Hamilton Wentworth District School Board Senior Elementary Track and Field Information for Parents 2023

 $\begin{tabular}{ll} \textbf{Location:} & Mohawk \ Sports \ Park - \mbox{Mohawk Rd. and Upper Kenilworth behind Bernie Arbor Baseball Stadium \end{tabular}$

When:

Division 1 - Monday, June 5	Division 2 - Tuesday, June 6	Division 3- Wednesday, June 7	
Ancaster Meadow	Allan A. Greenleaf	Adelaide Hoodless	
Bellmoore	Balaclava	Bennetto	
Chedoke	Cathy Wever	Cecil B. Stirling	
Dalewood	Dr. J. Edgar Davey	Collegiate Avenue	
Flamborough Centre	Dundas Central	Franklin Road	
Frank Panabaker	Eastdale	George L. Armstrong	
Lawfield	Gatestone	Gordon Price	
Kanetskare	Billy Green	Guy B. Brown	
R.A. Riddell	Greensville	Hamilton Hebrew	
Ray Lewis	Lake Avenue	Academy Helen Detwiler	
Shannen Koostachin	Mount Albion	Hess Street	
Sir Wilfrid Laurier	Norwood Park	Highview	
Sir William Osler	Prince of Wales	Hillcrest	
Viola Desmond	Queen Mary	Huntington Park	
W.H. Ballard	Sir Wilfrid Laurier	Janet Lee	
Westview	South Meadow	Lisgar	
Winona	Templemead	Memorial	
Rockton	Tiffany Hills	Michaelle Jean	
	Viscount Montgomery	Mount Hope	
		Pauline Johnson	
nclement weather		Queen Victoria	
lays:		Queensdale	
Thurs. June 8,		Ridgemount	
ri. June 9		Spring Valley	
TI. June /		Tapleytown	

Please always stay out of the infield at all times.

Order of Events

2023 Senior Elementary Track and Field Schedule – All Divisions Mohawk Sports Park – 10:00 a.m.-3:30 p.m.

Track Events

EVENT#	TIME	NAME OF EVENT	1
1500 m	10:00 10:10 10:20 10:30 10:40 10:50	TIMED HEATS (1 heat/division) Grade 6 Girls 1500m Grade 6 Boys 1500m Grade 7 Girls 1500m Grade 7 Boys 1500m Grade 8 Girls 1500m Grade 8 Boys 1500m	PLEASE NOTE TIME SCHEDULE FOR THIS
100m	11:15 11:23 11:31 11:39 11:47 11:55	QUALIFYING HEATS (5 heats/divi Grade 6 Girls 100m Grade 6 Boys 100m Grade 7 Girls 100m Grade 7 Boys 100m Grade 8 Girls 100m Grade 8 Boys 100m	sion)
400M	12:00 12:10 12:20 12:30 12:40 12:50	TIMED HEATS (3 heats/division) Grade 6 Girls 400m Grade 6 Boys 400m Grade 7 Girls 400m Grade 7 Boys 400m Grade 8 Girls 400m Grade 8 Boys 400m	
100m	1:15 1:17 1:19 1:21 1:23 1:25	FINALS (1 heat/division) Grade 6 Girls 100m Grade 6 Boys 100m Grade 7 Girls 100m Grade 7 Boys 100m Grade 8 Girls 100m Grade 8 Boys 100m	
200m	1:35 1:43 1:51 1:59 2:07 2:15	TIMED HEATS (3 heats/division) Grade 6 Girls 200m Grade 6 Boys 200m Grade 7 Girls 200m Grade 7 Boys 200m Grade 8 Girls 200m Grade 8 Boys 200m	
4 x 100m	2:15 2:23 2:31 2:39 2:47 2:55	Relay TIMED HEATS (3 heats/div Grade 6 Girls 4 x 100m Relay Grade 6 Boys 4 x 100m Relay Grade 7 Girls 4 x 100m Relay Grade 7 Boys 4 x 100m Relay Grade 8 Girls 4 x 100m Relay Grade 8 Boys 4 x 100m Relay	vision)
MEDLEY	3:00 3:15	(800, 200, 200, 400 m) Open Girls Open Boys	

Field Events

SHOT PUT CIRCLE Girls		SHOT PUT Boys	
10:00-10:45 a.m.	Grade 7 Girls	12:15-1:00 p.m.	Grade 7 Boys
10:45-11:30 a.m.	Grade 8 Girls	1:00-1:45 p.m.	Grade 8 Boys
11:30-12:15 p.m.	Grade 6 Girls	1:45 - 2:30 p.m.	Grade 6 Boys
LONG JUMP Girls		LONG JUMP Boys	
10:00-11:00 a.m.	Grade 6 Girls	10:00-11:00 a.m.	Grade 6 Boys
11:00-12:00 a.m.	Grade 7 Girls	11:00-12:00 p.m.	Grade 7 Boys
12:00-1:00 p.m.	Grade 8 Girls	12:00-1:00 p.m.	Grade 8 Boys
TURBOJAV - Boys		TURBOJAV - Girls	
10:00-10:45 a.m.	Grade 8 Boys	12:15-1:00 p.m.	Grade 6 Girls
10:45-11:30 a.m.	Grade 6 Boys	1:00-1:45 p.m.	Grade 8 Girls
11:30-12:15 p.m.	Grade 7 Boys	1:45-2:30 p.m.	Grade 7 Girls

Any questions please contact:

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HWDSB - Athletics