

## INTERNAL MEMO

<b>DATE:</b>	March 20, 2025
<b>TO:</b>	Elementary & Secondary Principals and Vice-Principals School Councils
<b>FROM:</b>	Simon Goodacre, Superintendent of Student Achievement
<b>SUBJECT:</b>	ACTION: HWDSB Parent Involvement Committee Celebrates Well-Being

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This information will be shared on a system level. Could Principals please share this information with school council, on school websites and through school messenger.

### **HWDSB Parent Involvement Committee Celebrates Well-Being**

We are excited to invite families to an important and informative day designed to support the well-being of our youth. Please join us as we hear from expert speakers and organizations who will provide valuable insights on:

- Understanding addictive behaviors in youth
- Supporting mental health and well-being
- Enhancing school engagement and attendance
- Promoting future success for our children

### **Event Details:**

- **Date:** Saturday, May 31, 2025
- **Time:** 9:00 am to 2:00 pm
- **Location:** Sherwood Secondary School, 25 High St., Hamilton, ON L8T 3Z4

This session is a wonderful opportunity to learn, share, and connect with other families. Together, we can make a positive impact on our children's lives.

Please RSVP to the link provided: [HWDSB Parent Involvement Committee Celebrates Well-Being](#)

We look forward to seeing families there!