

**MARCH:**

2 - PA DAY

12 to 16 - March Break

30 - Good Friday

**APRIL:**

2 - Easter Monday

**THE  
GAZETTE**

## PRINCIPAL'S MESSAGE

Glenwood is the place to be on Thursday, March 1<sup>st</sup> as we celebrate **Family Fun Night!** Everyone is invited to have a fun evening together. It is a great night to enjoy our Glenwood Community that includes present and past students, school staff, families, friends, neighbours, and System Support Staff from the HWDSB. We will also have representatives from the **Ron Joyce Children's Health Centre, CHOICES, Cornerstone Support Services, Developmental Services of Ontario** and **Autism Ontario**. There will be games and crafts for students (and adults), door prizes, a popcorn machine and snacks! We will also have our friends from Corktown to entertain us with some fun music that will get everyone moving. We are also having an Art Exhibit of work done by our students. Following our Glenwood Family Fun night, some of the art will be taken to the Ron Joyce Children's Health Centre for display and auction. You may see something amazing that you will want to bid on! We hope to see you all on March 1<sup>st</sup> between 6-8 pm. A special thanks goes out to Penny Parry, Elyse Pelletier and Glenwood School Council.

Over the next few weeks, you will be receiving a 'draft' copy of your child's updated/revised **Individual Education Plan**. Please make notes, edits, ask questions and connect with your child's classroom teacher to discuss this 'living document'. We want to ensure that we are all working together for your child's learning. We will also be scheduling times for us to meet as we will be holding the **Annual Reviews** of your child's **IPRC**. This is an important time to review your child's Identification/Placement and receive an update on their programming. We will do our best to accommodate your schedule to have you attend. We can even do a teleconference with you!

And finally, our theme this month in our Newsletter will be on **ACTION!** It is so exciting to see our students *'on the move'* in and around Glenwood getting exercise and activity. It was also great for our staff to be active last month as we played ringette against the **Special Olympic Team** out of Spencer Valley. Special thanks to Devin Cowan, for organizing this event and arranging our next games in April. It was so encouraging to realize that lots of the Special Olympic Team were former Glenwood Students.

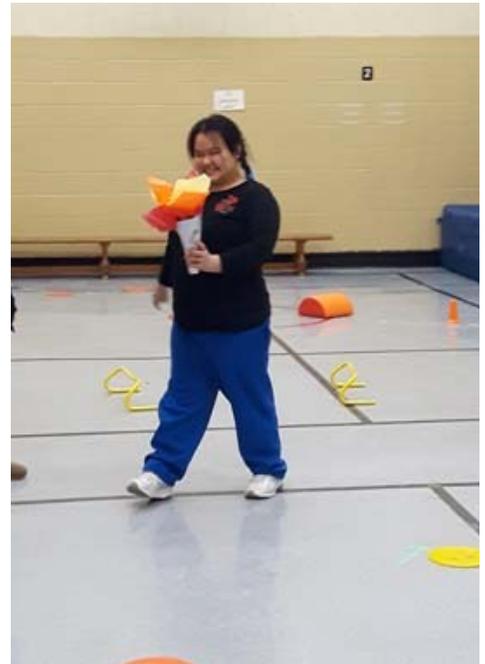
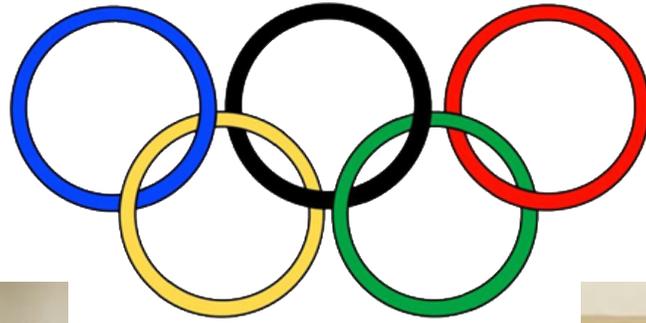
We hope to see many of you at Family Fun Night as we celebrate Glenwood together! And as you read this month's Newsletter and learn more about how **ACTIVE** we have all been, please see the thread of programming we are weaving with **ACTIVITY** and our focus on **COMMUNICATION, LIFESKILLS, INDEPENDENCE** and **TRANSITIONS**. Glenwood continues to be a *'a special place to learn and be active!'*

*Todd Graves,*  
*Vice Principal,*  
*Glenwood Special Day School*

Glenwood students, staff and friends were active this month, participating in a two-game ringette playoff against the Flamborough Flyers, a Special Olympic team coached by Casey Duffy from Mount Albion. In the first game, your Glenwood Gators drew a tie! Unfortunately, the Gators came up short in the second game, losing 4-3 in the final nailbiting minutes of a tough battle. A rematch has been scheduled for April in hopes of a better fare against a strong opponent. Big thanks to everyone who participated to make the even happen.



# GLENWOOD



# Get Active



## **S** *Student Successes in Room 6*

The halls of Glenwood can be a busy place - students walking and riding bicycles, heading from place to place and activity to activity! Once a month we host Sheila from the Westdale branch of the Hamilton Public Library, and she reads stories, sings and entertains our students in the gym. This month, D transitioned from our class to the gym by walking with staff assistance, and then used his stander for Sheila's visit before walking back to class. D moves around the school every day by walking and by riding his bicycle, and by giving our students a reason for being physically active we can make physical activity meaningful.

~ Ken Cameron, Room 6

## **K** *Keeping Room 3 Moving!*

Staying active can be challenging particularly for our friends in wheelchairs. While we regularly go to the gym for SNAP activities, students remain seated in their chairs. Time in Gross Motor with Sue, our Kinesiologist allows for position changes that would not be possible in the classroom or Snoezelen Room. Our class visits her four times a week, giving students the afternoon to stretch and move. Depending on the needs of our students they can be laying on a mat or up in their standing frames to stretch and weight bear. Others can be seen in their walkers exploring the school and greeting staff along the way! Much like programming is a team effort within our classroom, keeping everyone active at Glenwood involves teamwork and the dedication of various staff members!

~ Ivan Quach, Room 3

## **W** *e Like to Move It, Move It*

Room 4 is taking full advantage of the nicer weather! On February 27th we went on our first “Neighbourhood Walk” of the season. Our students enjoyed the fresh wind on their faces and warm sun above. They were able to smell the crisp air, say hello to neighbours and we even saw little tulips popping up. Staying active in our community and enjoying the signs of Spring will continue to be a big focus for Room 4. One student was absent and unable to go on our Neighbourhood Walk, but that didn’t stop her from being active this month! M deserves a big shout out for being active and successfully riding a school bike for the first time this year. She is currently able to do 5 laps of our school hallways and continues to impress us each time she is on the bike. Way to go to our Room 4 ‘Walk and Rollers!’

~ Sherri Beckerson, Room 4

## **C** *reatively Active*

Room 2 incorporates the important life skill of Daily Physical Activity through physical activity movement breaks and songs (Brain Breaks), fine motor activities (pulling, pressing, stretching, squishing, etc), gross motor programming (stretching and working muscles while in standers) and the SNAP Physical Activity program in our school where one student has recently discovered the joy of running.

~ Angela Saccomano, Room 2

## **A** *lways on the Move!*

The students in Room 10 are a class on the move! Our students have been working hard to develop their ability to transition independently from our classroom to the Glenwood Apartment to do their lifeskills and daily chores, Discovery Room, Snoezelen Room and other various locations throughout Glenwood with great success. During our gym time, it has been great to see our students participate in the SNAP program and explore the various physical education equipment that Glenwood has to offer while getting exercise. We are so proud of the hard work and progress we are seeing from the boys in Room 10. Keep up all the hard work!

~ Devin Cowan, Room 10

# ***S*taying Active in Gross Motor**

*"If it doesn't challenge you, it doesn't change you." -Fred Devito*

The snowy (and rainy!) weather hasn't stopped us from being active in gross motor! We can continue to **transition** throughout the building using walkers and adapted tricycles even when it's storming outside. A number of the students also use standing frames as an opportunity not only to get out of their wheelchairs and weight-bear, but also to participate in activities while in an upright position.

~ Sue MacMillan, R.Kin., School Kinesiologist

# ***K*keep Moving**

Every day, our classroom is busy demonstrating their independence in and outside of the classroom. One student loves to show off his gross motor skills by pedalling the Freedom tricycle around the school halls. Another student enjoys exploring the playground area by walking up and down the hills, going down the slide and swinging in the bucket swing. Lastly, another student smiles from ear to ear when he bounces on the yoga ball as a preferred activity. Way to go Room 12!

~ Laura Bruch, Room 12





# March

			<b>1</b> <b>Family Fun Night</b>	<b>2</b> <b>PA DAY</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b> <b>Day 4 - Activity</b>
<b>12</b> <b>March Break</b>	<b>13</b> <b>March Break</b>	<b>14</b> <b>March Break</b>	<b>15</b> <b>March Break</b>	<b>16</b> <b>March Break</b>
<b>19</b>	<b>20</b> <b>Day 4 - Spring Bingo</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>26</b> <i>Epilepsy Awareness</i>	<b>27</b>	<b>28</b> <b>Art Auction at Ron Joyce 2-8pm</b>	<b>29</b> <b>Day 4 - Spring Scavenger Hunt</b>	<b>30</b> <b>Good Friday</b>

Upcoming Important Dates:

Easter Monday - April 2