

The Scholarship Report

SEPTEMBER 2023



for Ontario high school students

FIVE WAYS TO STRENGTHEN YOUR SCHOLARSHIP APPLICATION

INSIDE THIS ISSUE

Five Ways to Strengthen Your Scholarship Application

Postsecondary Events

September-October Checklist for Senior Students

Ways to Pay for School

Career Information Resources

Postsecondary Education Resource List

Applying to College and University

Scholarships: Civic organizations and service clubs

Spotlight: The Loran Award

Government of Ontario Awards

Major University Awards

Scholarships for Indigenous Youth and Black Youth

Scholarships: September-December Deadlines

Opportunities, Awards, Travel, etc.

Welcome back students! Your senior year is a busy one. Starting off your school year with intention will be of great benefit to you. Let's start by looking at the costs of postsecondary education.

According to [Statistics Canada](#), the average tuition fee for a full year of study was \$6,834 in 2022/2023. The average cost of [college tuition](#) for one academic year in a diploma program is \$2,400 while bachelor's degree programs cost approximately \$6,100. (Do keep in mind that tuition varies by program and province.). There are also other expenses to consider such as fees, textbooks, equipment, and supplies; residence + meal plan; and miscellaneous items, e.g., cell phone, clothing, recreation, transportation, etc.

Scholarships, bursaries, and awards can help to offset some of the costs of postsecondary education. Here are FIVE ways to increase your chances of receiving a scholarship, bursary, or award.

#1. GOOD GRADES. Work hard to obtain good grades. Be diligent in your studies. (Grade 11 students — your marks matter too!). Larger scholarships usually require a strong academic record. The smaller scholarships consider your grades, but they do not need to be exceptionally high. Many bursary applications do not specify specific grades as a requirement.

#2. VOLUNTEER. Volunteering demonstrates that you care about your community. Volunteer over an extended period over and above the required forty hours Ontario students need to complete to receive their diploma. Get involved in something you are passionate about, and if possible, volunteer in areas that reflect the career you hope to pursue.

#3. EXTRACURRICULAR ACTIVITIES. Participate at school. Engage in one or two extracurricular activities in areas that interest you. Consider a lead or co-lead role.

#4. PART-TIME JOB. If you can manage it, take on a part-time job. Maintaining your grades while working demonstrates responsibility, discipline, and good time management.

#5. LEADERSHIP is an asset on applications for some of the larger awards. If you can, take a lead role in an activity at school, church, or wherever you are actively participating. What about starting a club at school or in the community?

Not everyone is comfortable in leadership positions, however. If that describes you, try to engage in an extra-curricular program that fosters leadership skills.

Good grades, volunteerism, extracurricular activities, jobs, leadership — all will enhance your chances of being a scholarship recipient! Good luck with the year ahead!

“Be so good they can’t ignore you”
—Steve Martin

STUDY AND GO ABROAD FAIR

Ottawa:

When: Saturday, September 30, 1-5 p.m. ET.

- Fair Exhibitors [here](#).
- [Seminars](#): 12 noon-5 p.m. ET.
- Register [here](#).

Where:

Ottawa Salon, Shaw Centre
55 Colonel By Drive, Ottawa

Toronto:

When: Sunday, October 1, 1-5 p.m. ET.

- Fair: Exhibitors [here](#).
- [Seminars](#): 12-5 p.m. ET.
- Register [here](#).

Where:

Metro Toronto Convention Centre
North Building, Constitution Halls 105/106
255 Front Street West, Toronto

Scholarships are offered by Exhibitors at the Fall 2023 Fairs. Click [here](#) for more information.

Other:

- Studying in the U.S.? [CollegeBoard](#) is a good place to start!
- Note: If interested in out-of-province schools, you must check the website of each individual school.

POSTSECONDARY EVENTS

🌐 ONTARIO UNIVERSITIES' FAIR (OUF)

When: October 21-22, 10 a.m.-5 p.m. ET daily

Where: Metro Toronto Convention Centre, South Building, 255 Front St. W., Toronto

🌐 ONTARIO UNIVERSITIES' REGIONAL FAIRS

Can't make the OUF? Ontario's universities are coming to you this fall. The Regional Fairs travel across the province. Learn about programs, campus life, and anything else that may help you decide which Ontario university to choose.

Regions:

Northwestern Ontario: September 25-29

Northeastern Ontario: October 2-5

Ottawa and Eastern Regions: October 30-November 2

Southwestern Ontario: November 6-9

Central Eastern Ontario: November 13-16

* Confirm locations and dates before you go. Click [here](#) for details.

🌐 ONTARIO UNIVERSITIES' INFORMATION SESSIONS

Virtual university presentations and Q&A sessions.

When: Tuesday, September 26, 5-7 p.m. ET and
Wednesday, November 22, 5-7 p.m. ET

🌐 OTHER ONTARIO UNIVERSITIES' TOURS AND EVENTS

Ontario universities offer their own virtual / online events, tours, webinars, chats and more.

🌐 ONTARIO COLLEGE FAIR

When: October 18, 5-9 p.m. and October 19, 9-2 p.m.

Where: Enercare Centre Hall B, Exhibition Place, 100 Princes' Blvd #1, Toronto



APSIP

The [Aboriginal Post-Secondary Information Program \(APSIP\)](#) will participate in the Ontario Universities' Fair and the Ontario

College Fair offering students the opportunity to connect with Indigenous recruiters and explore their opportunities. APSIP will also be touring across Ontario from September through December 2023. Check out the tour dates [here](#).

SEPTEMBER-OCTOBER CHECKLIST for SENIOR STUDENTS

- ☑ Start exploring career options. Take free career quizzes online.
- ☑ Meet with your guidance counselor to make sure you have taken or are taking all the necessary prerequisites for entry to programs you may be interested in.
- ☑ Attend the [Ontario Universities' Fair](#) and/or the [Ontario College Fair](#). Be sure to attend any Information Sessions that include topics such as how to pay for college/university.
- ☑ Attend the university/college presentations at your school/virtually. Ask about their financial aid packages.
- ☑ Open Houses at universities and colleges will be coming up soon. This is a great way to explore any campuses. The Open House Schedules will be posted on October 1. Talk to your Guidance Counsellor if you need assistance.
- ☑ Narrow down the schools and programs that you are interested in. Compare costs of tuition, residence fees, and automatic awards at each school. Research universities and their programs and scholarships at [Ontario Universities' Info](#). Research colleges and programs at [ontariocolleges.ca](#). If you are looking for an apprenticeship, check out the [Ontario Youth Apprenticeship Program \(OYAP\)](#).
- ☑ Stay active in community service and/or work part-time.
- ☑ Create a scholarship portfolio containing an up to date resumé and a list of your achievements, volunteerism, memberships, honors, leadership activities, awards, jobs, etc.
- ☑ Set aside an hour or two each week to search and apply for scholarships and bursaries. Begin by looking at the scholarships listed in this issue. There are many scholarship opportunities available in the final year of high school.
- ☑ Let your guidance counselor know that you are interested in scholarships, and frequently check your school's bulletin boards, Award binders, social media, etc., for information on scholarships.
- ☑ Use a calendar or Scholarship Tracker (see [here](#)) to list scholarships by application deadline. Note the requirements of each, e.g., transcript, recommendation letter, etc.
- ☑ Reference letter: Make a list of people you can ask for recommendation letters. Choose those people who have seen you "in action" and can speak to your character strengths.



Extra reading:

[How to get accepted to a Canadian university: five ways to stand out](#): "Tips on distinguishing your university or college application from a sea of mediocrity."

The skills that working at a part-time job can provide: [A Reflection on the Value of Having a Paid Job During High School - Q&A With Natalie Hidalgo](#)

The articles below are from the University of Waterloo website. They contain helpful information for all students considering university or college. (This is not an endorsement of the University of Waterloo.).

The following links contain articles about:

- [High school success](#) including *How to tackle your 40 hours of community service* and *Tips for a successful final year of high school*.
- [Applying to university](#) including *Nine factors to consider when choosing a university* and *What to do when you can't decide*.

Have you heard about co-op? Learn more at [How co-op can help you explore potential careers](#).



Ways to Pay for School



Welcome back, students! Although graduation is months away, it is never too soon to think about how you will pay for your postsecondary education.

The average annual cost (2022) of a postsecondary education for a university student living at home is \$9,300 while the average annual cost of a postsecondary education for a university student living away from home is close to \$20,000. Over four years, that is a lot to consider.

What are some of the ways you can pay for your education? Besides family assistance and personal savings, most students use a variety of resources to pay for their education.

Let's consider a few options below:

Ontario Student Assistance Program (OSAP): In Ontario, you can apply for OSAP to help cover the costs of college and university. OSAP provides student loans and grants to supplement, not replace, your own resources. You must be a Canadian citizen, permanent resident, or protected person to receive OSAP. You can use OSAP to go to a

private or public college or university anywhere in the world as long as it's been approved. The program offers grants (money you don't have to pay back) and loans. There is also additional funding for under-represented learners such as Indigenous students, First-generation students, etc. In general, students are expected to

contribute towards their educational costs. The contribution this year is \$3,600. A financial contribution may be expected from parents depending on their income and family situation.

Co-op programs: Co-ops are a large source of financing for those who choose this option. Co-operative education is a program where students work in an industry related to their field. Most co-op programs are structured so that each term or semester of schooling is alternated with a term or semester of work. You make money while earning your degree which means you will graduate with less debt. To give you an example, co-op students typically make between \$9,000 and \$21,500 per four-month work term in Canada. A co-op program can also lead to a job offer at the end of the term. If your program has a co-op option, you may want to consider this option.

Student line of credit: Many financial institutions such as banks, trust companies, and credit unions offer student lines of credit. The borrower is expected to make monthly interest payments as soon as the money is borrowed. In

some cases where students still need financial assistance to cover the costs of education, banks and credit unions may be able to fill the gap.

Work-study programs: Most colleges and universities provide work-study programs. These programs offer a wide range of campus part-time jobs to help students with financial need. Check out what's available at your school.

Scholarships: There are many types of scholarships for all types of students. Having good academic standing and community volunteerism is important for most scholarships and awards. For first-year students, many colleges and universities offer Entrance Scholarships. These scholarships are based on your admission average. They are automatically awarded – no application necessary. There will also be other scholarships offered at the school you will be attending next year. Be sure to check the school website for scholarship information and deadlines. Also, check with your employer, your parents'/guardians' employers, and unions where you or your parents may be a member. Let your Guidance Department know you are interested in scholarships. They can point you in the right direction. And be sure to always check the most recent issue of *The Scholarship Report*.

Bursaries: Bursaries are generally awarded based on financial need, although some applications do consider grades and community volunteerism as well. Both universities and colleges offer bursaries as well as scholarships.

Not everyone will have access to all the options listed, but there is one last option to consider: If your program is offered at your local university or college, live at home while you're studying. This would be sure to lessen the cost of going to school, and you may save some money!

FINANCIAL AID TERMS YOU NEED TO KNOW

AWARD: An award may be granted in monetary or gift form. It is typically given in recognition of achievement or excellence.

BURSARY: A bursary is FREE MONEY based on individual financial need and may include a minimum expectation of academic achievement or other criteria such as community involvement. Students are generally required to apply for bursaries outlining their need for resources.

SCHOLARSHIP: A scholarship is FREE MONEY based on various criteria such as academic achievement, leadership, community involvement, or other earned merit, or a combination of these elements. Financial need may be a consideration as well. The scholarship usually reflects the values of the donor.

STUDENT GRANT: A Canada Student Grant is FREE MONEY from the government based on financial need. When you qualify for student financial assistance, you are automatically assessed for both Canada Student Loans (see below) and Canada Student Grants.

STUDENT LOAN: A Canada Student Loan is assessed based on financial need. It is money that must be repaid when you finish school. Interest is charged on the loan amount. In Ontario, if you qualify for a student loan, you can opt out of the loan, and receive the grant only. Financial assistance is delivered through the [Ontario Student Assistance Program \(OSAP\)](#).

Career Information Resources

- Explore career options based on employment trends: Learn about an occupation you are interested in by exploring the market on the [Government of Canada's Job Bank](#) page. You can learn about the wages, job outlook, education and skills needed for different occupations. There is also a *Career Planning* tab where you can take career quizzes and match your skills and knowledge to a career.
- Explore career options by degree or diploma: Check out occupations that are linked to various education programs across Canada [here](#).
- Explore 500 job/career profiles: Learn more about work trends and the skills, education and training you need for jobs today and in the future on [Ontario's labour market](#) page.
- Careers in the skilled trades: Find out how to become an apprentice [here](#). Or explore the [Ontario Youth Apprenticeship Program \(OYAP\)](#) website.
- [Paid Education with the Canadian Armed Forces \(CAF\)](#): To qualify for paid education, you must first [join the CAF](#). If you qualify for paid education, the CAF will pay 100% of your school fees. You will also receive a salary and benefits package that includes health, dental and vision. In exchange, you must complete a set number of years of service depending on the length of your program. DEADLINE: You must [submit your application by January 31](#) to be eligible for the upcoming academic year. Depending on availability and screening requirements, applications submitted after this date may still be considered.

Career Choices

An Experiences Canada program that supports youth in planning for post-secondary – whether that is continuing in school or venturing out to the workplace. One of the goals of this program is to “help high school students navigate the many possibilities that are available to them after high school.” Check out the monthly webinars on topics such as how to identify your skills and interests, social media persona, how to create resumes, interviews, etc. The program also explores different industries with high employment rates such as entrepreneurship, trades & apprentice- ships, etc. HAPPY EXPLORING!



The Ontario Learn and Stay Grant

Ontario 

Students will be eligible to receive full, upfront funding for tuition, books, and other direct educational costs in exchange for years of service in specific professions and specific priority communities. Eligible programs: nursing programs, medical laboratory technologist / medical laboratory sciences programs, or paramedic programs in parts of northern, eastern, and southwestern Ontario.

RBC Future Launch Scholarship

- For Canadian youth between 15–29 years old.
- Enrolled part time in school or not in school at all.
- A Canadian Citizen or Permanent resident.
- Grades and transcripts are not required.
- Hundreds of scholarships available throughout the year.
- Not working at RBC or a dependent of someone working at RBC.

The \$1,500 scholarship can be used for many different things, including:

- Short-term courses.
- Workshops.
- Certificates.
- Necessary equipment or books.



Future
Launch

APPLYING TO UNIVERSITY AND COLLEGE










UNIVERSITY

- The deadline to submit your completed application to the [Ontario Universities' Application Centre \(OUAC\)](#) is in mid-January. Check the website for updates.
- There is a Base Application Fee (TBA) for your initial three program choices. For each additional program choice beyond your first three choices, there is an Additional Choice Fee.
- See the [Frequently Asked Questions \(FAQ\)](#) for more information.

COLLEGE

- Access to the online college application becomes available in early October. Apply to college through [ontariocolleges.ca](#). To begin your college application, you must create an account. You will need your Ontario Education Number (student identification number). Your high school guidance counselor will have it on record.
- Complete and pay on or before February 1 to receive equal consideration for admission to programs. Apply to [highly competitive programs](#) on or before this date. After this date, colleges consider applicants on a first-come, first-served basis until programs are full. Applicants are encouraged to complete their applications well before the Equal Consideration Date, as website volumes on the online application are at their highest at this time. The [application processing fee](#) is \$110 (non-refundable). An application allows you up to five program choices, with no more than three choices at any one college.
- See the [Frequently Asked Questions \(FAQ\)](#) for more information

LINKS: POSTSECONDARY EDUCATION RESOURCE LIST

-  [*Ontario Universities' Info](#): A valuable resource for students pursuing university. (For a list of Ontario universities, click [here](#).)
-  [ontariocolleges.ca](#) (For a list of colleges, click [here](#).)
-  [Collaborative University and College Programs](#).
-  [Indigenous Institutes Consortium](#).
-  [French-language colleges and universities](#).
-  [Ontario's private postsecondary schools](#).
-  [OSAP-approved schools](#).
-  [Canadian Armed Forces](#).
-  [Canadian Coast Guard College](#).

*Helpful Infographic: [Summary of Education Pathways in Ontario](#).

*Words/Terms you don't understand? Check out the Glossary [here](#).

THREE MAIN TYPES OF SCHOLARSHIPS



Academic

High academic achievement.



Merit

Achievement in leadership, volunteerism, athletics, etc.



Need-based (also called bursaries)

Financial need.

Three Scholarship Myths

Myth #1

You must be a high academic achiever, have an amazing talent, or be a student athlete to win scholarships.

While it is true that certain attributes such as high academic achievement will put you in the running for more scholarships, there are many scholarships that reward volunteerism in the community, participation in clubs or sports, or leadership skills. There are all types of eligibility requirements. Scholarship committees decide who best meets the criteria, and it may not be the person who has the highest average.

Myth #2

I won't win a scholarship because there is too much competition.

There is a lot of competition for scholarships with large award amounts. However, there are many more scholarships with smaller award amounts and a lot less competition — which means a better chance of winning. Small awards add up!

Myth #3

Scholarships are only for students attending university.

Scholarships are offered to those intending to go to college, trade school, and technical school, as well as university. Don't count yourself out!

SCHOLARSHIPS: Civic organizations and service clubs

The local and provincial chapters of many national organizations and clubs often sponsor scholarships as a way of serving their community. Below are a few examples.

Kiwanis Foundation of Canada Youth Scholarship Program: Contact your local club for information on deadlines and prizes.

Two scholarships:

The Matching Scholarship Program. Eligibility criteria: Acceptable grades, good character, financial need, participation in student activities, and community service involvement. The student must be pursuing post-high school/graduate studies.

Mel Osborne Scholarship. Eligibility criteria: Acceptable grades, good character, financial need, membership and participation in a Kiwanis Service Leadership Club, and community service involvement. The student must be pursuing post-high school/graduate studies.

* Individual clubs may also sponsor their own scholarships and bursaries. Inquire at your local Kiwanis club.

Optimist International: Three contests for students pursuing college, university, or trade school. The contests are conducted at the Club level, then Zone and Regional (if necessary), and at the District level. Interested students must contact their local Optimist Club. To find a contact, e-mail programs@optimist.org. The local Club will let you know when they will be conducting their contest(s). The deadlines generally range between February and April.

#1. Essay Contest: *Optimism: How It Connects Us*. One District Scholarship of \$2,500.

#2. Communication Contest for the Deaf and Hard of Hearing (CCDHH): *How to Change the World with Optimism*. One District Scholarship of \$2,500.

#3. Oratorical Contest: *How to Change the World with Optimism*. District Scholarships: First Place: \$2,500. Second Place: \$1,500. Third Place: \$1,000. There is a chance to win up to \$22,500 at the World Championships level.

Rotary Foundation Scholarships: Rotary clubs offer scholarships for secondary, undergraduate, or graduate study. Rotary club scholarships are given by individual clubs and are open to anyone except Rotary members and their families. Contact your local club for application information and eligibility requirements.

Zonta International Young Women in Public Affairs (YWPA) Award

Open to women (ages 16-19 on April 1) who demonstrate commitment to volunteerism; experience in local/student government or workplace leadership; volunteer leadership achievements; knowledge of Zonta International; support mission of empowering women.

Process: Apply to your [local Zonta club](#). Zonta clubs select one winning application; Club winners are nominated to the District/Region; Ten International recipients are then selected from the District/Region recipients.

Award: Local clubs determine award; District/Region recipients receive US\$1,500. Ten International recipients receive awards of US \$4,000.

Deadline: Determined by the local club.

*Note: Your local Zonta Club may offer other scholarships as well.



SPOTLIGHT

LORAN AWARD:

CHARACTER, SERVICE, LEADERSHIP

The Loran Award is valued at more than \$100,000 over four years of university undergraduate studies, including:

- an annual stipend.
- matching tuition waiver.
- [mentorship](#).
- funding for [summer work experiences](#).
- participation in an [extensive network](#) of past and present Loran Scholars.

Deadline: October 11 before 8 p.m. ET.

Tenable at [25 partner universities](#), up to **36 Loran Awards will be offered** to graduating high school students entering university next fall who demonstrate strength of **character**, a commitment to **service**, and **leadership potential**. In addition, up to 54 finalist awards, and up to 70 provincial and territorial awards (\$6,000 and \$2,000 each respectively) are offered to promising candidates. The committees also grant honour citations to semi-finalists who distinguish themselves at the semi-final level.

[BECOMING A SCHOLAR](#): Eligibility Criteria for High School Students

- Be entering university for the first time in September 2024.
- Present a minimum cumulative average of 85%.
- Hold Canadian citizenship or permanent resident status.
- Be born between January 1, 2002, and September 1, 2008.

*There is no limit to the number of applicants from a single school.

TIMELINE

Applications for the 2024 Loran Award will open in September.

- [October 11 before 8 p.m. ET](#): Deadline for all applications to be submitted.
- [October 25–31](#): Shortlisted applicants submit a supplementary video. From these shortlisted candidates, semi-finalists will be selected and invited (1,604 in 2022-23) to participate in [online interviews](#). Candidates will be invited at least one week before their interview day.
- [November 22–December 15](#): Online semi-final interviews. Interviews will be held during the day Monday to Friday.
- [Week of December 18](#): Semi-final results shared with candidates. 90 finalists will be invited to National

Selections. Invitations to participate in the National Interviews in Toronto will be extended by the end of December 2023.

- [February 22-25, 2024](#): National Selections Interviews. Costs to attend are covered by the Loran Scholars Foundation.

OPTIONAL: LORAN AWARD INFORMATION WEBINAR

Attend a webinar before applying. Space is limited! If you have any questions or are unable to attend a webinar and would like a recording after the session, email danielle.jasniewski@loranscholar.ca.

WEBINARS FOR STUDENTS: “Pro tips” will be shared, and questions answered.

Webinars in English:

- [Session 1: September 25, noon ET](#)
- [Session 2: October 4, 6 p.m. ET](#)

Webinar in French:

- [September 28, 6 p.m. ET](#)

WEBINARS FOR EDUCATORS: Learn how to best identify students whom you can encourage to apply for the Loran Award.

Webinars in English:

- [Session 1: September 20, 11 a.m. ET](#)
- [Session 2: September 28, 3 p.m. ET](#)

Webinar in French:

- [September 26, 12:30 p.m. ET](#)

How to **WIN the Loran Scholarship:**
Tips from a 2017 Loran Scholar.

Click [here](#).



GRADES 9, 10, OR 11

🌐 (O) 4-H Ontario: The Bertram and Hazel Stewart Dairy Youth Education Award & Bursary

Open to a 4-H Ontario Member in good standing who has been a part of 4-H Dairy Club for at least three years (minimum one 4-H project per year).

Eligibility: Applicants must be currently enrolled in Grades 9, 10, or 11 and have an intent to pursue postsecondary education.

Award: The \$1,000 bursary is awarded upon completion of the first year of post-secondary education.

Deadline: September 28, 5 p.m.

Contact: inquiries@4-hontario.ca.

SCHOLARSHIP TIP



Many scholarship sponsors are looking for innovative students.

Example 1: Consider a new initiative, e.g., Start a small business.

Example 2: Start a project or fundraiser.

Example 3: Create an awareness campaign on Instagram.

GRADES 10 & 11

🌐 Shad Canada

[ShadOnCampus](#) (live in residence) and [ShadAnywhere](#) (digital campus).

Open to Grades 10 and 11 students who are community-minded, creative, engaged, curious and want to make an impact in Canada and the world. [International baccalaureate](#) students can qualify for the creativity aspect of CAS through Shad participation. Shad is a month-long summer program focused on STEAM (science, technology, engineering, arts, and math) and entrepreneurship. Students stay in residence at one of twenty-two Canadian [universities](#). SHAD [partners](#) with organizations across Canada who help connect them with students who are traditionally underrepresented in STEAM. If you are enrolled with one of these Shad-verified partners, you can apply for a scholarship via the application. Shad Canada offers financial support for full or partial program fees to those with demonstrated financial need. Click [here](#) for financial support opportunities and ideas. Note: Several universities offer [exclusive scholarships and awards](#) to Shad alumni.

Deadline: December 1.

Inquiries: info@shad.ca.

GRADE 11

🌐 The Bronfman Fellowship

You do not need to be a top student to be a Bronfman Fellow; innovative thinking and creativity are valued more than a high GPA. Every year, twenty-six intellectually curious North American teenagers are selected as Bronfman Fellows. The Fellowship begins with a free, immersive summer program in Israel and the U.S., and continues with monthly virtual experiences and a winter and spring seminar in the U.S.

Eligibility: The Bronfman Fellowship is open to high school students who are in the 11th Grade in the fall of 2023, who self-identify as Jewish, and who are from the United States or Canada. The application consists of various short responses, short essays, a one-minute video, your school transcript, and recommendations with at least one from a teacher. See [Frequently Asked Questions](#). The Application Roadmap and registration for virtual information sessions for prospective applicants and their parents are [here](#). Apply [here](#).

Deadline: December 4.

Deadline for receipt of letters of recommendation and transcript: December 6.

Inquiries: Call 518-660-3090 or email help@bronfman.org.

**Academic transcripts are required to learn about an applicant's academic pursuits and course load. However, we do not believe that grades and GPA reflect a candidate's sophistication of thought, character, or the ability to contribute to and benefit from the Fellowship. Far more important (and interesting) are the personal essay sections and recommendations, which offer a platform for applicants to tell their stories, express their unique interests, and describe their relationship to the community.*



GOVERNMENT OF ONTARIO AWARDS

🌐 Ontario Heritage Trust: Lieutenant Governor's Ontario Heritage Award for Youth Achievement

Nomination required.

Open to residents of Ontario age 24 and under. This award recognizes the most exceptional individuals and groups that have contributed to conserving Ontario's cultural and / or natural heritage. Individual nominees are also eligible for the *Young Heritage Leaders* \$3,500 scholarship for post-secondary education (see below). Be sure to select both options on the nomination form.

Eligibility: The applicant must have made exceptional volunteer contributions to heritage conservation. They have demonstrated leadership, commitment, creativity, positive impact on the community, region, or province, and good conservation practices. *Nominators can include local, regional, or provincial youth or heritage organizations; university and college registrars and / or department heads; school principals; conservation authorities; municipal, regional or First Nations band councils, or Métis community councils; Ontario Heritage Trust staff.

Deadline: **October 13** (see [Nomination Form](#)).

🌐 Ontario Heritage Trust: Young Heritage Leaders Scholarship

Nomination required.

Open to residents of Ontario age twenty-four and under.

Eligibility: The applicant must have made exceptional volunteer contributions to heritage conservation. They have demonstrated leadership, commitment, creativity, positive impact on the community, region, or province, and good conservation practices. *Nominators can include local, regional, or provincial youth or heritage organizations; university and college registrars and / or department heads; school principals; conservation authorities; municipal, regional or First Nations band councils, or Métis community councils; Ontario Heritage Trust staff.

Award: A \$3,500 scholarship for postsecondary education.

Deadline: **October 13** (see [Nomination Form](#)).

* Individuals must be nominated for the *Lieutenant Governor's Ontario Heritage Award for Youth Achievement* (see above) to be eligible for the Young Heritage Leaders scholarship. Be sure to select both options on the nomination form.

🌐 Ontario Volunteer Service Awards

Nomination required.

Organizations that have been in existence for a minimum of five years may submit a nomination. This award recognizes volunteers for providing committed and dedicated service to an organization. Youth (24 years old and under) are recognized for two or more years of continuous service. The nominee must be a resident and volunteer in Ontario.

Deadline: **November 15.**

🌐 Government of Ontario: David C. Onley Award for Leadership in Accessibility: Youth Leadership Award

**Scroll down website page for info.*

Nomination required.

Open to a young person (16-24) who shows leadership and commitment to developing the potential of people with disabilities. They must be a resident of Ontario.

Award: \$5,000.

Deadline: **December 3.**

UPCOMING ONTARIO UNIVERSITY AWARD DEADLINES

🌐 University of Toronto National Book Award

Nomination required.

The National Book Award is designed to recognize outstanding students from across Canada. Part of the selection process involves your school choosing their top candidate for nomination. Schools can nominate one student per year. You may nominate a student for the Book Award who has not applied for admission to U of T. Canadian high schools that have previously participated in the National Book Award program are contacted annually by email with a personalized, secure nomination form. These schools are contacted by mid-September of each year. If you are a school official, and your school has not received the link for this year's Book Award, or your school has not previously participated in the National Book Award program, please email national.enquiry@utoronto.ca to obtain the link to your school's customized nomination form. If you are a student, please contact your guidance counsellor to ask if you may be considered and/or for additional information.

Deadline for schools to submit a nomination: TBA (October). The online nomination form for the Book Award will open by mid-September.

🌐 **University of Toronto: The National Scholarship**

Students who have been nominated by their schools as National Book Award (see previous) recipients may submit applications to the National Scholarship Program. In addition, students who identify themselves as meeting the scholarship criteria are invited to apply directly for the National Scholarship, without having been nominated for the Book Award. The National Scholarship rewards original, creative, and committed Canadian secondary school students. These are students who demonstrate superior academic performance, original and creative thought, and exceptional achievement in a broad context. They excel in academic pursuits, demonstrate enthusiasm for intellectual exploration and have a strong involvement in the lives of their schools and communities. Approximately fifteen students are selected as National Scholars (winners) and ten are named Arbor Scholars (runners-up).

*To be eligible to apply, you must be a Canadian citizen, permanent resident, or protected person, currently in your final year of Canadian secondary school, and intending to begin university the following academic year.

Award: The National Scholarship covers tuition, incidental and residence fees for up to four years of study. Finalists not designated as National Scholars receive Arbor Scholarships at a value of \$7,500 in the first year and \$1,500 per year for three additional years of undergraduate study.

Deadline: **TBA (October).** **The link to the online application will go live in September.**

Inquiries: national.enquiry@utoronto.ca.

🌐 **The Lester B. Pearson International Student Scholarships**

Nomination required.

Awarded annually, these scholarships recognize outstanding students from around the world, including international students studying at Canadian high schools. This is U of T's most prestigious and competitive scholarship for international students. To become a Pearson Scholar, you must be nominated by your school and apply to undergraduate studies at the University of Toronto. Ask your school guidance counsellor about being nominated. Once you've been nominated and have applied to the University of Toronto, you will be sent a personalized, secure link to the Lester B. Pearson International Scholarship application.

Pearson Scholars are students who have demonstrated exceptional academic achievement and creativity, who are accepted as leaders within their school, and who have the potential to contribute to the global community in the future. They can be distinguished from other students who may have equally high academic results by virtue of their breadth of interest, intellectual energy, and impact

on the life of their school and community. Each year approximately thirty-seven students will be named Lester B. Pearson Scholars.

*To be eligible to apply, you must be an international student, i.e., a non-Canadian requiring a study permit; currently in your final year of secondary school or have graduated no earlier than June 2023; and beginning your studies at the University of Toronto in September 2024.

Award: The Lester B. Pearson International Scholarships will cover tuition, books, incidental fees, and full residence support for four years. The scholarship is tenable only at the University of Toronto.

Pearson Scholarship Deadlines:

- School nomination deadline: **November 30.**
- Student OUAC application deadline: **December 15** (Please note this is the final date to apply to the OUAC; *however, it is recommended you apply for admission through the OUAC before November 7 as spaces in programs fill up quickly and popular programs may close early.*)

- Student scholarship application deadline: **January 15.**

Inquiries: pearson.scholarship@utoronto.ca.

🌐 **Queen's University Major Admission Awards (MAA)**

Students who demonstrate superior academic ability, creative and original thinking, involvement in school or community activities, and proven leadership can apply for a Queen's Major Admission Award. Financial need is also a consideration for some of the Major Admission Awards. The Awards are available to Canadian citizens and permanent residents of Canada. You may attend high school in Canada or internationally. Students taking a gap year can still apply for the major admission awards. Note: To be considered for a Chancellor's Scholarship, the applicant must receive a nomination from the high school where they most recently attended fulltime study. The number of nominations per high school is based on graduating class size: Less than 250: One nominee; 250-499: Up to two nominees; 500 or greater: Up to three nominees.

Awards: Varying (\$40,000-\$60,000 over four years).

Deadline: **December 8.** Note: Apply for admission to Queen's via the Ontario Universities Application Centre (OUAC) no later than **November 20** to ensure that you gain access to Queen's Solus Student Centre to submit your MAA application by December 8. It takes 4-6 business days to receive your SOLUS login from the date you applied to Queen's University.

Inquiries: admission@queensu.ca.

SCHOLARSHIPS FOR INDIGENOUS YOUTH

🌐 **Aboriginal Financial Officers Association of Canada (AFOA): Nutrien Indigenous Youth Financial Management Awards**

Open to youth of Indigenous ancestry in Grades 11 and 12 pursuing postsecondary in areas of finance, management, commerce, accounting, or related fields.

Eligibility: The applicant must be academically successful. **Required:** Proof of Indigenous ancestry; essay (maximum 1500 words); two letters of recommendation from a teacher, guidance counsellor, etc., attesting to the student's performance and commitment; transcript.

Award: Three recipients will receive a five-year scholarship package valued at over \$5,000; complimentary travel to the next AFOA National Conference in Winnipeg, Manitoba, March 2024; prize package valued at \$200.

Deadline: **November 3.**

Inquiries: youthawards@foa.ca.

🌐 **TD Scholarship for Indigenous Peoples**

Open to First Nation, Metis and Inuit who are members / citizens of a First Nation, Metis or Inuit community. Applicants must be permanent residents of Canada.

Eligibility: Applicants must have applied for a full-time minimum two-year program with an approved post-secondary institution for the next year of study; or are enrolled in, or accepted to, a full-time minimum two-year program with an approved post-secondary institution for the next year of study.

Award: Twenty-five scholarships up to \$60,000 over four years.

Deadline: **November 6.**

🌐 **RBC Future Launch Scholarship for Indigenous Youth**

Open to students between 15-29 years old who are Status Indian*, Non-Status Indian, Inuit, or Métis. The applicant must be a permanent resident or citizen of Canada.

Eligibility: The applicant must demonstrate strong academic performance, community involvement, and a need for financial assistance. They must have applied or are currently attending an accredited post-secondary institution in Canada. They must maintain a full course load that leads to a recognized degree, certificate, or diploma. **Required:** An Application, Personal Statement of up to 1,000 words, Budget Outline, Validation of Indigeneity, Recommendation Form, and Transcript(s). Their assessment will include the following evaluation criteria: Engagement in Community, Financial Need,

Potential for Success in Future Studies, and Goals. During the evaluation and selection process, emphasis will be placed on the budget outline, the personal statement, the academic letter of reference, and documentation that they have provided to validate their Indigeneity.

Award: Twenty scholarships valued at \$10,000 CAD per year for each per year (up to four years).

Deadline: TBA (**December**).

Follow



Seeking Scholarships



SCHOLARSHIPS FOR BLACK YOUTH

🌐 **(O) Coalition of Black Trade Unionists (CBTU) Ontario Canada Chapter's Ann Newman Scholarship**

Open to a member, child, grandchild, or family member of a CBTU member in good standing, or a youth in the Black community.

Eligibility: The applicant must have graduated or will be graduating from high school or an equivalent program, and who will be or is attending a Canadian recognized postsecondary institution such as a college, trade school, or university. The application requires a 500-word essay.

Award: One \$1,000 scholarship. If two applicants are equally qualified, two \$500 scholarships will be awarded.

Deadline: **October 28** (last Friday in October). Check the website for updates.

Inquiries: andreamccormack60@yahoo.ca.

RESOURCES

*Find and compare Ontario university programs, and research residences, scholarships, admission requirements and more at Ontario Universities' Info (OUInfo). Be sure to check out these new pages:

- Equity, Diversity and Inclusion
- Extenuating Circumstances
- Indigenous Student Resources
- University Student Transition Resources

Universities update OUInfo throughout the year, so remember to check back regularly.

*Check out the [Allyship Podcast Series](#) at Experiences Canada.

SCHOLARSHIPS

NOTES:

- Scholarships are in order of application deadline.
- Scholarships that require a nomination are tagged as such.
- Scholarships with an (O) beside them are for Ontario students only.
- TBA = To Be Announced.
- Continue to check the websites for the most current information.

SEPTEMBER DEADLINES

🌐 James Lee Foundation (JLF) Scholarship

Open to emerging creative talent from across Canada wanting to enter the advertising industry. All fields of creativity related to the advertising community will be considered, e.g., writers, art directors, film makers, recording artists, illustrators, digital artists, etc. Entrants must be non-professional Canadian residents over the age of 16 who are either in the process of graduating or continuing their education.

Eligibility: The scholarship will be awarded based on the portfolio that demonstrates the most original thinking and craftsmanship. Upload a link to a portfolio that you host with a maximum of ten pieces to the JLF website. Also include your contact information and a paragraph (max. 1,000 characters) explaining how the funds would help you to pursue your creative path.

Award: \$5,000.

Deadline: September 15.

Contact: info@jamesleefoundation.com.

🌐 Ted Rogers Legacy Scholarship

Open to students, age 25 or younger, commencing their first minimum three-year bachelor's degree in the 2024-2025 academic year. The field of study must be related to one of the following technology programs: Computer Science, Computer Engineering, Data Science, or Software Engineering. Only students who are attending one of the following post-secondary institutions are eligible to apply: Polytechnique Montréal; Toronto Metropolitan University; University of British Columbia; University of Calgary; University of New Brunswick; University of Waterloo. They must be a Canadian citizen or permanent resident. They must have a minimum cumulative average of 70% (or equivalent) over the last three terms of available marks. Non academic courses such as career or personal development-related courses will not be considered. **Only 500 submitted applications**

will be accepted for review. Preference may be given to students from equity-deserving groups (Women, Black, Indigenous Peoples, People of Colour, Persons with Disabilities, 2SLGBTQ+) who also demonstrate a financial need. **Required:** Transcripts, two reference letters, and a 500-word essay.

Award: \$25,000 over four consecutive years or until the completion of the bachelor's degree.

Deadline: September 20, 1 p.m. EST.

Inquiries: awards@univcan.ca.

🌐 Maple Leaf Junior Golf Tour (MJT): Herrendorf Family Foundation Scholarships

Open to current MJT members who are currently in Grades 11 or 12 or in their first year of post-secondary. They must be Canadian residents who show exemplary athletic, educational, and personal achievements. Applicants with financial need may receive priority.

Eligibility: Recipients must be enrolled in high school, college, university or another post-secondary education program in Canada or the United States for the 2023/ 24 school term. **Required:** Applications must be accompanied by a completed MJT Scholarship Application Form, a short video (no longer than two minutes) answering the three prescribed questions, and a transcript.

Award: Five \$1,000 scholarships.

Deadline: September 30.

Contact: info@maplejt.com.

**See other available funding on the Scholarship page.*

OCTOBER DEADLINES

🌐 AES Engineering Scholarships

*You are not required to be taking Engineering courses to be eligible. Open to high school seniors and all students attending a post secondary educational facility. The scholarship will be awarded based on character as determined by an evaluation of the essay. Students must submit a 500- 1,000-word essay responding to the following: *When you look back on your life in thirty years, what would it take for you to consider your life successful? What relationships or accomplishments will be important on this journey?* There is no application packet for this award. Include your full name and the name of the school you are attending this year and your plans for next year.

Submit essay to scholarships@aesengineers.com.

Award: \$500.

Deadline: October 8.

🌐 **Loran Scholars Foundation: Loran Award**

See full entry on [Page 8](#).

Open to students entering university for the first time in September 2024. They must hold Canadian citizenship or permanent resident status.

Eligibility: Applicants must have a minimum cumulative average of 85%. The Loran Award supports young Canadians who demonstrate character, service, and leadership potential. The Award is tenable at [25 partner universities](#).

Loran Award: Up to thirty-six students will be selected as Loran Scholars.

Other Awards: Up to 124 finalist and provincial and territorial awards (\$6,000 and \$2,000 each, respectively).

Deadline: **October 11 before 8 p.m. ET.**

Contact: info@loranscholar.ca.

🌐 **(O) OSSTF (Ontario Secondary School Teachers' Federation)/FEESO: Student Achievement Awards in Honour of Marion Drysdale**

Open to public secondary school students in Ontario.

Eligibility: Students must create a piece of writing or work of art that explores this year's theme. This could include, but is not limited to, a poem, short story, essay, lyrics, painting, drawing, sculpture, etc. There is also a category for digital productions such as videos and music. Working with either a supporting teacher or education worker is an integral part of the contest. Each school may submit one entry per category (eleven categories).

Award: Eleven \$1,000 awards. The provincial winner from each of the eleven categories will receive a cash award of \$1,000 and will be invited to the OSSTF annual general meeting in Toronto to receive their award.

Deadline: November 15.

Inquiries: tracey.marshall@osstf.ca.

*See *Student Tip Sheet*.

🌐 **TD Scholarships for Community Leadership**

Open to students in their final year of high school.

Applicants must be Canadian citizens or have permanent resident status.

Eligibility: They must have demonstrated leadership in improving community, e.g., cleaning up the environment, promoting social justice, fighting child poverty.

Applicants must have a minimum average of 75% in their most recently completed school year. **Required:** A 600-word essay; a letter of recommendation from your school; two letters of support from community groups; and your academic transcript. You also have the option of including a 250-word essay describing your family and personal life, e.g., your family's employment or economic situation; and a 250-word essay about your life experiences if you have taken a year or more away from high school. Check out [past recipients](#). Applicants selected as finalists will be notified by the end of February 2024 and interviewed by a selection panel in March. Scholarships for all selected finalists will be awarded at a ceremony in May or June. All applicants will be notified of their application status (i.e., declined, or selected finalist) in writing by the end of June 2024.

Award: Twenty renewable scholarships up to \$70,000 for college or university (up to \$10,000 for tuition per year; and \$7,500 a year for living expenses) for four years.

Deadline: **November 15.**

*Note: Each of the five regions (Atlantic Canada, Quebec, Ontario, Prairies/Northwest Territories/Nunavut, and British Columbia/Yukon) will have at least two scholarship recipients.

Inquiries: Use the *Ask Us* box.

🌐 **Nordiq Canada Ski to School Scholarship**

*To find information on the current scholarship, contact info@NordiqCanada.

Open to students attending a Canadian postsecondary, university, or college educational institute in the next academic year.

Eligibility: The applicant must have achieved a grade average of B+ (80%) or above and demonstrated national level potential in cross country skiing. They must be a licensed racer and a member of a ski club in Canada. **Required:** A letter (maximum 500 words) outlining why they should be considered as a candidate for the scholarship; a summary of racing experience and results; information concerning other prizes, scholarships, or awards won in any endeavor; an academic transcript; and a letter of reference from their coach and/or local club.

Award: \$500. (The value will depend on the size of the endowment and interest earned.).

Deadline: TBA (**November**).

Inquiries: info@nordiqcanada.ca.

NOVEMBER DEADLINES

DECEMBER DEADLINES

🌐 **Terry Fox Humanitarian Award**

Open to students of all abilities graduating from secondary (high) school or students who have completed secondary (high) school and who are planning to or are already studying towards their first university degree or diploma at a Canadian postsecondary institution. They must be Canadian citizens or landed immigrants.

Eligibility: Applicants must have good academic

standing. They must be involved in voluntary humanitarian activities for which they have not been compensated. The Award is granted based on a recipient's demonstrated dedication to the humanitarian ideals of Terry Fox – their impact on human welfare and their courage, compassion, and fortitude in overcoming obstacles. Participation in sport, fitness and academic standing is also taken into consideration. **Required:** Three referees and an (un)official transcript detailing the applicant's last two years of schooling. Referees will be emailed a link requesting they complete an online Referee Form on behalf of the applicant. See Frequently Asked Questions (FAQ) [here](#). Shortlisted candidates are invited for a face-to-face interview, usually in their home province. Interviews will likely be held in March, and applicants are responsible for their own travel arrangements to and from the interview location.

Award: Twenty \$28,000 awards dispersed over four years. For students who do not pay tuition fees, the award is \$3,500 per year.

Deadline: **December 1.** In cases where the applicant is unable to complete an online application due to extenuating circumstances, all materials must be mailed together and sent directly to the office and postmarked by the deadline.

Inquiries: info@terryfoxawards.ca.

🌐 **French for the Future National Essay Contest**

Open to students in Grades 10-12 who were, or are, registered in a French program, and who wish to pursue their postsecondary studies partially, or completely, in French.

Eligibility: A 750-word essay on the current year's theme is required. Essays will be evaluated in two separate categories: French Second Language (FSL) and French First Language (FFL). Indicate on your entry form into which of the two categories you best fit. Read the [Rules and Regulations](#) and [FAQ](#) before you begin writing your essay.

Awards: Ninety-eight \$1,000-\$20,000 awards offered in partnership with [fifteen postsecondary institutions](#).

Deadline: TBA (**December**).

Inquiries: Click [here](#) for contact information.

*See also [ACUFC's \\$3,000 Bursaries for Postsecondary Studies in French as a Second Language](#).

🌐 **BURGER KINGSM Scholars Program**

Open to employees, or dependent children of employees, or students graduating from Grade 12 or graduating from home school education. They must plan to enroll full-time for the entire 2023-24 academic year at an accredited two- or four-year college, university, or vocational-technical school, or equivalent in the U.S., Puerto Rico, Guam, or Canada. They must be living in the United States, Puerto Rico, Guam, or Canada.

Eligibility: Applicants must have a cumulative high school grade point average of 2.5 or higher on a 4.0 scale, or the equivalent. Selection criteria includes academic achievements, participation in school and community activities, length of employment (enrichment awards only), work experience (James W. McLamore "WHOPPER" and H.E.R. Scholarships only) and financial information (James W. McLamore "WHOPPER" and King, Regional, and H.E.R. Scholarships only). A current, complete high school transcript of grades must be uploaded with your application. See [Frequently Asked Questions](#) and [Award Guidelines](#).

Awards: \$1,000 to \$50,000. Most scholarships are up to \$1,000. See award details under Selection of Recipients section.

Deadline: **December 15.** Application submissions will be capped at 50,000.

Inquiries: burgerkingscholars@scholarshipamerica.org.

🌐 **International Alliance of Theatrical Stage Employees (IATSE): Walsh/Di Tolla/Spivak Scholarship**

Open to the child (a high school senior) of a member in good standing of the IATSE.

Eligibility: Applicants must be pursuing college or university leading to a bachelor's degree. **Required:** An official high school transcript, recommendation letter(s), and a list of extracurricular activities (resume) with the student's role and description of duties. Note: Canadian students should note on the application that neither SATs nor the National Merit Scholarship Exam are offered to Canadian students applying to Canadian universities.

Award: Ten \$10,000 scholarships over a four-year period.

Deadline: Postmarked by **December 31.** The ancillary documents may be sent in by February 15.

Inquiries: Click [here](#) for contact information.

🌐 **SOS Safety Scholarship**

Open to legal residents of Canada and U.S. ages 13-19 who plan to apply to a Canadian postsecondary institution after graduating high school.

Eligibility: The applicant must be active in their community and in safety initiatives. They must creatively prepare a submission – an action plan, essay, or resource guide -- that outlines prevention of the social issues covered in SOS Safety magazine, e.g., bullying, suicide, gang/youth violence, drug addiction, etc. Submissions may be either written or in the form of a short video. Judges will select five finalists. Once the finalists are selected, their Submissions will be placed online for the public to view and vote for their favourite. See the [Official Rules and Regulations](#).

Award: One \$5,000 scholarship.

Deadline: **December 31.**

Inquiries: Click [here](#) for contact information.

OPPORTUNITIES

🌐 French for the Future: United Bilingual Correspondent

Open to students in Grades 7-12 who want to meet bilingual Canadians from other provinces, enhance their language skills, or learn more about Canadian diversity. Once you apply, you will be matched with another student. In applying, you agree to remain in contact with your correspondent until the end of the school year through any method of communication (social media, email, Skype, etc.) which you will determine together. You will receive an email each month from French for the Future with a list of themes to discuss. The communication will be solely in French, but it can be written and/or oral. *You don't have to be an expert in French to become a Bilingual Correspondent!*

Deadline: September 29.

Inquiries: programmes@francais-avenir.org.

Other programs [here](#).

🌐 (Government of Canada) Employment and Social Development Canada Enabling Accessibility Fund (EAF): Youth Accessibility Leader

The EAF is currently looking for youth (15-30) who want to demonstrate leadership and commitment to their communities. They must be legally authorized to work in Canada and either a Canadian citizen, permanent resident or individual who has been granted refugee status in Canada. This is a unique opportunity for young leaders to make a difference in the lives of people with disabilities by addressing accessibility barriers in public spaces or workplaces. Applicants work with local organizations to develop solutions.

Deadline: October 10, 5 p.m. EDT.

Inquiries: EDSC.JEUNESSEFA-YOUTHEAF.

ESDC-GD@servicecanada.gc.ca

*See the Information Session dates in October if you are interested in applying.

🌐 (O) Model Parliament for High School Students

The High School Model Parliament program at the Legislative Assembly of Ontario in Toronto is designed for civic-minded Ontario students who are interested in current events and provincial issues.

Eligibility: Students must attend Grades 10-12 at the time of the program; attend school in Ontario; provide one letter of recommendation written by a teacher, principal, vice principal, or guidance counselor to support their application. See [Eligibility and Selection Criteria](#) and [Frequently Asked Questions](#). The program includes a virtual component starting in November leading up to the onsite three-day component on February 28-March 1 in

Toronto. It is the responsibility of each student attending the Model Parliament Program to find accommodation while in Toronto.

Deadline: October 15.

Inquiries: modelparliament@ola.org.

🌐 House of Commons Page Program

The Page Program is open to forty students graduating from high schools across Ontario. These students must be starting fulltime or part-time studies in September 2024 at one of [the eligible post-secondary institutions in the national capital region](#). The applicant must be a Canadian citizen or a permanent resident. They must be able to orally communicate fluently in both official languages. More eligibility requirements are listed [here](#). Successful applicants go to Ottawa to work as Pages in the House of Commons. Pages are expected to work a minimum of fifteen hours per week during the period when the House is sitting. They must also be available for duty when the House is not sitting or if the House goes into extended hours. Pages are [paid](#) \$17,022 over a twelve-month period as well as a sum of \$1,200 paid at the end of the employment period. Pages who come from outside the National Capital Region usually obtain rooms in the university residences. **The Page Program is committed to having a skilled, diversified workforce reflective of Canadian society and to ensuring the equitable representation of women, Indigenous peoples, members of visible minority groups, and persons with disabilities. Members of these designated groups are encouraged to self-identify when they apply to the program.** See [Frequently Asked Questions](#).

Deadline: November 3.

Inquiries: Click [here](#) for contact information or email pageprog@parl.gc.ca.

🌐 (O) Legislative Assembly of Ontario: Youth Arts Program

Each year, youth ages 12-18 are invited to display their works of art throughout the Legislative Building. Artwork can fall under a wide range of media, including but not limited to painting, drawing, photography, glasswork, ceramics, textiles, sculpture, and mixed media. Teachers/instructors can apply on behalf of their class, or individual young artists can apply on their own. Schools/organizations can submit up to five pieces for display, and individual artists can submit one piece.

Deadline: TBA (November).

Inquiries: youtharts@ola.org.

🌐 Public Health Agency of Canada (PHAC): The School Health Grant for Youth

Are you a Canadian youth between the ages of 13 and 19 and in Grades 9 to 12? Do you want to promote healthy living in your school? This fall, the next round of the

School Health Grant for Youth program will be opening. This grant is an opportunity for youth across Canada to receive up to \$3,500 to create and lead a project that encourages and promotes healthy living in their school under one or more of these areas:

- Substance use and related harms
- Positive mental health and well-being
- Healthy eating and nutrition
- Physical activity

This is a great way to empower you to put your ideas into action and give back to your community while also gaining valuable life skills such as leadership and project planning.

Deadline: TBA (**November**). Keep checking the website for updates.

Shad Canada

See full entry on Page 9.

Open to Grades 10 and 11 students who are community-minded, creative, engaged, curious and want to make an impact in Canada and the world. Shad is a month-long summer program focused on STEAM (science, technology, engineering, arts, and math) and entrepreneurship.

Deadline: **December 1.**

The Bronfman Fellowship

See the full entry on Page 9.

Every year, twenty-six North American teenagers are selected as Bronfman Fellows. The Fellowship begins with a free, immersive summer program in Israel and the U.S., and continues with monthly virtual experiences and a winter and spring seminar in the U.S.

Eligibility: The Bronfman Fellowship is open to high school students who are in the 11th Grade in the fall of 2023, who self-identify as Jewish, and who are from the United States or Canada. See [Frequently Asked Questions](#). To register for virtual information sessions for prospective applicants and their parents, click [here](#).

Deadline: **December 4.**

Deadline for receipt of letters of recommendation and transcript: **December 6.**

The Vimy Pilgrimage Award (VPA)

The program consists of a fully funded week-long educational program in Belgium and France to study Canada's First World War contributions within the context of a global conflict. The application will include contact information, essay components, your letter of reference and your resume. VPA recipients demonstrate an outstanding commitment to their communities through positive contributions, volunteering, or notable deeds that benefit their peers, family, school, town, province, or country.

Deadline: TBA (**December**).

Inquiries: programs@vimyfoundation.ca.

Duke of Edinburgh's International Award (Canada)

A global non-formal education and learning framework which recognizes and celebrates young people's achievements outside of the classroom. The Award encourages young people to spend time volunteering in their community. The Award is available to young people (14-24 years old) and is the world's leading youth achievement award. It is a non-competitive program designed to encourage young people to develop positive skills and lifestyle habits, broaden interests and experiences in a wide range of cultural, adventurous, and practical activities. The Award concept is one of individual challenge. It equips young people for life regardless of their background, culture, physical ability, skills, and interests. More about the Award [here](#). Principles of the Award [here](#). To find out how the award works, click [here](#).

Inquiries: Click [here](#) for contact information.

Plan International Youth Opportunities

Plan International Canada works with young people between the ages of 14 and 24 to lead positive change for children's rights and equality for girls. They offer programs for Canadian youth to learn about global issues and build leadership skills. Also see the [Youth Engagement Hub](#).

Rotary Youth Leadership Awards (RYLA)

Open to participants ages 14-30. This is an intensive leadership experience organized by Rotary clubs and districts where you develop your skills as a leader while having fun and making connections. RYLA events are organized locally by Rotary clubs and districts. RYLA may take the form of a one-day seminar, a three-day retreat, or a weeklong camp. Typically, events last three-ten days and include presentations, activities, and workshops covering a variety of topics. RYLA participants are nominated by local Rotary clubs. [Contact your local Rotary club](#) to find out more about RYLA events in your area, how to apply, and any costs of getting involved.

Canada Service Corps: Ships2Shores

Ships2Shores' goal is to reduce barriers to sail training enabling youth to experience the many benefits associated with sailing experience such as pre-employment training, teamwork, resiliency, confidence and caring for oneself and each other. Participants aged 12 to 30 come from diverse under-represented communities. Note: Ships 2 Shores Voyage Opportunities are fully booked for 2023. Sign up for their [Mailing List](#). Then you will know if a spot becomes available and about future opportunities. See other programs [here](#).

BURSARIES & AWARDS

🌐 (O) 4-H Ontario: The Justin Parish Memorial Bursary

Nomination required.

The Justin Parish Memorial Bursary is open to 4-H Dairy Club Members who have never attended the Royal Agricultural Winter Fair (RAWF). 4-H Dairy Club leaders must submit a one-page nomination letter via email to giving@4-hontario.ca with the subject line “Justin Parish Memorial Bursary” for a member to be considered. The letter must demonstrate the member’s dedication, determination, and passion to agriculture and 4-H Dairy Club, along with the Member’s desire to attend the Royal as a participant. The recipient will be chosen by a selection committee in October. Presentation of the bursary will take place in the show ring during the 2022 4-H Dairy Classic Show in November.

Award: \$1,000.

Deadline: **September 29.**

🌐 (O) Ontario Heritage Trust: Lieutenant Governor’s Ontario Heritage Award for Youth Achievement

See full entry on Page 10.

Nomination required.

Open to residents of Ontario age 24 and under. This award recognizes the most exceptional individuals and groups that have contributed to conserving Ontario’s cultural and / or natural heritage. Individual nominees are also eligible for the Young Heritage Leaders \$3,500 scholarship for post-secondary education. Be sure to select both options on the nomination form.

Deadline: **October 13.**

🌐 The Starfish Canada’s Top 25 Environmentalists Under 25

Nomination (or self-nomination) required.

Open to those who have made a significant contribution to environmental education and awareness in their respective communities. Individuals from under-represented groups are encouraged to apply. Judges will score each nomination in five categories: Integration of work into the surrounding community; experience(s) relevant to the applicant’s age; conveys passion, effort, and engagement for environmentalism; creativity and uniqueness of their contribution; and overall positive impact of their work on the community. Follow [The Starfish Canada Facebook page](#) for up-to-date information.

Deadline: TBA (November).

Inquiries: top25@thestarfish.ca.

🌐 (O) Ontario Volunteer Service Awards

Nomination required.

Organizations that have been in existence for a minimum of five years may submit a nomination. This award recognizes volunteers for providing committed and dedicated service to an organization. Youth (24 years old and under) are recognized for two or more years of continuous service. The nominee must be a resident and volunteer in Ontario.

Deadline: **November 15.**

🌐 (O) Government of Ontario: David C. Onley Award for Leadership in Accessibility: Youth Leadership Award

*Scroll down website page for more information.

Nomination required.

Open to a young person (16-24) who shows leadership and commitment to developing the potential of people with disabilities. They must be a resident of Ontario.

Award: \$5,000.

Deadline: **December 3.**

COMPETITION

🌐 Canadian Young Speakers for Agriculture Competition

Contestants prepare a 5- to 7-minute speech on a given [topic](#) and present it at the Royal Agricultural Winter Fair in Toronto on November 4 where finalists will be judged live. There is a \$40 entry fee. Visit the [Competition Rules](#) page for more details.

Prizes: Prizes range from \$75-\$350.

Deadline: **September 30.**

Inquiries: Click [here](#) for contact information.

CONTEST

🌐 Royal Canadian Legion National Youth Remembrance Contests

Canadian youth and children honour Canada’s Veterans and foster the tradition of Remembrance through visual art, writing, and video. The contests include multiple levels of competition.

• *Poster Contest* and *Rabbi Bulka Literary Contest*:

Participants compete first at the Legion Branch local level with winning entries moving forward until they reach the provincial level. Deadline varies by location. Contact the Legion Branch nearest you for their submission deadline.

• *Video Contest*: Participants compete first at the Legion Command provincial level. Deadline: **December 15.**

Provincial finalists of all contests then move forward for final judging by the Legion National Foundation to determine the national winners.

Award: All winners at the national level are awarded a cash prize for their work. First Place Senior Winners are eligible for a trip to Ottawa and an opportunity to represent the youth of Canada at the National Remembrance Day Ceremony.

*The Royal Canadian Legion created a teaching guide to assist schools in teaching students about the tradition of Remembrance and our military history. To download, click [here](#).

TRAVEL

🌐 **Canada Sports Friendship Exchange Program (CSFEP)**

Reciprocal in-person cultural exchanges for youth between the ages of 12-17. First come, first served.

🌐 **Experiences Canada**

In-person exchanges: Experiences Canada offers youth exchanges for participants ages 12-17 years old with groups of ten to thirty young people. These reciprocal exchanges offer life-changing experiences that enable young Canadians to build personal skills and self-confidence; form new friendships; deepen their knowledge of a second language, of other histories and cultures; and inspire them to become more actively engaged in their communities. Apply at least four months prior to your intended travel dates.

Virtual exchanges: Virtual Exchanges encourage youth to discover and share the diverse histories, geography, languages, cultures, and ways of life that shape their communities and our country. Virtual Exchanges can support social studies, language, and creative studies curricula from Grades 7-12 as well as second language learning.

🌐 **Outward Bound Canada Courses for Youth**

Youth courses begin at age 12 and include options for young adults who are 19-25+ and range from five to thirty-two days in length. You can gain a [high school credit](#), and explore everything from mountains to ocean, rivers to forest. See available financial assistance [here](#).

OTHER YOUTH OPPORTUNITIES

🌐 **The Starfish Canada**

Opportunity to have your work published: The Starfish Canada is accepting and will be publishing poetry submissions from youth poets and writers related to the theme of change. Submissions are due Friday, October 6. **Inquiries:** Email Editor-in-Chief, Esther Vininsky-Oakes at esther@thestarfish.ca.

🌐 **Forum for Young Canadians: My Canada Project**

Share your views about Canada alongside your neighbours and strangers from every corner of the country. Open your mind and heart to a bigger and brighter Canada by bringing your vision and perspective to life through a multimedia submission that highlights, promotes, and reflects Canada through your eyes and experiences.

• **Students 14-18 years old:** Express your thoughts and your voice by creating and sharing a submission of your choice in any language.

• **Teachers and Educators:** Start off the new school year by engaging your students in an exciting and reflective project.

My Canada Project entries can be submitted in any format that can be uploaded: poem, essay, speech, song, video, photo, artwork, creative masterpiece, etc. Submissions will be shared on the Forum for Young Canadians website and social channels. The submission window is open until October 13.

Inquiries: forum@forum.ca.

🌐 **Canada Service Corps: Youth Volunteer Opportunities**

Open to youth aged 15-30. Check out the Canada Service Corps website to see what volunteer service opportunities are available in your community. Keep checking back as new opportunities are being added monthly.

🌐 **Earth Rangers: ER Teens -- a new environmental volunteer opportunity**

ER Teens is an opportunity for teens aged 13-18 to make a difference in their local area by leading community-based projects with the option to earn volunteer hours. Teens will work with a mentor while building leadership skills like communication, problem-solving, and time management skills.

🌐 **Experiences Canada: Youth Opportunities**

Links to employment opportunities, awards and contests, extracurricular activities, or youth events.

🌐 **French for the Future: Fr+**

An all-French online space for 14–17-year-olds.

