



WELCOME TO NORA FRANCES HENDERSON SECONDARY SCHOOL

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LAND ACKNOWLEDGEMENT



Land Acknowledgement

The Hamilton-Wentworth District School Board acknowledges our presence on ancestral Anishinaabe and Haudenosaunee Confederacy land as determined by the Dish with One Spoon treaty.

The intent of this agreement is for all nations sharing this territory to do so responsibly, respectfully and sustainably in perpetuity.

We respect the longstanding relationships with the local Indigenous communities, the Mississaugas of the Credit First Nation and the Six Nations of the Grand River.



Nora Frances Henderson Secondary School

Huskien

ATHLETICS

- Senior Football
- Junior Football
- Junior Volleyball
- Senior Volleyball
- Field Hockey
- Senior Basketball
- Junior Basketball
- Ice Hockey
- Grade 9 Soccer

- Golf
- Varsity Soccer
- Cross Country
- Track and Field
- Ultimate Frisbee
- Badminton
- Grade 9 Touch Football
- Slo-Pitch
- Water Polo

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Nora Frances Henderson Secondary School

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CLUBS and ACTIVITIES

- Student Council
- Choir
- Jazz Band
- Positive Space
- French Club
- Equity Club
- Spirit Squad
- Yarn Arts Club

- Health Action Team
- Music Council
- Poetry Club
- Black Student Union
- Mental Health Club
- Muslim Students Association
- Empower Her (Girls Club)

- Chess Club
- ESL Club
- Trivia Club
- Drawing Club
- French Club
- Drama Club
- Eco Club
- Yearbook

Ontario Secondary School Diploma (OSSD)

- 30 credits (19 compulsory + 11 optional)
- Successful completion of <u>OSSLT</u> written in <u>grade 10</u>
- 40 hours of community involvement (tracking forms available in Guidance office – get approval before starting them)

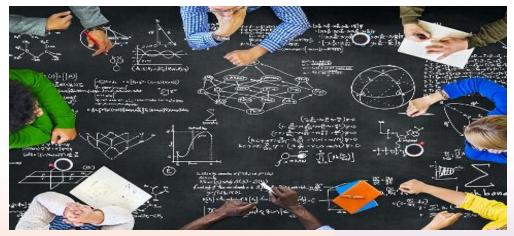
You can start July 1st!



No more Course Types

- Across the province of Ontario, Grade 9 Applied and Academic course types have been eliminated.
- Grade 9 De-streamed math English, Science and Geography
- Grade 9 Academic French

• Locally developed courses available for some students in consultation with their Grade 8 teacher.



eLearning Requirement for Graduation

- Students must complete a **minimum of TWO** eLearning courses as part of their 30 credits for graduation.
- Courses can be compulsory or elective, summer or day school
- Students can request to opt out of the online learning requirement by completing a form in the Parent Portal.

19 Compulsory Course Requirements for OSSD

- 4 English
- 3 Mathematics (1 at senior level)
- 2 Science
- 1 French
- 1 Canadian History
- 1 Canadian Geography
- 1 Arts (Visual, Media, Music, Drama)
- 1 Health and Physical Education
- 1 Technology
- .5 Civics
- .5 Career Studies

- 1 additional credit in English OR a Third Language OR Humanities, Social Studies OR Canadian and World Studies OR Guidance & Career Education OR Co-operative Education
- 1 additional credit in Science (grade 11 or 12) OR Technology (grade 9-12) OR Cooperative Education
- 1 additional credit in Health and Physical Education OR Business Studies OR The Arts OR Co-operative Education



Nora Frances Henderson Course Planner

Grade 9	Grade 10	Grade 11	Grade 12
English	English	English	English
Math	Math	Math	
Science	Science		
Geography	History		
French	Civics/Careers		
Tech*	Tech*	*One tech course must be completed in grade 9 or 10.	
Phys Ed**		** One arts and phys ed class must be completed	
Arts**		before graduation. (recommended gr 9)	

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In Grade 9...Students choose <u>ANY 3</u> of the following electives *Satisfies mandatory art credit.

- Visual Art*
- Drama*
- Dance*
- Music*
- Music Repertoire*
- Fitness
- Mindfulness
- Phys Ed

- Computer Tech and Skilled Trades
- Technology and Skilled Trades
- Entrepreneurial Mindset (Business)
- Exploring Family Studies
- Spanish
- Gap Closing Math

Visual Art – AVI101

- ✓ Students will become familiar with the elements and principles of design and the expressive qualities around creativity in visual art
- ✓ Colour theory, sketch books, drawing and shading techniques, teaching the use of perspective in visual art
- ✓ Use of different media and techniques ie. Clay



Drama-ADA101

- ✓ Students will use the elements of drama to examine situations and issues that are relevant to their lives.
- ✓ Creative movement
- **√**Improv
- ✓ Monologues
- ✓ Screen writing and script development



Dance-ATC101

- ✓ Students will generate movement through structured and unstructured improvisation
- ✓ demonstrate an understanding of safe practices with regard to themselves and others in the dance environment, and identify the function and significance of dance within the global community.



Music-AMU101

- ✓ Students will develop musical literacy skills by using the creative and critical analysis processes in composition, performance, and a range of reflective and analytical activities.
- ✓ Students will develop an understanding of the conventions and elements of music and of safe practices related to music, and will develop a variety of skills transferable to other areas of their life.



Music Repertoire – AMR101

- ✓ Students demonstrate their knowledge of music conventions through playing in an instrumental ensemble
- ✓ Dates and times to be determined (before/lunch/after school) at the beginning of the school year. Students must take an additional eight courses.



Phys Ed-PPL101M/F

PPL1O course equips students with the knowledge and skills they need to make healthy choices now and lead healthy, active lives in the future. Through participation in a wide range of physical activities, students develop knowledge and skills related to movement competence and personal fitness that provide a foundation for active living.







Fitness—PAF101T

- ✓ Students will be encouraged to develop personal competence in a variety of movement skills, and will be given opportunities to practice goal-setting, decision-making, coping, social, and interpersonal skills. This course is all gender.
- **✓ Physical Fitness**
- **✓** Goal Setting
- **✓ Making Healthy Choices**
- **✓ Cardio Health**
- ✓ Aerobic and Weight Training



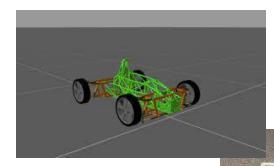
Mindfulness-PAR101

- ✓ This course equips students with the knowledge and skills they need to make healthy choices now and lead healthy, active lives in the future. Through participation in a wide range of physical activities, with a focus on mindful movements, students develop knowledge and skills related to movement competence and personal fitness that provide a foundation for active living.
- ✓ Students also acquire an understanding of the factors and skills that contribute to healthy development and learn how their own well-being is affected by, and affects, the world around them. Students build their sense of self, learn to interact positively with others, and develop their ability to think critically and creatively, with a focus on mindfulness in everyday life.
- √ This course is open all gender



Technology and Skilled Trades TAS101

- ✓ design and create products and/or provide services related to the various technological areas or industries, working with a variety of tools, equipment, and software commonly used in industry.
- ✓ Students work on hands on projects related to real world problems
- ✓ Intro to construction technology
- ✓ Intro to automotive technology
- ✓ Intro to manufacturing



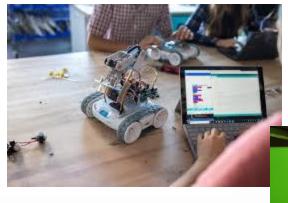




Computer Technology and Skilled Trades TEJ101

- ✓ This exploratory course introduces students to concepts and skills in computer technology, which encompasses computer systems, programming, as well as electronics and robotics. Intro to technological design
- ✓ Intro to computer engineering
- ✓ Intro to communications
- ✓ Intro to technological design







Spanish-LWSBD1

This course is designed to enable students to begin to communicate with native speakers of Spanish. They will also continue to explore aspects of the culture of countries where Spanish is spoken by taking part in community-sponsored events and activities.



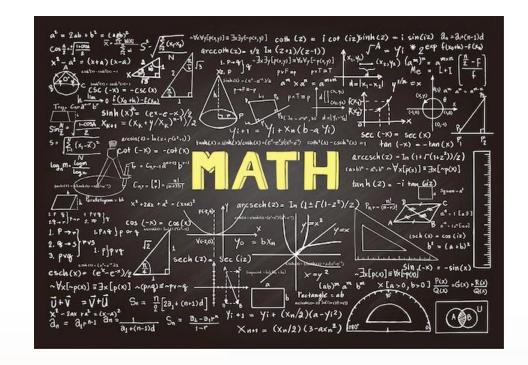
Entrepreneurial Mindset —BEM101

- ✓ Entrepreneurship
- ✓ Digital tools
- ✓ Designing creative solutions
- ✓ Adapting to Change
- ✓ Addressing financial constraints
- ✓ digital literacy, effective electronic research and communication skills, and current issues related to business and entrepreneurship



Gap Closing Math – GLS101

✓ This course focuses on strengthening foundational mathematical concepts. It is designed to prepare students to succeed in the Grade 9 Destreamed Math. GLS101 is offered first semester of Grade 9 and will lead into the Grade 9 destreamed math course which will be taken during semester 2 of Grade 9.



Typical Grade 9 Timetable

Timeframe	Semester 1 Sept – Jan	Semester 2 Feb - June
Timeframe 1 8:45 – 10:00	English	Drama
Timeframe 2 10:05 – 11:20	Science	Mathematics
Timeframe 3 11:25 – 12:40	Technology	French
Timeframe 4 12:40 – 1:55	Lunch	Lunch
Timeframe 5 2:00 – 3:15	Geography	Physical Education

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Specialist Programs at NFH

Consider the following that may lead to a Specialist High Skills Major (SHSM) that begin in grade 11:

- Information and Communications Technology
- Justice, Community Safety and Emergency Services
- Construction Technology
- Manufacturing Technology
- Cosmetology
- Transportation Technology

http://www.hwdsb.on.ca/learning/scc

Option Sheet Process for Henderson Feeder Schools

Xello website open for Option Entry: February 6th, 2024



Deadline for options to be input into Xello: March 1st, 2024

*Timetables will be communicated to students in August, 2024

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Thank you! You are the Henderson **Graduating Class of** 2028



Your Future Awaits!



