Mental Health Awareness Spirit Week!

May 1st to 5th

Monday May 1st	Tuesday May 2 nd	Wednesday May 3 rd	Thursday May 4 th	Friday May 5 th
Express YOURSELF Wear your favourite colours, patterns, sequins glitter to brighten everyone's day and yours!	Favourite Team Day Wear a t shirt or jersey of your favourite team OR favourite team colours.	Walking Wednesday Wear your comfiest shoes to school today.	Dress to impress day! Dress up in your favourite fancy clothes to impress.	Comfy day Wear your comfiest clothes or even jammies that make you feel good.
everyone's dudy and yours.	COTOMYS.			