario
- Candidate, LLB, Osgoode Law School

## English

**YOU'LL BE EMPOWERED** to write, edit, teach, or pursue a variety of careers.  
**YOU CAN EXPERIENCE** an academic exchange to England.  
**YOU'LL BE PREPARED** to apply your well-developed oral and written communication skills in a workplace or graduate program.  
**OUR GRADUATES** find rewarding careers in positions, such as:

- Leader, Health Public Policy, Calgary Health Region
- Director of Communications, Manulife Financial
- Supervisor, Halton Regional Police Service
- Writer/Editor, Canadian Marketing Association
- Enterprise Account Manager, Microsoft Canada

**FOCUS YOUR STUDIES** by choosing the new major in **Creativity & Literature**.

## Family Studies & Human Development

**YOU'LL BE EMPOWERED** to work in a variety of careers, from mediator to educator.  
**YOU CAN EXPERIENCE** remarkable opportunities, such as a hands-on practicum course, that will prepare you for the real world.  
**YOU'LL BE PREPARED** to pursue graduate or professional education in various disciplines.  
**OUR GRADUATES'** job titles include:

- Relief Counsellor, Elizabeth Fry Society of Peel-Halton
- Executive Director, Meals on Wheels of Ontario
- Community Facilitator, Muslim Resource Centre
- Sales Representative, Pfizer Canada Inc.

**FOCUS YOUR STUDIES** by choosing the **Nutrition & Families** module, which leads to the post-graduation designation of Professional Home Economist (PHEC).

## Foods & Nutrition

**YOU'LL BE EMPOWERED** by experienced, well-known faculty and hands-on learning (in a brand new facility!) in one of Canada's most highly regarded nutrition programs.  
**YOU CAN EXPERIENCE** hands-on volunteer activities that can help you land a practicum placement.  
**YOU'LL BE PREPARED** to apply your knowledge of nutrition and food-related subjects to a variety of career and professional programs.  
**OUR GRADUATES** succeed in a variety of roles, including:

- Paediatric Dietitian
- Director of Women's Marketing North America, Adidas America
- Infection Control Practitioner, Blue Water Health
- Cancer Information Specialist, Canadian Cancer Society
- Food Specialist, Canadian Food Inspection Agency
- Neuroscience Specialist, Eli Lilly Canada

**FOCUS YOUR STUDIES** by choosing the accredited **Nutrition & Dietetics** module or choose the **Food & Nutrition** module which allows you more flexibility in your coursework. Narrow your interests by taking courses in the areas of **Community & Population Nutrition** including **Food Policy, Food Service Management and Distribution, Food Science, Food Processing, or Food Safety and Regulation**.

## French

**YOU'LL BE EMPOWERED** for various careers, from teacher to translator.  
**YOU CAN EXPERIENCE** observing teachers and working with students in Ontario schools.  
**YOU'LL BE PREPARED** for guaranteed entry into Western's Bachelor of Education program.  
**OUR GRADUATES** hold a variety of job titles, including:

- Senior Officer, Trade Compliance, Canada Border Services Agency
- Librarian, London District Catholic School Board
- Public Relations Officer, Museum of Ontario Archaeology
- French Language Services Coordinator, Ministry of Transportation
- Core French Teacher, Lambton Kent District School Board
- Digital Engagement Specialist, 3M Canada

**FOCUS YOUR STUDIES** by choosing from various French-focused modules such as **French for Teaching**.



[ **ACADEMIC PROGRAMS** CONT. ]

**Health Sciences**

**YOU'LL BE EMPOWERED** to lead in a variety of health-related careers.

**YOU CAN EXPERIENCE** the flexibility of combining health sciences with another area of study.

**YOU'LL BE PREPARED** to pursue graduate or professional education in various disciplines.

**OUR GRADUATES** have gone directly into a wide array of careers, including:

- International Funding Coordinator, Barbados Olympic Association
- Marketing Assistant, Pioneer Global Investments
- Clinical Director, Pro Function Chiropractic and Sports Injury Clinic

**History**

**YOU'LL BE EMPOWERED** to direct your own career path in a changing world.

**YOU CAN EXPERIENCE** the flexibility to choose an honours degree or double major.

**YOU'LL BE PREPARED** to pursue advanced degrees in North America and the UK.

**OUR GRADUATES** have far-ranging job titles, including:

- Entertainment Director, Boot Hill Museum
- Librarian, New Central Library, Calgary
- Corporate Records Analyst, City of Kitchener
- Development Officer, Leadership Giving, London Health Sciences Foundation
- Legal Counsel, Department of Justice Canada
- Lawyer, Sarnia-Lambton Children's Aid Society

**FOCUS YOUR STUDIES** by choosing the subject area of **Power in History & Politics** that includes an experiential learning course.

**Kinesiology**

**YOU'LL BE EMPOWERED** through one of the most comprehensive programs in Canada.

**YOU'LL EXPERIENCE** kinesiology courses on Western's campus and electives at Brescia.

**YOU'LL BE PREPARED** through this flexible degree to pursue professional programs.

**OUR GRADUATES** hold various job titles, including:

- Teacher, Peel District School Board
- Primary Response Worker, LOFT Behavioural Support Services
- Fitness Professional

**Management & Organizational Studies**

**YOU'LL BE EMPOWERED** to build a solid business foundation so you can lead boldly.

**YOU CAN EXPERIENCE** working eight to sixteen months "in industry."

**YOU'LL BE PREPARED** to enter your career with well-developed management and leadership skills through your hands-on classroom experiences.

**OUR GRADUATES** succeed in a variety of positions, including:

- Human Resources Manager, First National Bank
- Talent Strategy and Development Specialist, London Health Sciences Centre
- Senior Associate, PricewaterhouseCoopers LLP
- Market Logistics Manager, Procter & Gamble
- Accountant, Auditor, Canada Revenue Agency
- Director of Healthcare, Sysco Food Services Inc.

**FOCUS YOUR STUDIES** by choosing areas such as **Accounting, Consumer Behaviour, Food Management & Marketing,** and **Nonprofit Management.**

**Philosophy**

**YOU'LL BE EMPOWERED** to be influential and persuasive in your career and in your life.

**YOU CAN EXPERIENCE** opportunities to explore fundamental issues, such as justice.

**YOU'LL BE PREPARED** to pursue a variety of graduate and professional programs.

**OUR GRADUATES** succeed as authors, professors, and counsellors. They also hold job titles, such as:

- Lawyer
- Manager, Strategy and Client Services, The Marketing Department
- Coordinator, Nobel Women's Initiative
- Return to Work Specialist, Workplace Safety and Insurance Board

**Post-Graduate Programs**

- DIPLOMA IN MANAGEMENT & ORGANIZATIONAL STUDIES
- DIPLOMA IN NUTRITION
- DIPLOMA IN DIETETIC EDUCATION & PRACTICAL TRAINING



**Political Science**

**YOU'LL BE EMPOWERED** to work in a variety of careers in areas such as public policy.

**YOU CAN EXPERIENCE** a "Women in Civic Leadership" course where you work alongside a local female leader.

**YOU'LL BE PREPARED** to pursue graduate work in politics or public administration.

**OUR GRADUATES** succeed in a variety of roles, including:

- Assistant VP, e-Commerce Banking
- President and Founder, Cake Beauty Inc.
- Policy Analyst, OCUFA
- Foreign Services Officer, Ministry of Foreign Affairs
- Manager, Investigations, Mutual Fund Dealers Association of Canada
- Director of Communications and Marketing, London Economic Development Corporation

**FOCUS YOUR STUDIES** in the new **Power in History & Politics**, which includes an experiential learning course.

**Preliminary Year (Foundation Year) Program**

**YOU'LL BE EMPOWERED** to successfully gain entrance into first-year university studies.

**YOU'LL EXPERIENCE** a one-year, co-educational foundation year with other students.

**YOU'LL BE PREPARED** to start your university studies confident in your academic abilities.

**OUR GRADUATES** have the academic and study skills needed to succeed in university programs.

**Psychology**

**YOU'LL BE EMPOWERED** to understand and explain thought, emotion, and behaviour.

**YOU CAN EXPERIENCE** a fourth-year thesis option and work on your own research under the guidance of a professor.

**YOU'LL BE PREPARED** to solve complex problems and exercise excellent decision-making skills in the workplace, graduate schools, or professional programs.

**OUR GRADUATES** succeed in a variety of careers, including:

- Mental Health Worker, Canadian Mental Health Association
- Recreation Coordinator, City of Edmonton Parks and Recreation
- Speech Language Pathologist, Greenwich Hospital
- Specialist-Parts, Transportation, & Logistics, Mazda Canada Inc.
- Primary Crisis Counsellor, Violence Against Women Services, Elgin County
- Community Engagement Coordinator with Immigration Partnership, Region of Waterloo

**Religious Studies**

**YOU'LL BE EMPOWERED** to search the depths of what it is to be human.

**YOU CAN EXPERIENCE** opportunities to explore important questions about life.

**YOU'LL BE PREPARED** to enter graduate and professional programs.

**OUR GRADUATES** hold various job titles, including:

- Income Processing Associate, Compassion Canada
- Chaplain, Department of National Defence
- Enhanced Language Instructor, London District Catholic School Board
- Social Planner, Social Planning & Research Council of Hamilton
- Teacher, St. Clair Catholic District School Board
- Customer Relations Coordinator, TD Canada

**Sociology**

**YOU'LL BE EMPOWERED** to critically evaluate social issues relevant to society.

**YOU'LL EXPERIENCE** researching social issues of interest to you for your capstone course or complete a practicum placement course.

**YOU'LL BE PREPARED** to think critically and be socially aware for careers related to policing, corrections, courts, law, social services, and policy, or for further research at the graduate level.

**OUR GRADUATES** have gone on to rewarding careers as:

- Vice President, Marketing, Banff Television Network
- Representative to the United Nations, Baha'i International Community
- Assistant Manager - Event Planning, London Convention Centre
- Protection and Customary Care Support Worker, Chatham-Kent Children's Services
- Compensation Analyst, IBM
- Probation and Parole Officer, Ministry of Children and Youth Services

**FOCUS YOUR STUDIES** by choosing from modules such as **Criminal Justice, Community Development, Community Development in a Global Context,** and **Crime & Communities.**



SENIORS  
KINDNESS



## I choose to lead with kindness.

Every single syllabus at Brescia includes the Brescia Competencies touched on in the course. As a French major, the competencies ‘communication’ and ‘inquiry and analysis’ are especially important to me. I learned quickly that simply translating directly from English into French is not understandable by most native French speakers. I was able to turn to my French classes and teachers at Brescia to learn proper French communication. Of course, as a language major, I am always focussing on the best form of communication in the target language. As for ‘inquiry and analysis,’ I am going to be a secondary school teacher and I plan to use this competency in my own teaching to encourage my students to always ask questions, explore the evidence, and, ultimately, gain a larger perspective on the world. I feel as though I was born to be a teacher. I found refuge at school. I still remember the teachers who showed passion and empathy for me. They are the reason I strive to be the best teacher I can be.

**ANDREA GORDON** (pictured above)  
*Class of 2020 / French / Kingston, Ontario*  
*Faculty of Education, Western University*

### The Brescia BOLD Course: Your First-Year Seminar Experience

Set the stage for university success with Brescia BOLD: IDS 1200A/B, taught by Vice Principal & Academic Dean Dr. Laretta Frederking, and Associate Academic Dean Dr. John Mitchell. This interdisciplinary course for first-year students prepares you to live well, learn deeply, and lead in service to others.



FROM YOUR COURSE ASSIGNMENTS TO YOUR VOLUNTEER ACTIVITIES, BRESCIA'S SEVEN COMPETENCIES ARE WOVEN INTO EVERYTHING YOU'LL DO HERE.

What are the Brescia Competencies? They are attributes that make you an effective leader. Skills that help you solve problems. Abilities that enable you to positively impact the world. Brescia Alumna Lin Yuan-Su explains it best: “What Brescia teaches students is way more than an area of study. When you graduate, you are given wings to fly. Brescia’s Competencies are those wings.”

## THE BRESCIA COMPETENCIES

-  **COMMUNICATION**  
Excel in oral, written, interpersonal, and group communication skills
-  **CRITICAL THINKING**  
Rational, informed, independent, and open-minded exploration of issues
-  **INQUIRY AND ANALYSIS**  
Break down complex issues to arrive at informed decisions
-  **PROBLEM SOLVING**  
Create and execute strategies to answer questions or achieve goals
-  **SELF AWARENESS AND DEVELOPMENT**  
Demonstrate honest and fair reflection and self-evaluation
-  **SOCIAL AWARENESS AND ENGAGEMENT**  
Engage in and contribute to positive change
-  **VALUING**  
Make decisions and choose actions based on your principles and values

“Through the Brescia BOLD course, students practice what it means to be part of a civil society and to thrive in a dynamic, diverse, and complex world.”

**Dr. Laretta Frederking**  
 Vice Principal, Academic Dean,  
 and co-teacher of the  
 Brescia Bold course

SET  
YOURSELF APART





### Keeping It Green

We built our residence with you and the environment in mind. From highly efficient heating, cooling, and ventilation equipment to thoughtful placement of operable windows, our residence is a shining example of environmentally responsible development. Our commitment to our students and the planet resulted in an environmental rating of Five Green Globes—the highest possible.



"Living in residence has increased my love for Brescia. Being immersed in a community with so many other amazing women is the experience of a lifetime. I have made lifelong best friends by living in residence."

**Georgia Volland**  
French for Teaching and  
Family Studies,  
Belle River, Ontario

### NEED PROOF THAT BRESCIA LISTENS TO ITS STUDENTS? LOOK AT OUR RESIDENCE.

This \$31-million facility was created for students by students. They said they wanted big closets; we gave them 2-by-2-metre closets. They said they wanted big beds; we gave them queen-sized ones and even offer some premium king-sized beds now, too. They said they wanted their own sink; they got it—along with Wi-Fi, fridge, desk, and bookshelves. Oh, and room-darkening blinds, heat and AC control, and a window seat with a view (a really, really great view). Live in residence, and you'll get all of that, too.



# LIVE IN LUXURY





# ENJOY YOUR FAVOURITES

## Catering to You

Food allergies or preferences? Miss a dish from home? Let us know. We'll listen and do our best to accommodate you!

## FOOD FOR THE SOUL

Ask Brescia students what their favourite Mercato foods are and they will likely say, "Everything." That's what happens when your food services manager received his training at top culinary programs and his experience at a five-star hotel in Italy and Michelin-starred restaurants in England. But we did manage to get a few students to narrow their favourites to:

- KOREAN BI BIM BAP
- CUBANO SANDWICH
- STUFFED PASTA BAR
- CAPRESE FOCCACIA
- BUILD YOUR OWN TACO
- SALAD BAR
- MIDDLE EASTERN
- SALAD BAR
- TANDOORI PIZZA
- WARM APPLE OATMEAL
- BREAKFAST BAKE
- FRESH FRUIT SMOOTHIES

"The Mercato's welcoming atmosphere makes it a great place to study, eat, and just hang out with friends. The food is fresh and tastes wonderful. There are so many healthy options."

Melissa Milligan  
Community Development  
and Political Science,  
Bayfield, Ontario



# MAKE YOUR HOME



## I choose to lead with commitment.

My experience at Brescia has been amazing. I have had the opportunity to interact with people from different countries with different backgrounds and learn a lot of new things from them. Brescia helped me transition to life in Canada through the Bridging Program. I came to campus a week early to get familiar with campus, meet other students, learn to navigate the city and how to get to shopping centres, and get as much settled as I could. Faculty and staff were always ready to help with anything I needed. Brescia really makes sure that every student gets the individual attention they need. All of your professors know you by name, your strengths and weaknesses, and their doors are always open if you need any extra help. Everyone from librarians to academic advisors is there to help you individually and to make sure you succeed in your classes. Brescia helped me get outside of my comfort zone and believe in myself.

**PANASHE NYAUDE** (pictured above)  
Management & Organizational Studies; Health Science /  
Chitungwiza, Harare, Zimbabwe

# COMMITMENT

## Nurture Your Body, Mind, and Spirit

Brescia Campus Ministry is with you on your life's journey, providing the support and encouragement you need as you discern your life's direction. We offer a variety of spiritual and leadership opportunities, including pastoral counselling, spiritual direction, and faith exploration. While Brescia is rooted in Catholic faith and tradition, we celebrate diversity of faith. All are welcome.

**NO DOUBT ABOUT IT: TRANSITIONING TO UNIVERSITY CAN BE CHALLENGING. YOU CAN COUNT ON US TO DO ALL WE CAN TO HELP YOU FEEL AT HOME.**

Our staff and faculty will warmly welcome you and encourage you to get involved. Attending Orientation Week is the perfect way to get off to a great start. Brescia's Soph Peer Mentor Team (we call them "Sophs") will be there to enthusiastically greet you and support you. These upper-year mentors are dedicated to helping you during OWeek and throughout your first year at Brescia.

## TRANSITIONING TO BRESCIA

Whether you're coming to Brescia from another country—or across the city—we have programs in place to help your transition:

**Orientation Week:** "OWeek" at Brescia and Western is action-packed and known for being amazing. You'll make new friends, participate in fun activities, and get to know both campuses—before classes even start!

**Soph Team:** This dedicated group of upper-year students will be there with you during OWeek and beyond—to support and guide you through your first year at Brescia.

**International Bridging Program:** International and out-of-province students will receive guidance on everything from academics to transportation—even where to eat and shop.

OWeek at Western University







WONDERING WHERE YOUR BRESCIA EDUCATION WILL TAKE YOU IN THE FUTURE? WHEREVER YOU WANT TO GO.

When you graduate from Brescia, you'll join an impressive alumnae network—women who are extraordinary people as well as extraordinary leaders. They live, work, lead, and learn all over Canada—and the world. Here are just a few of our inspiring graduates and the positions they hold. Imagine yourself among them.

# DEFINE YOUR FUTURE

## REWARDING CAREERS

Your Brescia education can lead to a fulfilling career, just like it has for:

### Hien Ngo, CLASS OF 2016

Sociology | Constable, London Police Service | London, Ontario  
“Brescia provided me with many opportunities to grow as a leader. Brescia has the support, resources, and guidance you need to be successful.”

### Emily Kichler, CLASSES OF 2015 & 2016

BSc Foods & Nutrition, 2015; MSc Foods & Nutrition, 2017  
Associate Food Editor, Chatelaine | Toronto, Ontario  
“Brescia inspired in me a passion for my work and the drive to continually learn. It taught me that building strong relationships is key to success.”

### Allison Brown, CLASS OF 2015

BSc, Foods & Nutrition | Nutrition Specialist (RD), Nestlé Canada  
“What stays with me about Brescia is the sense of community. From the small classes to the intimate campus, I felt part of an inspiring community.”

### Emma Hammer-Healy, CLASS OF 2014

Management & Organizational Studies | Financial Analyst, General Dynamics Land Systems–Canada | London, Ontario  
“Brescia offers relevant courses and real-world learning opportunities. The small class sizes allow for in-depth discussions and interactive learning.”

### Ashlan Potts, CLASS OF 2013

Volunteer Program Manager, Feed Nova Scotia | Dartmouth, Nova Scotia  
“At Brescia, I learned I was part of something bigger than myself, and that motivates me to give back to my community. That's unique to Brescia.”



## I choose to lead with passion.

My science degree from Brescia is invaluable in my career as a lawyer, particularly as a lawyer in the electrical industry. At Brescia, I was encouraged to look outside the typical career paths for my major and pursue my best fit. I learned leadership skills as the VP of Residence Council in first year and as a representative on Western's student council. These experiences exposed me to formal, board of director processes, and I gained the confidence to voice my opinion and those of my constituents. I received a supportive, personalized experience at Brescia, which gave me the confidence, knowledge, and skills to pursue my career. What stands out to me are the strong, female friendships that I made at Brescia. I maintain and rely upon those friendships now, more than a decade later.

### EMMA NICHOLSON (pictured at right)

Class of 2012 | Foods & Nutrition | from Sarnia | currently residing in Sarnia | Associate Lawyer, Bluewater Power Distribution Corporation

## I choose to lead with zeal.

As Data, Strategy and Innovation Consultant with the World Health Organization, I facilitate and implement strategic dialogues with Member States in the Western Pacific Region to develop longer term health system transformation plans and provide support to the COVID-19 research work. Brescia prepared me for my career by combining an academically challenging environment with an emphasis on values and leadership and by facilitating holistic development, a thirst for knowledge, and a strong desire to leave a positive imprint on the world. Brescia is known for being a trailblazer, and I wanted an education that would make me question my assumptions and beliefs. What stays with me today is the authenticity and engagement of the community, the brilliance and guidance of my professors and the warmest of memories.

### MALLIKA AUPLISH (pictured at left)

Class of 2013 | Sociology | from New Delhi, India | currently residing in Manila | Data, Strategy, and Innovation Consultant, World Health Organization



## Career Support

To help you along your career journey, our Student Life Centre offers workshops, events, programs, and tools, including:

- Career Appointments
- Career Peers
- Classroom to Career Workshop Series
- Curricular Career Support
- Professional Mentoring Program



## Help Is Here

If you get off track at Brescia, we have the resources to help get you right back on. Our CARE Program, for example, connects you to services and supports before difficulties become overwhelming. If you face significant, complex life circumstances, our Case Management Services will provide confidential care, coordination, and support. If you feel stress about your career path, meet one-on-one with a career advisor at the Student Life Centre or a career peer, an upper-year student leader who is trained to provide on-the-spot resume, cover letter, and LinkedIn profile reviews.



# Applying to Brescia

All the information you need to apply to Brescia is available online at [brescia.uwo.ca/admissions](https://brescia.uwo.ca/admissions). Our regular academic term begins in September, though select programs offer start times in January and May. You can apply to Brescia year-round.

### INTERNATIONAL HIGH SCHOOL APPLICANTS

If you are applying to Brescia and live outside of Canada, you will be evaluated under the admission requirements unique to your country and your area of study. For more information, visit [brescia.uwo.ca/admissions/international/international\\_admission/admission\\_requirements.php](https://brescia.uwo.ca/admissions/international/international_admission/admission_requirements.php)

### INTERNATIONAL BACCALAUREATE APPLICANTS

- Admission requirements for the International Baccalaureate (IB) program are as follows:
- Successful completion of the IB diploma
  - Passes in a minimum of 6 subjects, of which 3 must be at the higher level
  - A grade total of 24 (bonus points to a maximum of 3 will be awarded for the successful completion of the Extended Essay and Theory of Knowledge)
  - No grade less than 4
  - Offers of early admission are granted to students registered in the IB diploma program on the basis of interim grades (a grade total of 24) in the final year of the IB diploma program
  - Admission scholarships will be based on final diploma results

### OUT-OF-PROVINCE HIGH SCHOOL APPLICANTS

If you're applying from a Canadian province outside of Ontario, you must present admission requirements specific to your province. Conditional offers are extended if you have a minimum of a 79.5% mid-year average, although limited enrollment programs may require higher admission averages. Your admission average is calculated based on your best academic courses, including English. Some programs may require background in math and/or science. Please connect with our Admissions Office to confirm your eligibility. For more information, visit [brescia.uwo.ca/admissions/admission\\_process/admission\\_requirements/out\\_of\\_province\\_high\\_school.php](https://brescia.uwo.ca/admissions/admission_process/admission_requirements/out_of_province_high_school.php)

### ADVANCED PLACEMENT EXAMS

Transfer credits may be granted for Advanced Placement (AP) courses with final examination grades of 4 out of 5. All transfer credits are subject to faculty approval. A maximum of 2.0 courses may be awarded per student.

### HOMESCHOOLED APPLICANTS

- Brescia welcomes homeschooled applicants, whom we assess on an individual basis. You will need to submit some/all of the following:
- Transcript of grades
  - Standardized testing results (ACT or SAT)
  - Portfolio

### TRANSFERRING TO BRESCIA

- From College:** To be considered for admission, you must have:
- Completed or are currently completing the first year of a General Arts and Science, Pre-Health Science, or Human Services Foundation Certificate program with a minimum overall average of "B" (3.0 GPA)
  - Completed or currently completing a two-year or three-year CAAT Diploma program with a minimum overall average of "B" (3.0 GPA)
  - Have the necessary prerequisite requirements in math or science, depending on the program to which you apply. Please contact our Admissions team for more information if you are applying to Family Studies (BSc), Foods & Nutrition, Kinesiology, or Management & Organizational Studies

To be considered for potential transfer credits you must be currently completing or have already completed a two- or three-year diploma from a College of Applied Arts and Technology (CAAT) with a minimum average of "B" (3.0 GPA).

- From University:** If you have a minimum overall average of 70% at your previous accredited university, you will be considered for transfer to Brescia.
- We will assess your admission eligibility and your previous course work to determine which credits can be transferred
  - Advanced standing may be granted for courses completed at another university with a minimum mark of 60%
  - We will assess your application on an individual basis and can transfer a maximum of 10 courses
  - You may be required to submit official course outlines/syllabi to determine a course equivalency at Brescia
  - Transfer credit is subject to department approval

**International Transfer:** If you had a minimum overall average of 70% at your previous accredited university, you will be considered for transfer to Brescia. Please contact our Admissions Office to see if your institution qualifies for transfer to Brescia.

### ENGLISH LANGUAGE PROFICIENCY

You must be proficient in written and spoken English to be admitted to Brescia. If English is not your first language and you have not lived or studied in an English environment, you'll be required to provide proof of your English language abilities, such as: IELTS, TOEFL, CAEL, CanTest, Cambridge English, and PTE Academic. Brescia University College offers conditional admission to our programs after successful completion of English language training through one of our ESL partners: CultureWorks, Fanshawe College, or the English Language Centre at Western University. To learn more, email our Admissions Office at [brescia@uwo.ca](mailto:brescia@uwo.ca).

# For Ontario High School Students

|  | OUAC Code           | Min. Admission Avg.<br>for Consideration** | Available Concentrations of Study  |   | Ontario High School Requirements   |  |
|--|---------------------|--|--|---|--|--|
| <div>Arts &amp; Humanities</div>                   | EBA                 | 79.5%                                      | <div><div>• Creativity &amp; Literature</div><div>• English Language &amp; Literature</div><div>• French Studies</div><div>• French for Teaching</div></div>   | <div><div>• Philosophy</div><div>• Religious Studies (minor)</div><div>• Spirituality &amp; Community Leadership</div></div>  | <div>• ENG4U</div>   |  |
| <div>Family Studies &amp; Human Development</div>  | BA: EBF<br>BSc: EBZ | 79.5%                                      | <div><div>• Family Studies &amp; Human Development</div><div>• Families &amp; Communities</div><div>• Nutrition &amp; Families</div></div>   |   | <div><div>• ENG4U</div><div>• Required for BSc only: SBI4U, SCH4U, MCR3U or MCF3M</div><div>• Recommended for Nutrition &amp; Families: SCH4U or SCH3U</div></div> |  |
| <div>Foods &amp; Nutrition</div>                   | EBH                 | 79.5%                                      | <div><div>• Nutrition &amp; Dietetics</div><div>• Foods &amp; Nutrition</div></div>  | <div><div>• Foods &amp; Nutrition Dual Degree HBA—Apply year two</div></div>  | <div><div>• ENG4U</div><div>• SBI4U</div><div>• SCH4U</div><div>• MCF3M or MCR3U</div><div>• Strongly recommended: MCV4U or MHF4U</div></div>                      |  |
| <div>Health Sciences</div>                         | EBW                 | 85%  | <div><div>• BA Health Sciences</div></div>   |   | <div><div>• ENG4U</div><div>• SBI4U</div><div>• MHF4U, MCV4U, or MDM4U</div><div>• Recommended: SCH4U</div></div>  |  |
| <div>Kinesiology</div>                             | EBP                 | 85%  | <div><div>• BA Kinesiology</div></div>   |   | <div><div>• ENG4U</div><div>• SBI4U</div><div>• Recommended: A 4U Math course</div><div>• Recommended: A 3U or 4U Physics</div></div>                              |  |
| <div>Leadership</div>                              | EBO                 | 79.5%                                      | <div><div>• Leadership Studies, apply under Social Sciences</div></div>  |   | <div>• ENG4U</div>   |  |
| <div>Management &amp; Organizational Studies</div> | EBD                 | 79.5%                                      | <div><div>• Accounting</div><div>• Food Management &amp; Marketing</div><div>• Consumer Behaviour</div><div>• Nonprofit Management</div></div>   |   | <div><div>• ENG4U</div><div>• Two of the following: MHF4U, MCV4U, or MDM4U</div><div>• Recommended for Food Management &amp; Marketing: SCH4U or SCH3U</div></div> |  |
| <div>Social Sciences</div>                         | EBO                 | 79.5%                                      | <div><div>• Community Development</div><div>• Community Development in a Global Context</div><div>• Community &amp; Criminal Justice</div><div>• Criminal Justice</div></div>  | <div><div>• History</div><div>• Leadership Studies</div><div>• Political Science</div><div>• Power in History &amp; Politics</div><div>• Psychology</div><div>• Sociology</div></div> | <div><div>• ENG4U</div><div>• Recommended for some Psychology programs: MHF4U</div></div>  |  |
| <div>Preliminary Year (co-ed)</div>                | EBC                 | 70% based on entire high school transcript | <div>Pre-university courses in:</div> <div><div><div>• Biology</div><div>• Chemistry</div><div>• English</div><div>• Foods &amp; Nutrition</div></div><div><div>• French</div><div>• Geography</div><div>• History</div><div>• Leadership</div><div>• Mathematics</div></div><div><div>• Physics</div><div>• Religious Studies</div><div>• Sociology</div><div>• Spanish</div><div>• Writing</div></div></div> |   |  |  |

\*\*Admission averages are based on the 2020 admissions cycle. Applicants who meet the minimum average are not guaranteed admission.



# Money Matters

We're committed to providing the financial assistance you need to make your Brescia education affordable. In fact, we're known for our outstanding scholarship program. Most of our scholarships are automatic and guaranteed.

### AUTOMATIC PROGRAM AWARDS

#### Arts & Humanities Scholarship: **\$1,500**

- Entering Year 1 of an Arts & Humanities program
- Minimum 80% average
- Must register in 2.0 Arts & Humanities courses at Brescia
- Automatically awarded with offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

#### Family Studies; Management & Organizational Studies; Social Sciences Scholarships: **\$250**

- Entering Year 1 of a Family Studies, Management & Organizational Studies, or Social Science program
- Minimum 80% average
- Automatically awarded with offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

#### Foods & Nutrition Scholarship: **\$1,000**

- Entering Year 1 of the Foods & Nutrition program
- Minimum 80% average
- Automatically awarded with an offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

#### Brescia SHSM Award: **\$2,000**

- Unlimited number of awards given
- Minimum 79.5% average and successful completion of Specialist High Skills Major (SHSM)
- Entering studies at Brescia for the first time
- May be held in conjunction with a Brescia Entrance Scholarship
- No application required

### OTHER SCHOLARSHIPS & AWARDS BY APPLICATION

#### Community Leader Award: **\$1,000**

- Four awards given
- Minimum admission average required for program of study applied to
- Entering studies at Brescia for the first time
- Award based on extracurricular involvement in school, work, or volunteer positions in the community, leadership experience; two references required
- May be held in conjunction with a Brescia Entrance Scholarship
- **Application deadline:** June 1, 2021

#### BresciaLEAD Excellence Award: **\$5,000**

- Minimum 79.5% admission average required
- Entering studies at Brescia for the first time
- Award based on extracurricular involvement in school, volunteer and leadership experience; two references required
- May be held in conjunction with a Brescia Entrance Scholarship
- **Application deadline:** May 1, 2021

### TUITION & FEES

#### TUITION FEES (Full-Time, Canadian Permanent Resident\*)

Preliminary Year: \$7,878.15  
Year 1: \$7,878.15

#### TUITION FEES (Full-Time, International\*†)

Preliminary Year: \$20,690.75  
Year 1: \$34,574.15  
Year 1 MOS: \$42,492.15

*\*Estimate for tuition fees based on 2020–2021 fees; subject to change. Tuition fees include all student and ancillary fees, including the university health plan for international students.*

*†Please note the Brescia International Bridging Program is required for all students who are not Canadian citizens or permanent residents living abroad. The program is included in your fees.*

### RESIDENCE FEES\*

Private room with shared en-suite washroom: **\$8,570**

Private room with private washroom: **\$9,320**

Premium private room (king bed) with private washroom: **\$9,720**

Meal Plan A: **\$4,320**

Meal Plan B: **\$4,520**

Students are enrolled in Meal Plan A, but for a heartier meal plan, contact the Business Office and enrol in Meal Plan B. Meal Plan dollars are nonrefundable.

*\*Estimate for residence fees based on 2020–2021 fees; subject to change.*

### Bursaries

Canadian students who are new to Brescia may apply for a non-repayable entrance bursary of \$500 to \$2,000.

### Work Study Program

Through paid positions on campus, you'll receive income and valuable work experience.

### OSAP (Ontario Student Assistance Program)

If you reside in Ontario, you may apply for a student loan and grants.

| INTERNATIONAL BACCALAUREATE STUDENTS  |                |               |         |
|---|----------------|---------------|---------|
| Scholarship   | Number Awarded | Diploma Score | Value   |
| Principal's Entrance Scholarship  | Unlimited      | 40+           | \$4,000 |
| Academic Dean's Entrance Scholarship  |                | 37–39         | \$3,500 |
| Brescia Faculty Entrance Scholarship  |                | 35–36         | \$3,000 |
| Brescia Entrance Scholarship for Academic Excellence  |                | 30–34         | \$2,500 |
| Brescia Scholars Entrance Scholarship   |                | 27–29         | \$1,500 |
| Brescia Merit Entrance Scholarship  |                | 25–26         | \$1,000 |
| <i>IB Scholarships are awarded based on final diploma scores (with up to 3 bonus points). All scholarships may continue for up to four years and will be based on final grades.</i> |                |               |         |

| INTERNATIONAL HIGH SCHOOL STUDENTS   |                |                       |  |
|--|----------------|-----------------------|--|
| Scholarship  | Number Awarded | Academic Requirements | Value  |
| International Entrance Scholarship   | Unlimited      | 95% +                 | \$4,000  |
|  |                | 92.0–94.9%            | \$3,500  |
|  |                | 90.0–91.9%            | \$3,000  |
|  |                | 85.0–89.9%            | \$2,500  |
|  |                | 82.0–84.9%            | \$1,500  |
|  |                | 80.0–81.9%            | \$1,000  |
| Sister St. Anne Lachance International Student Scholarship   | One            | 80% or above          | \$6,000 and a double room in Brescia residence |
| All scholarships are automatically assessed based on final grades and may continue up to four years. |                |                       |  |

## I choose to lead with objectivity.

Receiving the Wolfe Family Entrance Scholarship was an incredible honour. The financial support allowed me to be able to solely focus on my studies, my volunteerism, and my commitment to competitive dance, all of which have been integral elements in my acceptance into graduate studies beyond Brescia. I am forever grateful to Brescia for extending this incredible scholarship to me. It demonstrated that Brescia is truly committed to the success of its students and to helping them realize their potential. They understand the realities that students face and continually work to make university education accessible and affordable for women. Attending Brescia for my undergraduate experience was one of the best decisions I have ever made. Brescia is a very special place that has left a lasting impact on my life.

**AMANDA KAY** *(pictured at right)*  
Class of 2018 / Community & Criminal Justice / London, Ontario

VISIT [BRESCIA.UWO.CA/MONEY\\_MATTERS/](https://www.brescia.uwo.ca/money_matters/) FOR MORE INFORMATION ON TUITION AND SCHOLARSHIPS

"I felt so blessed to receive the Residence Community Award. It was very encouraging to me that Brescia had scholarships specifically for international students. That told me that Brescia cares about giving people from all over the world equal opportunities to pursue an education."

**Tori Daniels**  
Kinesiology, Bermuda

**I choose to lead with vivacity.**





YOU CAN DRIVE FROM  
DETROIT OR TORONTO  
IN JUST TWO HOURS

## OPEN HOUSES

Open Houses are a great way  
to learn more about Brescia.

We offer:

### FALL PREVIEW DAY

Saturday, November 7, 2020

### MARCH BREAK OPEN HOUSE

Saturday, March 13, 2021

## IMPORTANT DATES

### SUNDAY, NOVEMBER 15, 2020

Campus Tours

### JANUARY 15, 2021

Deadline for OUAC 101  
(Ontario High School) applications

### MAY 2021

Brunch with Brescia

### JUNE 1, 2021

Deadline for students to accept an  
offer of admission (to be guaranteed  
a space in your program of choice)

## BRESCIA UNIVERSITY COLLEGE



You can take a campus tour Monday  
through Friday at 10:30 a.m. and  
2:30 p.m. To schedule a tour, contact  
us at [brescia@uwo.ca](mailto:brescia@uwo.ca) or call  
519.858.5151. You also can book  
a tour online at [BRESZIA.UWO.CA/  
ADMISSIONS/VISIT\\_CAMPUS/CAMPUS\\_  
TOURS.PHP](https://www.brescia.uwo.ca/admissions/visit_campus/campus_tours.php).

Graphic  
Services  
Advanced Facility  
for Avian Research

Support  
Services  
Support  
Services

HURON UNIVERSITY  
COLLEGE

Hellmuth  
Hall

Southwest  
Residence

Huron College  
Lot

Huron  
Dining  
Hall

Springett  
Lot

Ursuline Hall

Clare  
Hall

Mary  
Manor

Mother St. James  
Memorial Building

Richard Ivey  
Building

Elborn  
College

Elgin  
Lot

PHILIP AZIZ AVE

# VISIT BRESCIA

 BRESCIAUC

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at [brescia.uwo.ca](https://www.brescia.uwo.ca)

WESTERN AND AFFILIATES MAP COURTESY  
OF WESTERN UNIVERSITY. FIND THIS FULL  
MAP AND OTHER CAMPUS MAPS AT:  
[GEOGRAPHY.UWO.CA/CAMPUSMAPS/](https://www.geography.uwo.ca/campusmaps/)