





JANUARY

TUESDAY	THURSDAY
Tuesday, January 7th	Thursday, January 9th
<p>Sports Blast Ages 3-5 5:00-5:30pm Watch your little ones explore the fundamentals of movement, locomotion and objects manipulation through games and fun.</p> <p style="text-align: right;">Fun with Science Ages 6-12 5:30-6:15pm Get your goggles on and get ready for some experiment fun!</p> <p>Arts and Crafts Ages 6-12 6:15-7:00pm Creative minds wanted: seasonal themed crafts and activities each week to bring home and enjoy</p>	<p>Exploring Gymnastics Ages 3-5 5:00-5:30pm Come learn the basics of gymnastics through freeze dance, explorative movement and other fun games!</p> <p style="text-align: right;">Gymnastics Ages 6-12 5:30-6:15pm Somersault, cartwheel and bridge with our trained instructor every week!</p> <p>Hip-Hop Ages 6-12 6:15-7:00pm Show us your moves with our trained dance instructor every week!</p>
Tuesday, January 14th	Thursday, January 16th
<p>Exploring Sports Ages 3-5 5:00-5:30pm</p> <p>Fun with Science Ages 6-12 5:30-6:15pm</p> <p>Arts and Crafts Ages 6-12 6:15-7:00pm</p> 	<p>Exploring Gymnastics 5:00-5:30pm</p> <p>Gymnastics 6-12 5:30-6:15pm</p> <p>Hip-Hop 6-12 6:15-7:00pm</p> 
Tuesday, January 21st	Thursday, January 23rd
<p style="text-align: center;">Exploring Sports Ages 3-5 5:00-5:30pm</p> <p style="text-align: center;">Fun with Science Ages 6-12 5:30-6:15pm</p> <p style="text-align: center;">Arts and Crafts Ages 6-12 6:15-7:00pm</p>	 <p style="text-align: right;">Exploring Gymnastics 5:00-5:30pm</p> <p style="text-align: right;">Gymnastics 6-12 5:30-6:15pm</p> <p style="text-align: right;">Hip-Hop 6-12 6:15-7:00pm</p>
Tuesday, January 28th	Thursday, January 30th
<p>Exploring Sports Ages 3-5 5:00-5:30pm</p> <p>Fun with Science Ages 6-12 5:30-6:15pm</p> <p>Arts and Crafts Ages 6-12 6:15-7:00pm</p> 	<p style="text-align: right;">Exploring Gymnastics 5:00-5:30pm</p> <p style="text-align: right;">Gymnastics 6-12 5:30-6:15pm</p> <p style="text-align: right;">Hip-Hop 6-12 6:15-7:00pm</p>

INFORMATION

Eastmount Community Centre
 115 E 26th St
 Hamilton, ON

All programs are free

Come drop-in or stay for the 2 hours. All programs are supervised and instructed by City of Hamilton Recreation Staff and are designed around the traditional programs offered by the Recreation Centres outfitted to the Eastmount community and residents.

Please contact Victoria Kerekesch at 905-546-2424 ext. 5840 or victoria.kerekesch@hamilton.ca for more information

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