

September Newsletter to Families

September 7, 2022

Dear families,

We are excited to welcome students back to class – in person and remote learning – for the 2022-23 school year.

We know that the past two years have been challenging, and we are thrilled to see students, staff and families again. Each new year is a great new opportunity.

We know that many families remain concerned about safety, and we are too. We continue to take COVID-19 precautions, such as doing daily COVID-19 school and child care screening and staying home when sick or instructed within the screening tool.

As we move through the pandemic, we will continue to update families on important developments. We know that families may have a lot of questions.

We also invite families to keep up with communications from HWDSB by subscribing to email updates or following HWDSB on social media. Lisgar is on Instagram. Follow **hwdsblisgar** for updates.

Remember to use the SafeArrival app to report absences for your child. Instructions are on the back of this page.

Please reach out to our school if you have any questions.

Here are some important points to remember as students prepare for the start of the school year:

- Proper sleep makes a big difference. Please help your child set routines for success.
- Cell phones should not be used at school during instructional time.
- **School starts at 8:50 am and ends at 3:10 pm.** Please follow these times to avoid interruptions to classes.
- Parents/caregivers wishing to speak with school staff should call ahead to make an appointment.
- Lunches should be sent in with your child. Please do not drop off fast food for lunches. If your child accidentally forgets their lunch, we can provide food through the nutrition program.
- We will have 2 nutrition breaks each day. **Only Grade 7/8 students may leave during NB2 (12:50-1:30)** with permission provided through the Parent Portal. All students will remain at school for NB1.
- Please monitor your child's health and screen for potential Covid symptoms. Let's work together to keep everyone healthy and safe.

We know the return to school, especially for those who had been learning remotely, can be stressful for some students. We are here to support every student. If you think your child might struggle with school, please let us know.

Sincerely,

Mary Elliott, Principal

