



Does your family need a food bank?

## Where to get food in Hamilton

### **Please contact:**

#### **Good Shepherd Venture Centre**

155 Cannon St. E, (905) 972-9485

[By appointment only]

#### **Mission Services**

196 Wentworth St. N, (905) 528-4212

*Mon, Weds, Fri 9am-12pm, 1-3pm*

*Tues, Thurs 9am-12pm*

#### **Neighbour To Neighbour Centre**

28 Athens St. | (905) 574-1334

*Mon, Tues, Weds 9:30am-3:15pm*

*Thurs 12:30pm-7:15pm*

#### **Niwasa Kendaaswin Teg**

785 Britannia Ave (905) 549-4884 ext. 416

[By appointment only - please call to book]

Phones open Mon - Thurs 9am-4pm

#### **Stoney Creek Food Bank**

605 Highway #8 (905) 643-2090

*Mon, Weds, Thurs 9:30am-1pm*

\*Only serves residents of Stoney Creek

#### **Welcome Inn Community Centre**

40 Wood St. E, (905) 525-5824

*Mon, Weds, Thurs, Fri 11:30am-2pm*

#### **Salvation Army**

80 Bay St. N, (905) 540-1888 [By appointment only]

#### **Salvation Army (Dundas)**

150 King St. W, Dundas, (905) 627-0572

[By appointment only]