



Grade 8 Option Sheet Information



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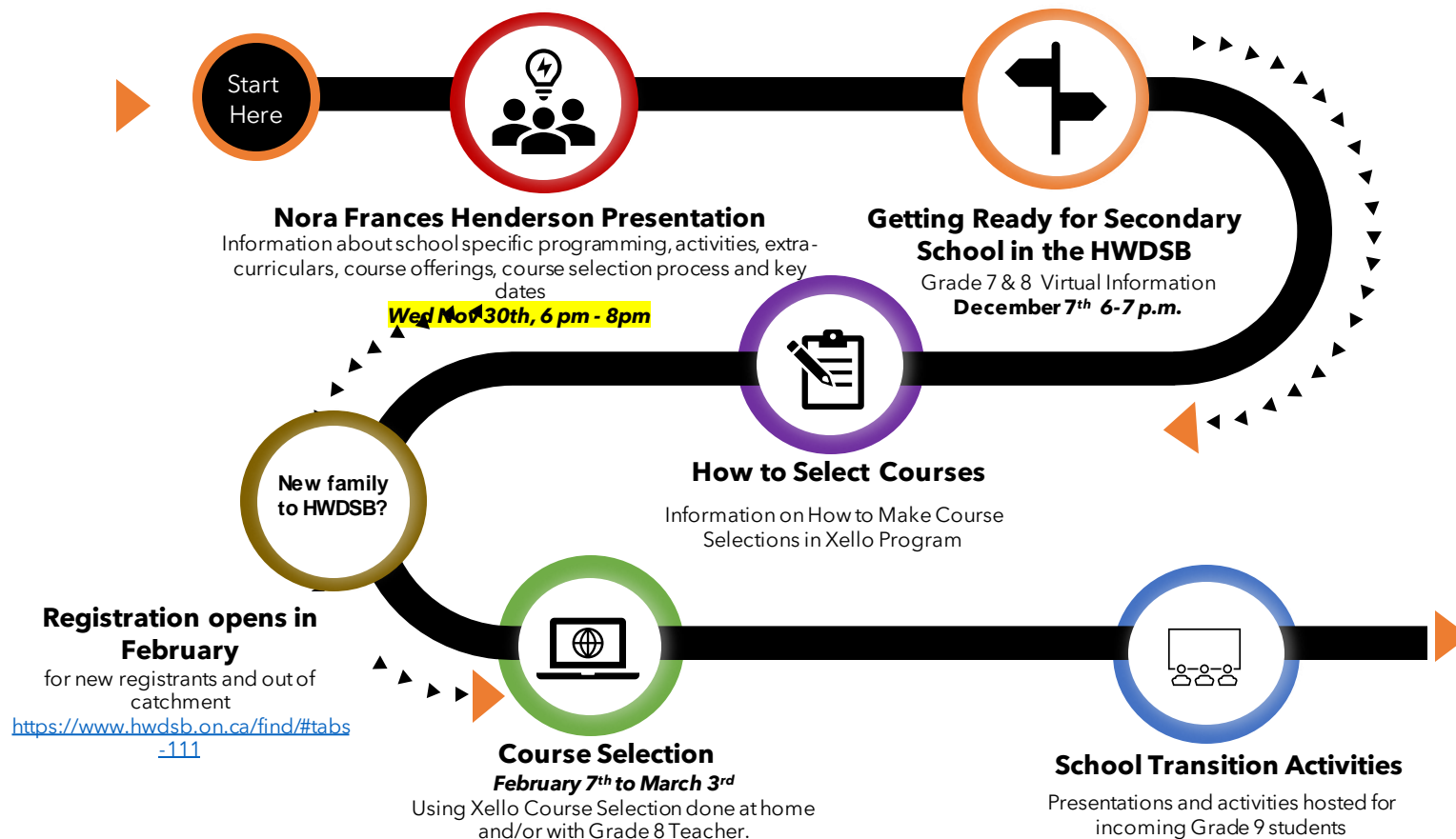


AGENDA

1. Welcome
2. What do I need to graduate?
3. What courses can I take in grade 9?
4. How to choose my courses?
5. Key Dates and Next Steps



PREPARING FOR GRADE 9 ROADMAP





Nora Frances Henderson SECONDARY SCHOOL



**Ontario Secondary School
Diploma (OSSD)**



Nora Frances Henderson SECONDARY SCHOOL

Ontario Secondary School Diploma (OSSD)

- **30 credits – 18 compulsory and 12 elective**
- **40 Community Involvement hours (YOU CAN START IN JULY)**
- **Ontario Secondary School Literacy Requirement (OSSLT/OSSLC) – Grade 10**





eLearning Requirement for Graduation

- Students must complete a **minimum of TWO** eLearning courses as part of their 30 credits for graduation.
- Courses can be compulsory or elective, summer or day school
- Students can request to opt out of the online learning requirement by completing a form in the Parent Portal.

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A note about eLearning.....

- **Asynchronous** and taken during a period(s) during your schedule
- Courses completed 'virtually' through the HUB and supported by an OCT instructor
- Talk to your Teacher and Guidance Counselor about eLearning and how it might work for you



18 Compulsory Course Requirements for OSSD

- 4 English
- 3 Mathematics (1 at senior level)
- 2 Science
- 1 French
- 1 Canadian History
- 1 Canadian Geography
- 1 Arts (Visual, Media, Music, Drama)
- 1 Health and Physical Education
- .5 Civics
- .5 Career Studies
- 1 additional credit in English OR a Third Language, First Nations, Metis and Inuit Studies, OR Humanities, Social Studies OR Canadian and World Studies OR Guidance & Career Education OR Co-operative Education
- 1 additional credit in Science (grade 11 or 12) OR French Second Language OR Technology (grade 9-12) OR Co-operative Education
- 1 additional credit in Health and Physical Education OR Business Studies OR The Arts OR French Second Language OR Co-operative Education



Henderson OSSD Compulsory Course Planner

<u>Grade 9</u>	<u>Grade 10</u>	<u>Grade 11</u>	<u>Grade 12</u>
English	English	English	English
Math	Math	Math	
Science	Science		
Geography	History		
French	Careers/Civics		
Art (recommended Grade 9 or 10)			
Physical Education (recommended Grade 9 or 10)			

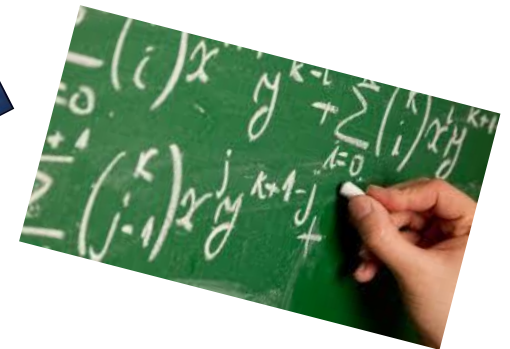
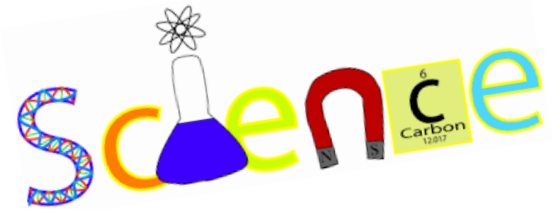
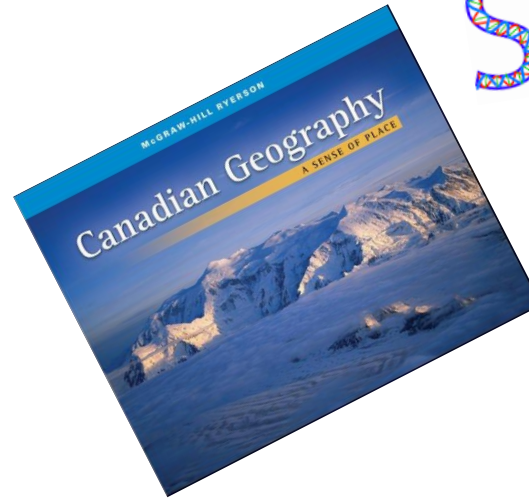


Nora Frances Henderson SECONDARY SCHOOL

Grade 9 Compulsory Subjects

The FIVE Compulsory credits are:

- English
- Math
- Science
- French
- Geography





In Grade 9...Students choose ANY THREE of the following electives

ART - DANCE	INTERNATIONAL LANGUAGE - INTRO TO SPANISH(eL)
ART- DRAMA	PHYSED FITNESS – OPEN ALL GENDER
ART- VISUAL	PHYSED COURT SPORTS – OPEN ALL GENDER
ART – PHOTOGRAPHY (EARNING ONLY)	PHYSED MINDFULNESS – OPEN ALL GENDER (EARNING ONLY)
MUSIC/MUSIC FOR BEGINNERS	PHYSED – IDENTIFIES AS MALE
MUSIC REPERTOIRE - *9TH CREDIT	PHYSED- IDENTIFIES AS FEMALE
BUSINESS – INFORMATION TECHNOLOGY(eL)	EXPLORING TECHNOLOGIES – AUTO, CONSTRUCTION, MANUFACTURING, COMMUNICATIONS TECH.
EXPLORING FAMILY STUDIES(eL)	EXPLORING TECHNOLOGIES – STEM FOCUS (STEM PROGRAM)



Visual Art – AVI101

- ✓ Students will become familiar with the elements and principles of design and the expressive qualities around creativity in visual art
- ✓ Colour theory, sketch books, drawing and shading techniques, teaching the use of perspective in visual art
- ✓ Use of different media and techniques ie. Clay





Drama— ADA101

- ✓ Students will use the elements of drama to examine situations and issues that are relevant to their lives.
- ✓ Creative movement
- ✓ Improv
- ✓ Monologues
- ✓ Screen writing and script development





Dance– ATC101

- ✓ Students will generate movement through structured and unstructured improvisation
- ✓ demonstrate an understanding of safe practices with regard to themselves and others in the dance environment, and identify the function and significance of dance within the global community.





Music– AMU101

- ✓ Students will develop musical literacy skills by using the creative and critical analysis processes in composition, performance, and a range of reflective and analytical activities.
- ✓ Students will develop an understanding of the conventions and elements of music and of safe practices related to music, and will develop a variety of skills transferable to other areas of their life.





Music Repertoire– AMR101

- ✓ Students demonstrate their knowledge of music conventions through playing in an instrumental ensemble
- ✓ Dates and times to be determined (before/lunch/after school) at the beginning of the school year. Students must take an additional eight courses.





Integrated Technology –BTT101

- ✓ word processing
- ✓ spreadsheet
- ✓ database
- ✓ desktop publishing, presentation software
- ✓ website design skills.
- ✓ digital literacy, effective electronic research and communication skills, and current issues related to the impact of information and communication technology.



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Exploring Family Studies – HIF101

- ✓ Develop interpersonal, decision-making, and practical skills related to daily life.
- ✓ Identifying my personal skills
- ✓ Practical family skills
- ✓ Healthy families in society
- ✓ Managing personal resources



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Fitness– PAF101T

- ✓ Students will be encouraged to develop personal competence in a variety of movement skills, and will be given opportunities to practice goal-setting, decision-making, coping, social, and interpersonal skills.
- ✓ Physical Fitness
- ✓ Goal Setting
- ✓ Making Healthy Choices
- ✓ Cardio Health
- ✓ Aerobic and Weight Training





Court Sports– PAL101B

- ✓ This course emphasizes regular participation in court sports of basketball and volleyball in order to promote lifelong healthy active living.
- ✓ It combines skill drills, half court scrimmages, and full court games to improve basic skills, game play, and endurance. ‘
- ✓ This course is open all gender



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Intro to Spanish– LWSBD1

- ✓ This course is designed to enable students to begin to communicate with native speakers of Spanish.
- ✓ They will also continue to explore aspects of the culture of countries where Spanish is spoken by taking part in community-sponsored events and activities.



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Exploring Technology– TIJ101

- ✓ design and create products and/or provide services related to the various technological areas or industries, working with a variety of tools, equipment, and software commonly used in industry.
- ✓ Intro to construction technology
- ✓ Intro to automotive technology
- ✓ Intro to manufacturing
- ✓ Intro to communication technology
- ✓ Intro to tech design



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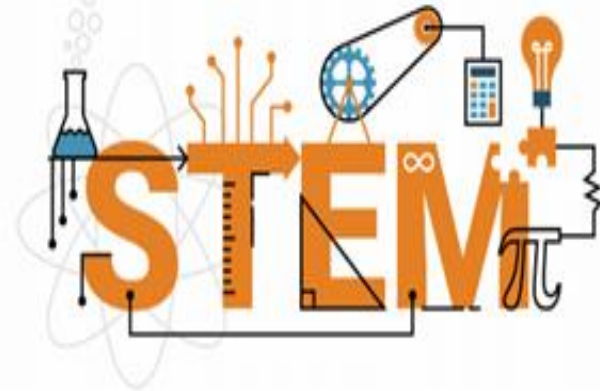


Exploring Technology– **TIJ1O1ST**

- ✓ Design and create products and/or provide services related to the various technological areas or industries, working with a variety of tools, equipment, and software commonly used in industry.
- ✓ Intro to **computer engineering**
- ✓ Intro to **computer science**
- ✓ Intro to **manufacturing**
- ✓ Intro to **tech design**
- ✓ **Enrichment style focus course for students in STEM program**



Henderson STEM Focus Program
September 2020 – Grade 9 Introduction to STEM



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Typical Grade 9 Timetable

Timeframe	Semester 1 Sept – Jan	Semester 2 Feb - June
Timeframe 1 8:45 – 10:00	English	Drama
Timeframe 2 10:15 – 11:30	Science	Mathematics
11:30 – 12:20	Lunch	Lunch
Timeframe 3 12:20 – 1:35	Exploring Technologies	French
Timeframe 4 1:45 – 3:00	Geography	Physical Education

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Specialist Programs for Grade 9

STEM – Science Technology Engineering and Math

- Begins in Grade 9
 - Application required to be submitted with option sheet
 - Students take STEM Math, STEM Science and STEM Technology in grade 9 .
 - Enriched pathway with focus on Math, Science real world problem solving in Technology.
 - Students earns STEM certificate and engage in pathway planning for post-secondary programs in STEM.



Henderson STEM Focus Program
September 2020 – Grade 9 Introduction to STEM



<http://www.hwdsb.on.ca/learning/scc>

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Beyond Grade 9... Pathways



Grade 9 -Introduction to
Secondary School.
Understanding your Pathways .



Grade 10 - Assess interests,
explore post-secondary
destinations and Careers



Grade 11/12 - Choosing courses
that match your interests and
future post-secondary pathways.

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Specialist High Skills Major

SPECIALIST HIGH SKILLS MAJOR



Ontario.ca/SHSM

The **Specialist High Skills Major (SHSM)** is a specialized program that allows students to gain credits toward their Ontario Secondary School Diploma and focus their learning on a specific economic sector at the same time. **The program begins in GRADE 11.**

Students receive the SHSM seal on their diploma when they:

- complete a specific bundle of **8-10 courses** in the student's selected field
- earn industry **certifications** like first aid and CPR qualifications
- gain important skills on the job through **cooperative education** placements

<http://www.hwdsb.on.ca/learning/scc>

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Specialist Programs at NFH beyond Grade 9

Consider the following that may lead to a Specialist High Skills Major (SHSM) that begin in grade 11:

- Information and Communications Technology
- Justice, Community Safety and Emergency Services
- Construction Technology
- Manufacturing Technology
- Hospitality and Tourism – Hairstyling/Aesthetics (September, 2022)
- Transportation Technology

<http://www.hwdsb.on.ca/learning/scc>

School Athletics

Sports, such as...

- Baseball
- Basketball
- Cross-Country
- Field Hockey
- Football
- Hockey
- Soccer
- Track and Field
- Volleyball
- Plus more....





Special Education Services

Learning Resource staff:

- Provide academic, social and emotional supports to students with IEP
- Work collaboratively with elementary counterparts to ensure a smooth transition of IEP
- Liaison between school and home
- Provide additional support for student pathway planning

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Option Sheet Process

Key Timelines

- Henderson staff visit feeder schools – Now!
- Option Entry from **Feb. 7th to March 3rd** through Xello
- **March 3rd, 2023**– Students in Henderson feeder schools complete options in Xello. Henderson is CLOSED to out-of-catchment for the 2023-2024 school year.



**Complete your
Option Sheet on
Xello or Submit via
email between
February 7th to
March 3rd**

- 30 credits (18 co
- Two (2) courses
- Successful comp
- 40 eligible Com

At Henderso

Academic Courses (D) can lead to
Consolidated Course (W) can lead to
Open Courses (O) can lead to app
STEM Focus Program (ST) for stu
eLearning (eL) are asynchronous courses offered online and meet the same curriculum expectations as in-person

ten in Grade 10
approval before starting)
for planning

destinations.
ice destinations.
inations (electives only)
am. Application must be attached.

COURSE PLANNER



To Be Completed in

Xello Planner NO LATER

than

March 3rd, 2023

Required

Ontario

18 / 30

Requirements

All Requirements

anned

☐ Remaining

Suggestions

GRADE 9

10 Credits

English
ENG1D1E | English 9

1 cr.

Mathematics - Essential
MAT1L1 | Math 9

1 cr.

English
ENG2D1E | English 10

1 cr.

Principles of Mathematics
MPM2D1eL | Math 10

1 cr.

+

1 cr.

+

Add Math 11
1 cr.

GRADE 12

0 Credits

+

Add English 12
1 cr.

+

Add Elective 12
9 Credits remaining

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Tips for Parents/Guardian/Caregivers

- Help your student to be mindful of the destination, but focus primarily on the journey
- Remember that pathways are changeable and flexible. As interests, skills and aptitudes develop and mature there will be opportunities to re-chart the pathway.
- A successful grade 9 year is the most important goal!

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Consider Your Pathway



- Start thinking about life after high school ...will it include:
 - An apprenticeship
 - College
 - University
 - The workplace
 - Community Living
- By the end of Grade 9 all students should understand their available pathways!

HWDSB

GRADE 7 & 8

INFORMATION NIGHTS

*Session Two: How to Select Grade 9 Courses
January 26th, 2022 6PM*

*Getting Ready for High School - Virtual Information Session
Join the online meeting: <https://hwdsb.info/HS-courses>*





Nora Frances Henderson SECONDARY SCHOOL

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Website for
Updates!



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Option Information for Grade 8 Students

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Option Information for Grade 8 Students

A+

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[Grade 7/8 Welcome Night Presentation](#)

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Updated January 30, 2023

Nora Frances Henderson is CLOSED to Out-of-Catchment requests for September 2023 registrations.

Please review the following links for information on the 2023-2024 [Option Sheet](#) process.

Nora Henderson Catchment School students:

- Students will complete their options on Xello at their home school and submit options online.
- Option entry may be completed between **February 7, 2023 and March 3, 2023**. All options are to be submitted in Xello **no later than March 3rd, 2023**.
- [Gr 8 Option Sheet 2023-2024 \(pdf\)](#)



Thank you!
You are the
Henderson
Graduating Class of
2027

Questions

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Nora Frances Henderson SECONDARY SCHOOL

Contact Us Anytime!

- **Silvana Melatti -Guidance**
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- **Kevin Robinson- Student Success**
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