

Community Weekly Update 2022-2023

# **Community Weekly Update September 12-16**

| Monday, September 12    | Day 5 |   |
|-------------------------|-------|---|
| Tuesday, September 13   | Day 1 |   |
| Wednesday, September 14 | Day 2 |   |
| Thursday, September 15  | Day 3 | <ul> <li>School Welcome Back Assembly Grades 1-8</li> <li>1:15PM Fire Drill</li> </ul>                |
| Friday, September 16    | Day 4 | <ul> <li>NYA:WEH Program 1<sup>st</sup> &amp; 2<sup>nd</sup> Nutrition Break<br/>(Gr. 6-8)</li> </ul> |

Upcoming Events/Activities

**\*\***School Council Meeting: Wednesday, September 28 6:00PM at Gatestone (Location Learning Commons area)

\*\*Open House: Wednesday, October 12 5:00PM-6:30PM

## **Community Updates**

### **Re-Imagining Wellness**

Across HWDSB, we are also reintroducing a welcoming, inclusive initiative to help students as they return to school. Reimagining Wellness 2.0 is a series of activities and lessons which address needs arising during the pandemic.

Educators select various engaging and inclusive lessons to support student well-being. Educators work through a series of activities based on the following three areas;

- 1. Community and Team Building
- 2. Physical Activation
- 3. Social/Emotional Skill Development

Below is an example of this week's choices and theme. Teachers will teach for a total of 90 minutes a day, three lessons (30 min each), to support student wellness and a safe and inclusive

classroom. Last week our theme was based on Building Strong and Safe Foundations: **Personal Identity.** This week lessons will focus on collective identity.



# **Reimagining Wellness 2.0**

WEEK 2 - Building Strong & Safe Foundations: Collective Identity SEMAINE 2 - Construire des fondations solides et sûres : L'identité collective



| HWDSB                             | KINDERGARTEN/<br>MATERNELLE  | English   | Français  |
|-----------------------------------|--|---|---|
| No.                               | Community & Team<br>Building /<br>Communauté et<br>renforcement d'équipe                                   | <ul> <li>Math: Building Shapes</li> <li>All About Me</li> <li>Ball Toss Name Game</li> <li>Illusions</li> <li>Listen Hear</li> <li>Outdoor Learning: Not a Stick</li> </ul> | Les Maths : Construire des formes     Tout sur moi     Jeu de nom lancer de balle     Illusions     Écouter/Entendre     Pas un bâton   |
| *                                 | Physical Activation /<br>Activation physique   | <ul> <li><u>Hot Potato</u></li> <li><u>Keep it Clean</u></li> <li><u>Line Up Continuum</u></li> <li><u>Moving on the Spot</u></li> <li><u>Wiggly Bodies</u></li> </ul>      | <ul> <li>Patate chaude</li> <li>Gardez-le propre</li> <li>Continuum de la ligne</li> <li>Se déplacer sur place</li> <li>Les corps tortillants</li> </ul>  |
| \$ <sup>0</sup> ∆<br>✓ <b>●</b> ✓ | Social Emotional Skill<br>Development /<br>Développement des<br>compétences sociales et<br>émotionnelles ^ | Math: Estimating Dots     Daily Greetings     Power of Positive Self Talk     Trv. Trv. Again     W7at Gr29orts⊕eu?      Or 29  | <ul> <li>Les Maths : Estimation des points</li> <li>Salutations quotidiennes</li> <li>Le pouvoir du dialogue positif</li> <li>Essayer, essayer, encore</li> <li>Qu'est-ce qui te réconforte?</li> </ul> |

#### Secure Safe School Procedures

Gatestone will be holding 6 fire drills this year, 1 evacuation drill, 1 Shelter in Place drill, 1 Hold and Secure drill, and 2 lockdown drills. Some of these drills will be announced prior to the drill occurring and shared with community, while others may be more spontaneous so we can help better prepare our students and staff in the event of an emergency. Our first fire drill will occur on Thursday, September 15 around 1:15PM. We will continue to practice two more fire drills through the month of September and three more during the spring. One of the two Lockdown drills will occur in early to mid October and the second in the spring as well. The remaining drills will occur throughout the fall.

An announcement will be made to students the day of the first Fire Drill and when we initiate a Lockdown drill. The Principal or Vice-Principal will review important safety procedures for students and staff prior to beginning the drill.

You can also learn more about HWDSB's secure schools' protocol at https://hwdsb.info/secureschools

#### Parent Volunteers

Parents/Guardians wishing to volunteer on school trips or athletic events or for other activities occurring in school must have a recent Vulnerable Sector Screening completed. Please connect with our main office if you interested in volunteering this school year. We are looking for volunteers for our upcoming junior/intermediate cross country meet, October 11<sup>th</sup>.

#### **NYA:WEH**

Our NYA:WEH program for our Grade 6-8 students will be occurring every Friday starting next Friday. The Native Youth Advancement With Education in Hamilton Elementary Program, or NYA:WEH Elementary Program, is designed to provide wholistic academic and cultural support for First Nations, Métis, and Inuit students in grades 6, 7, and 8, and is open to all students in those grades who would like to learn. This program will explore cultural teachings, traditional skills, arts, music, and language, as well as building pathways to secondary and post-secondary education and career goals.

## Terry Fox Run 2022

Our annual Terry Fox Run is back! This year our event will take place on Thursday, September 29th. T-shirts will once again be available for students and their families to order. The cost is \$20.00 for Kids (6X/XS) and Youth sizes (10/M), and \$25.00 for adult sizes (S, M, L, XL, XXL). T-shirts can be ordered through school cash online from Monday, September 12th to Thursday, September 22nd. Donations can be collected using the pledge forms sent home, or online using the link below. We thank you in advance for your continued support of this very worthy cause.

Fundraising link:



https://schools.terryfox.ca/GatestonePSStoneyCreek

#### **GATESTONE CORE VALUES**

**RESPECT** – REGARD AND CONSIDERATION FOR THE FEELINGS, BELIEFS, AND TRADITIONS OF OTHERS. BEING KIND TO OTHERS.

**ENGAGEMENT** - TRULY CARE ABOUT OUR LEARNING. FOCUSED IN THE LEARNING.

**SAFE & SUPPORTED -** SEEK TO UNDERSTAND ONE ANOTHER. CHOOSE TO CARE FOR ONE ANOTHER.

**POSITIVITY** - OPTOMISTIC OUTLOOK. POSITIVE INTENTIONS.

**COMMUNITY** - GATESTONE FAMILIES AND STAFF WORKING TOGETHER TO IMPROVE AND MEET THE NEEDS OF GATESTONE SCHOOL. STUDENT, STAFF, AND COMMUNITY VOICE VALUED.

**TEAMWORK** - WORKING TOGETHER IN EFFECTIVE WAYS TO ACHIEVE A COMMON GOAL.