



HOW TEACHERS &
PARENTS CAN
**SUPPORT KIDS TO HAVE A
HEALTHY RELATIONSHIP
WITH FOOD & THEIR BODIES**

VIRTUAL PRESENTATION
THURSDAY MARCH 7TH, 7PM

Discuss how our diet obsessed culture affects kids at home and school

Learn about the differences in feeding roles for parents, teachers and kids

Discuss strategies to teach nutrition at home or school in a more supportive way