



TRANSPORTATION AVAILABLE FROM
EMPOWERMENT SQUARED CENTRAL
AND LAKE AVENUE SCHOOL.

CO-ED, Grades 6—8

SPRING BASKETBALL

Empowerment Squared
is excited to offer
basketball skills and
fundamental training
with team concepts.



Learn to play basketball and
work on your individual skill
set in a fun and interactive
environment. We invite
everyone from beginners to
advanced players.

Monday and Wednesday

Twice a Week

May 5 — May 28, 2025

5:00 PM - 6:00 PM

Ubuntu Athletic Centre

Empowerment Squared East

26 Arrowsmith Rd

Hamilton, ON L8E 4H8

[Register Today](#)

Need more information? Contact Kwbona at k.beckles@empowermentsquared.org

or visit empowermentsquared.org/sports-and-recreation