



Record of Community Involvement Hours (40 Hours)

Please refer to the specific requirements found at: www.hwdsb.on.ca/cih
Please hand in to the Student Services Office at your Secondary School

Student Name: _____

Secondary School: _____

Description of Community Involvement Activity	Number of Hours	Start/End Date: MM/DD/YY	Organization	Supervisor's Name (please print)	Supervisor's Phone Number	Supervisor's Email	Supervisor's Signature
		START: _____ END: _____					
		START: _____ END: _____					
		START: _____ END: _____					
		START: _____ END: _____					
		START: _____ END: _____					
TOTAL:							

Is each activity identified on the school board's list of approved activities? YES or NO
If not, you must obtain written approval from your principal before starting and attach it to this form.

FOR OFFICE USE ONLY:

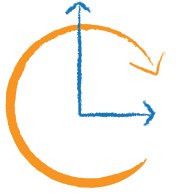
Date recorded in Student Information System:

Form to be Filed in OSR

Parent/Guardian Signature: _____

Student Signature: _____

Principal Signature: _____



What You Need to Know!

A minimum of 40 Community Involvement Hours are required for Graduation in Ontario.

CHECKLIST FOR COMPLETING YOUR COMMUNITY INVOLVEMENT HOURS

- Determine an area of interest that is for the benefit of the community e.g. a career interest, hobby, social justice interest.
- Verify that the activity you're interested in is listed on the eligible activities on our website.
- If your activity does not appear on the list of eligible activities, then you need to meet with your Secondary School Principal to obtain written permission.
- Talk to your parent/guardian about your community involvement plans and gain their support.
- Make contact with proposed community or school organization to arrange the details.
- Begin completing your Community Involvement Hours.
- Ask the organization to complete your Community Involvement Hours form found on our website. We recommend that you make a copy of the completed form for your records.
- Submit your CIH form to your Student Services Department as you complete your hours.
Note: You do not need to wait until you have completed all 40 hours before submitting them. They will be recorded as you go along.

Go to www.hwdsb.on.ca/cih to get detailed information about the Community Involvement Hours Requirement for Graduation.