



Highview JUNIOR Track & Field Day
Tuesday May 9th, 2023 (rain date May 10th)

Parents/Guardians,

The **Grades 3-5 students** will take part in a special Highview Track & Field Meet on **Tuesday May 9th**, here at Highview. (weather permitting.

The event will take place during the middle and afternoon part of the day. Students in Grades 3-5 are asked to plan for a day outside. Please think about these items when packing backpacks the day of the event:

- extra water/liquids to prevent dehydration
- extra snack
- suitable clothing for participating in track & field (no cleats of any kind are allowed)
- extra clothing in case of cold, wet conditions or perspiration
- hat, sunglasses, sunscreen

We treat this event as part of the Physical Education component of the educational curriculum and try to promote participation. We celebrate the opportunity to exhibit the fine efforts of our Highview athletes as they have progressed in Physical Education this school year.

Schedule of Events – Times are approximate, it will be a rolling schedule (when the previous event is done the next event starts)

10:50 – 11: 30 – Grade 5, 4, 3 **100 meter**
11:30 -11:50 – Grade 5, 4, 3 **300 meter**
11:50 – 12:15 – Grade 5, 4, 3 **700 meter**

12:15 – 1:00 - **Lunchbreak**
1:00 – 2:00 – **Long jump and Baseball throw**

Mrs. Toth , Grade 2 Teacher

Mr. Fleming, Grade 5 Teacher