

FALL RESPIRATORY IMMUNIZATIONS

Use multiple layers of protection to reduce your risk of respiratory illness for yourself and others

Immunization is the best way to protect yourself and others — and there’s more you can do. Stay home when you’re sick, wash your hands often, cover your coughs and sneezes, clean high-touch surfaces, wear a well-fitting mask in crowded indoor spaces, and spend time outdoors and keep indoor spaces well-ventilated

	COVID-19	Influenza	RSV
 Infants & Children	 6 months and older	 6 months and older	Infants born after April 1, 2025 and up to 8 months of age during the RSV season (October 1st, 2025 – March 31st, 2026) Infants 8 to 24 months of age may be eligible if they meet high-risk criteria
 Pregnant People			People between 32-36 weeks pregnant
 Adults 18 - 59 years			Eligible if pregnancy criteria is met
 Adults 60+ years			Some seniors aged sixty and older, and all seniors seventy-five and older. One dose provides multi-year protection, so individuals who received the vaccine last year do not need to be vaccinated again

To find out if you are eligible for fall respiratory immunization, call your family healthcare provider or Hamilton Public Health Services at 905-540-5250 about immunizations for yourself and your family. Visit [Hamilton.ca/ProtectYourself](https://hamilton.ca/ProtectYourself) and [Hamilton.ca/FallRespiratoryVaccines](https://hamilton.ca/FallRespiratoryVaccines)