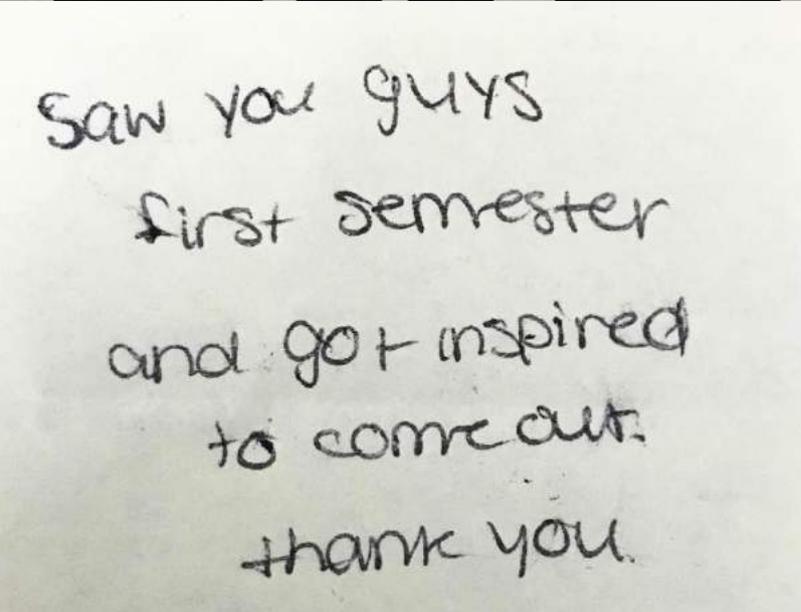
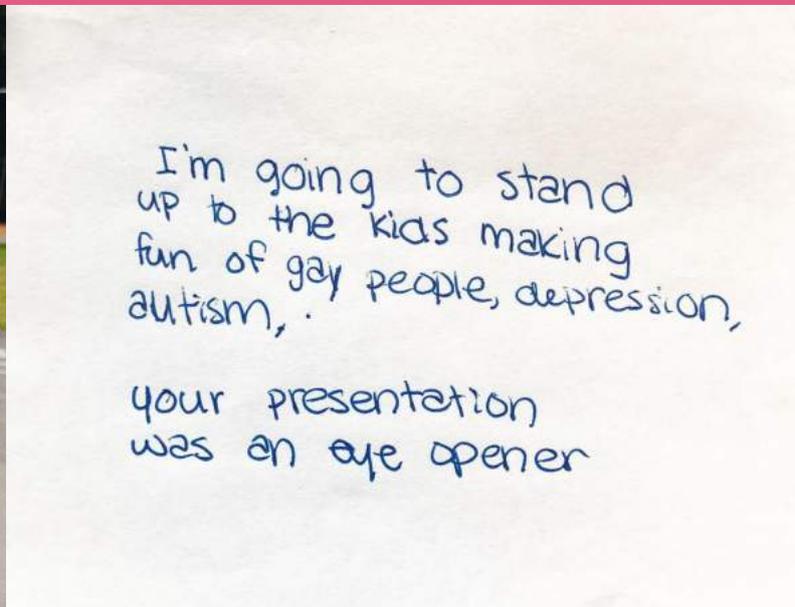


the
get
Real
move-
ment

INCLUSIVITY WORKSHOP



BUILDING COMPASSION THROUGH SHARING STORIES

GET REAL OVERVIEW



THE GET REAL TEAM!

WHO ARE WE?

Get REAL is a Canadian non-profit organization whose mission is to combat 2SLGBTQ+ discrimination and bullying in schools, summer camps, and workplaces across Canada.

We accomplish this by offering inclusivity workshops and by providing leadership development through our university chapter program and high school leadership program across North America. Our programming aims to break down prejudice, promote unity, and foster compassion in our world.

We are growing every year, and have now worked with over 250,000 students across 8 provinces and 3 states, and had our work featured on CTV, Global News, and The National Post. We have built a team of young, passionate, relatable facilitators who perform to exceptional results and feedback. We are proud of the program we have built, and inspired by the students we work with.

LINKS

 [@getrealmovement](https://www.instagram.com/getrealmovement)

 [@getrealmovement](https://twitter.com/getrealmovement)

 facebook.com/wegetreal

 www.thegetrealmovement.ca

*“As a gay student, I appreciate from the bottom of my heart that there are organizations and presentations like these”
- Anonymous Student*



INCLUSIVITY WORKSHOPS SUMMARY

WHAT GOES INTO A WORKSHOP?

- Learning from the **lived experiences** of young and relatable 2SLGBTQ+ & ally facilitators through open and honest story sharing
- Building **empathy**, compassion & peer support
- Unlearning 2SLGBTQ+ discrimination & harmful language
- Understanding that everyone has **unique challenges** in their lives, a story to share, and a chance to impact someone else's life for the better
- Not shaming or judging others
- Opening up and **having fun**

HOW DO WE DO THIS?

A diverse facilitating team

Our workshop teams are made up of young, relatable speakers who share different lived experiences.

Interactive activities

We provide activities that the students drive, not us, that touch on harmful language, understanding the challenges of others, reflecting on the past, and bringing hope to the future.

Follow up

We provide educators with 10 curriculum pieces to help ensure the message continues to spread following our visit, as well as providing support to safe space groups or any group of interested students.

“With their inclusive and thoughtful presentation, they were able to do more in a few hours than our GSA could do in months - allowing students to be open, ask questions, and think about what connects us all as human beings. The energy in the room was palpable and powerful”

-Sarah Flynn, Teacher

STUDENT FEEDBACK + CONTACT

feedback: I promise
I will never define a
person by their sexuality.

I learned that
being gay or
lesbian is o.k
I feel happy

I learned that
having questions about
my sexuality is normal
and ok and that
makes me happy

I learned that people are
not always the gender they
born and inside they could
different.

you ~~too~~ seem and act like pretty
cool guys and you have made
me look at bisexuals and gays
in a different way and I will
treat them a lot ~~of~~ better.

You have inspired me
not to use offensive
language towards gay people
and not use the word
fag or gay as an insult

Max's story
helped me
understand
trans. people
better, I
get it now.

I want to thank
Marley and Chris
for doing something
like this. Being
Gay myself, this
really makes my
confidence boost.
Thank you.

**To book a workshop, or for more
information, please contact:**

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Executive Director**

**marley.bowen@thegetrealmovement.com
902.698.1510**