

# Jump Rope for Heart is back!

Our school is excited to be participating in Jump Rope for Heart this year!  
Please save the dates and stay tuned for more information:

**Digital Kick-off date:** \_\_\_\_\_

**Event date:** \_\_\_\_\_

## Jump gives back to schools!

As our thank you for putting kids' heart and brain health first, schools can:

- Get 10% of net fundraising dollars back, or
- Earn points redeemable for sports equipment, learning materials like robotics kits, and more!

**Join your school online!**

**[jumpropeforheart.ca](http://jumpropeforheart.ca)**



™ The heart and / Icon on its own and the heart and / Icon followed by another icon or words are trademarks of the Heart and Stroke Foundation of Canada.



## Kids helping kids!

The funds kids collect supports research that helps other kids and families across the country.



### Dani

Was born with congenital heart disease.



### Zoe

Had a cardiac arrest when she was five.