



We are Lighting up JMAC and our Community with Kindness!

For many families, the holidays are a time for family, friends and a festive meal. This year as you make your family plans, we ask that you think of those less fortunate and help support Neighbour 2 Neighbour as they strive to provide thousands of people with nutritious meals and prepare boxes of food for families in our community.

Items most needed: fruit cups, juice, oatmeal packets, pancake mix, healthy cereal, coffee, rice, flour, vegetable oil, powdered milk, sugar, canned vegetables, chickpeas, crackers, peanut-free granola bars, baby formula, diapers, peanut free butter, tuna, beans in tomato sauce, dried beans/lentils, soups & gravies, personal care items.

Together let's make this year's holiday season a wonderful time for all!

We encourage you to talk about how we can 'Light Up our Community with Kindness' this holiday by bringing in food donations between December 3 - 14.