



Sir Allan MacNab Teams and Clubs List 2019 / 2020

Come and join us!



Team/Club	Start Up Date	When / Where (if available -- day of the week, time, room)	Who Can Participate	Coach/Teacher Advisor
AP English - Book Club	November - May	Fridays - Rm 2020	Senior Students	Mrs. Yanover/Mrs. Lewis
Best Buddies	October - June		Anyone	Mrs. Lunman
Boys Hockey	January – March		Boys	
Sewing Club	November - June	Mondays - Rm 2047A	Everyone (beginners welcome to learn to sew Nov-Jan; no beginners from Feb. - June)	Mrs. Yanover
Sr. Boys Football	Sept - mid Oct.		Gr. 11 and 12	Mr. Hitchcock
EcoTeam	September - May	Tuesday at lunch 1047	All Grades	Mrs. McComb
Forest of Reading - White Pine Book Club	November-April		Anyone	Mrs. Pounder
Girls Touch Football	Early September		Girls, gr. 9 -12	Ms. Haalstra
Healthy Action Team	September June		Anyone	Mrs. DiGregorio
JR Boys volleyball	September - October		Grade 9-10 (tryouts)	Mr. Francis
Jr. Boys Basketball	Mid-October- Feb		Grade 9 & 10 boys	Mr. Lukas
Jr. Co-ed Volleyball	April - June		Gr. 9 and 10 (boys and girls)	
Jr. Girls Basketball	Early Sept		Grade 9 & 10 girls	Mr. Romano
Makerspace Club	September - May	Wednesdays 2064 lunch	All Grades	Ms. Kovar Ms. Barda
Math Club	September-June		All Grades	Mr. Jakob
Nutrition program helpers (after school)	September June		Anyone	Mrs Pounder
Positive Space	September - June	Wednesdays after school in the Drama Room	Anyone	Mr.Cowan Mr.Farrell Ms.Elliott Ms.Alstein
Reach for the Top / Trivia club	September - June	Jrs - Tuesdays Rm 3009 Srs - Mondays Rm 2020	Anyone - 9-10, 11-post grad	Mrs Abbey, Mrs Yanover
Science Club	October-May	1 Thurs per month, after school		
Senior and Junior Girls' Water Polo	February-April		Jr. Gr. 9 - 10 age Sr. Gr. 11 - post grad, girls	Mrs. McComb, Ms. Davy
Senior Girls Basketball	Early September		Gr. 11 - post grad, girls	Ms. Bassett
Sr. Boys Basketball	Late September -March			Mr. Fraser



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Sr. Boys Volleyball	September - Nov		Gr. 11 and 12 boys	Mr. Parker
Sr. Co-ed Volleyball	April - June		Gr. 11 and 12 (boys and girls)	
Sr. Girls Volleyball	November - February		Gr. 11 and 12 girls	Ms. Bassett
Tennis Team (Jr and Sr)	September -October (very early in year!)		9-10 11-12	Mr. Romano
Track and Field	April - May		Everyone	Mr. Cimba and Mr. Francis
Varsity Baseball	September - October		Anyone	
Boys Water polo	November - January		All grades	Mr. Thomson
Girls Varsity Slo-Pitch	Early May		All Grades (tryout)	Ms. Bassett
Girls Varsity Hockey	Late January		All Grades	Ms. Bassett & Ms. Kudrenski
Midget Girls Basketball	Late February		Grade 9	Ms. Bassett
Student Council	Sept - June		All Grades	Mr. Logan
Indigenous Club	Sept - June	Thursdays at lunch in the Learning Commons	All Grades	Mrs. Alstein
PACE (Political Action & Current Events)	Sept- June		All Grades	Ms. Smith
Grade 9 Boys Soccer	Sept- Oct		Grade 9	Mr. Parker Mr. Kott
Grade 9 Boys Touch Football	Sept		Grade 9	Mr. Kott Mr. Parker
Varsity Boys Indoor Soccer	Nov- March		All grades	Mr. Parker Mr. Kott
Varsity Boys Soccer	April-June		All grades	Mr. Parker
Rock Band (student/teacher)	Sept-June	Fridays lunch in music room	Anyone who can play an instrument.	Mr. Coleman
Varsity Girls Soccer	April-June		All grades	
Computer tech helpers (setting up, moving & cleaning computers/ipads)	Sept-June	Wed. after school	All grades	Mrs. Pounder
Dance Team	Sept-June	Tues after school	All grades	Mrs. Aldred
Poetry Slam	Sept - June	Wednesday at lunch	All grades	Ms. Narula
Anime Club	Sept - June	Thursday at lunch; Room 2003	All grades	Ms. Chau