# Does your family need a food bank? Where to get food in Hamilton

# Please contact: Good Shepherd Venture Centre

155 Cannon St. E, (905) 972–9485 [By appointment only]

# **Mission Services**

196 Wentworth St. N, (905) 528-4212 Mon, Weds, Fri 9am-12pm, 1-3pm Tues, Thurs 9am-12pm

# Neighbour To Neighbour Centre

28 Athens St. | (905) 574–1334 Mon, Tues, Weds 9:30am–3:15pm Thurs 12:30pm–7:15pm

#### Niwasa Kendaaswin Teg

785 Britannia Ave (905) 549-4884 ext. 416 [By appointment only – please call to book] Phones open Mon – Thurs 9am-4pm

#### Stoney Creek Food Bank

605 Highway #8 (905) 643-2090 *Mon, Weds, Thurs* 9:30am-1pm \*Only serves residents of Stoney Creek

#### Welcome Inn Community Centre 40 Wood St. E, (905) 525–5824 Mon, Weds, Thurs, Fri 11:30am–2pm

**Salvation Army** 80 Bay St. N, (905) 540–1888 [By appointment only]

Salvation Army (Dundas) 150 King St. W, Dundas, (905) 627–0572 [By appointment only]