

MAGA BASKETBALL CAMPS

www.magabasketball.com

Registration Form

Name: _____
Given Surname

Address: _____
Street

_____ City Postal Code

Home Phone: _____

Emergency Phone: _____

Grade: (as of Sept. 19) _____

Gender M F

Health Card #: _____

e-mail: _____

Please include me in future mailings:

Camps run from 9 a.m. - 3 p.m. (except for ELITE CAMP), and each camper will receive a camp T-shirt. Campers are to bring a bagged lunch, shorts and court shoes. Campers are not permitted to leave the premises at any time.

Parent/Guardian Authorization:

I hereby approve my child's attendance to the above camps and certify that he / she is in good health and able to participate in the program activities. I authorize that the directors act for me according to their best judgement in any emergency requiring medical attention.

Signature of Parent / Guardian



July 15-19
 at Bishop Tonnos C.S.S. \$235.00 (incl. tax)



Aug. 12-16
 at Bishop Tonnos C.S.S. \$235.00 (incl. tax)



Aug 19-23
 at Cardinal Newman \$235.00 (incl. tax)



August 19-23 (10 am - 12 pm)
 at Bishop Tonnos C.S.S. \$235.00 (incl. tax)

Note:

- \$20 discount if attend 2 or more camps.
- \$10 family discount for each additional sibling.
- Team rate of \$215 (5 or more from same team).

Mail applications & make cheques payable to:
 MAGA BASKETBALL INC.,
 c/o Box 171 Mt. Hope, ON L0R 1V0
 or email registration form & e-transfer
 steve@magabasketball.com

Visit us at www.magabasketball.com for updates, information, maps and more!

steve@magabasketball.com 905-518-6778

MAGA BASKETBALL CAMPS

www.magabasketball.com



July 15-19



Aug. 12-16



Aug 19-23



August 19-23
 (*10am-12pm)

(Boys and Girls ages 7-14)

“Improve Your Game with Certified Teachers and Coaches”

“30 years and counting...”



Visit us at www.magabasketball.com
steve@magabasketball.com 905-518-6778

Camp Director

Mr. Steve Maga

Hon. B.Kin, B.Ed, M.B.A



2010 McMaster University
 Athletics Hall of Fame Inductee

Coach

- Sr Girls & Sr Boys Coach, Bishop Tonnos
- Assistant Coach, McMaster University

University

- 2001 National Player of the Year
- 3 Time All - Canadian
- 1999-2000 & 2000-2001 OUA POY
- 2000 TSN Award combining academic, athletic and community involvement
- 3 Time McMaster Athlete of the Year
- National Team Program
- 1994 - Junior National Team Captain
- 1996 - Under 22 National Team Captain
- 1999 - Canadian Student Team Captain

High School

- 1994 - OFSAA Gold
- 1995 - Ontario Provincial Team; Junior National Championship; Silver
- 1996 - Ontario Provincial Team; Junior National Championship; Gold

July 15-19

SPALDING SHOOTING CAMP

Where "Great Shooters" are made, not born! A "SHOOTING" specific week of basketball camp teaching athletes how to properly shoot the basketball. We make use of the "SHOOTING STRAP" to maintain our shooting form as well as "NOTHIN' BUT NET" shooting apparatus to help us achieve the perfect shot. The camp also emphasizes classroom sessions where campers learn how to create their own shooting workout program and also learn about important issues regarding food nutrition (including: before/during/after competition). Complete "VIDEO SHOT ANALYSIS" to help enhance your own understanding of proper technique. A camp that will help you and give you the tools to become a more CONSISTENT shooter.

Held at Bishop Tonnos High School

Aug 12-16

GUARD POST BASKETBALL CAMP

The Guard Post Camp is a skill oriented camp focusing on both basic and advanced fundamentals. As the athletes are grouped according to their age and skill level, each group will learn the fundamentals that suit their level of advancement. A camp designed specifically to develop skills that are vital to both guard and post play. The Guard Post Camp is offered at a time of year that gives each athlete a tremendous advantage going back to school. A week at this camp and you will be ready for the upcoming tryouts. A tremendous opportunity to compete against some of the top players in the area and gain valuable knowledge from the tremendous coaching staff that is present each year. Campers are to bring a bagged lunch and refreshments for each day. A Camp T-shirt will be provided.

Held at Bishop Tonnos High School

Aug 19-23

METRO BASKETBALL CAMP

A Fundamentals skills camp that has been sold out for over 20 years. Fundamental skills are taught from the beginning and campers are grouped by age and skill level. Includes topics: fundamental ballhandling, shooting, defense, moves on the move, post moves, offensive spacing, defensive positioning, creating your own shot, shooting off a screen, ball screen actions and much much more. Coupled with a dedicated staff of basketball enthusiasts makes this camp a FUNDamental time for all campers. Register today and come be a part of a learning tradition!

Held at Cardinal Newman High School

Aug 19-23 (*10am-12pm)

ELITE HIGH SCHOOL CAMP



Elite High School Camp
For boys and girls aged 13-18
A high performance, elite skills camp geared towards driven athletes; boys and girls. Mihai Raducanu of No Limit Performance is teaming up with Steve Maga of Maga Basketball to deliver a top calibre skills camp to prepare the athletes for their upcoming fall seasons. The Elite High School Camp is offered at a time of year that gives each athlete a tremendous advantage going back to school. A week at this camp and you will be ready for the upcoming tryouts. A tremendous opportunity to compete against some of the top players in the area and gain valuable knowledge from the tremendous coaching staff that is present each year.

Held at Bishop Tonnos High School

Check us out at www.magabasketball.com or call 905-518-6778
Email: steve@magabasketball.com

SPALDING SHOOTING CAMP

Camp Objectives:

- To provide a "SHOOTING" specific week of basketball camp
- To teach athletes how to train in the off-season
- Develop your own off-season workout in the classroom
- Learn how to build and record in a workout log
- To teach discipline and the concept of becoming a "Student of the Game"



Shooting Strap: to ensure proper shooting form & consistent shooting results!!

Camp Emphasis:

- Daily Dozen Shooting
- The 3 pt Shot
- The Pull-Up Jump Shot
- Ballhandling
- Screening & Shooting off of a Screen
- Moves on the Move
- Jab Series / Stationary Moves
- Mastering the Shot fake
- Driving to the basket
- Pivoting with the basketball
- Passing the basketball
- Competitive Games, Competitions and Challenges
- Classroom time to develop and record your individual training program



Rim Reducer: To ensure consistent release & to increase success!!

GUARD POST CAMP

Guard Skills To Be Covered:

- Recognize Zone/Man Defences
- Containment vs. Pressure Defence
- Leadership Skills - be an assistant coach on the floor!
- Getting your shot off against more talented opponents
- Passing into the Post
- Understanding Zone and Man Offensive Principles
- Initiating the Break



Graham Hewitt: Director, HWDSB Basketball Academy, OUA All-Star

Post Skills To Be Covered:

- Footwork
- Post Defence
- High Post/Low Post Moves
- Screening & Sealing
- How to get Post Position
- Learn how to play in a Low Post/High Post Offence



"Nothin But Net"
Another way of making practice fun and more efficient!!

METRO BASKETBALL CAMP

Camp Objectives:

- To have fun
- To teach & develop basketball skills in every phase of the game
- To give ample individual instruction to each camper
- To provide competition which will enable each player to apply skills
- An opportunity to improve and test your fundamentals in a competitive environment
- Fundamental Skill Stations
- Certified Teacher Instruction
- Individual and Team Drills & Competitions



Rob Welsh:

Scholarship Basketball player NCAA, Teacher & Coach at every level, OBA Gold Medalist Coach and Player



ELITE BASKETBALL CAMP

CAMP FEATURES

- Specific Advanced Guard Skills
- Specific Advanced Post Skills
- How to beat your man
- Excellent Instruction by Certified Teacher-Coaches
- Fundamental Skills Stations
- Team Defense Sessions
- Team Offense Sessions
- Learn to become a Student of the Game
- Individual & Team Competitions
- 1 on 1



Mihai Raducanu

