

NEW – FREE Girls Only Programs at Kanétskare



Girls Who Play (Registered)

- **When:** Monday's (January 20-March 24, 2025)
- **Time:** 6:00-7:00pm
- **Ages:** 9-12 yrs
- **Barcode:** 00007398

- **About:**

Girls Who Play provides a safe and inclusive space to move, play and have fun for anyone who identifies as female and will be led by leaders that are trained in girl-focused programming. This program is focused on developing resiliency, building confidence and fostering friendships while actively engaging in sport and movement. Girls Who Play is designed to further develop physical literacy skills by introducing basic skills of a variety of sports. Through positive encouragement and game-play in groups, participants will begin to build confidence in their personal abilities.



Girls Only Open Gym (Drop-in)

- **When:** Monday's (starting January 13, 2025)
- **Time:** 7:00-9:00pm
- **Ages:** 10-14 yrs