



October 1, 2021

Good day, Grade 12 Gryphons!

Here is the latest information you need. Please talk to your friends and make sure everyone is reading this weekly letter so they don't miss out!

Round 1



Grade 12 Appointments

Did you miss your Grade 12 Guidance Appointment with Mrs. Lawson or Ms. Warren? Please book a new appointment at a time that works for you through the Guidance Course on the HUB. We need to gather contact information, check your credits and community involvement hours, and find out your plans for next year!

Post-secondary information:

FOR COLLEGE APPLICANTS



COLLEGE MONDAYS

Ready to explore your future with Ontario's Colleges?

Every week you'll be able to meet a **small group of college representatives** to learn about their programs and to ask your questions in breakout rooms.

These virtual events are replacing the annual College Information Program (CIP) events that ran across the province.

Every Monday in October and November, there will be four panel groups **running simultaneously** on Zoom, each made up of six to seven colleges.

Each panel group will provide:

- A brief overview of Ontario Colleges (the college advantage, admissions)
- Highlights from each college on the panel
- Breakout rooms for you to ask questions to individual college representatives

How it works:

1. Choose a panel group

Panel 1 –

Canadore, Conestoga, Fleming, Humber, Michener, Ridgetown (University of Guelph)

[Register here for Panel 1](#)

Panel 2 –

Algonquin, Boreal, Mohawk, Niagara, Northern, Seneca, St Lawrence

[Register for Panel 2](#)

Panel 3 –

Cambrian, Centennial, Durham, Fanshawe, Georgian, La Cite

[Register here for Panel 3](#)

Panel 4 -

Confederation, George Brown, Lambton, Loyalist, Sheridan, St. Clair

[Register here for Panel 4](#)

2. Choose a date:

After you choose a panel group, you will have a dropdown menu to choose a date:

Monday, Oct. 4	4-5pm
Monday, Oct. 18	6-7pm
Monday, Oct. 25	4-5pm
Monday, Nov. 1	6-7pm
Monday, Nov. 8	4-5pm
Monday, Nov. 15	6-7pm
Monday, Nov. 22	4-5pm
Monday, Nov. 2	5-7pm

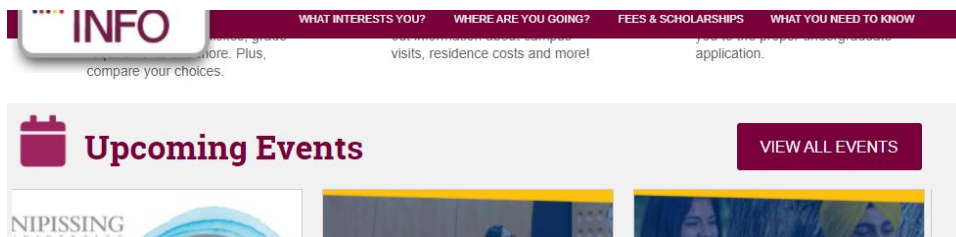
For more information, check out [College Recruitment | ontariocolleges.ca](https://www.ontariocolleges.ca)

To research college programs: www.ontariocolleges.ca

FOR UNIVERSITY APPLICANTS:

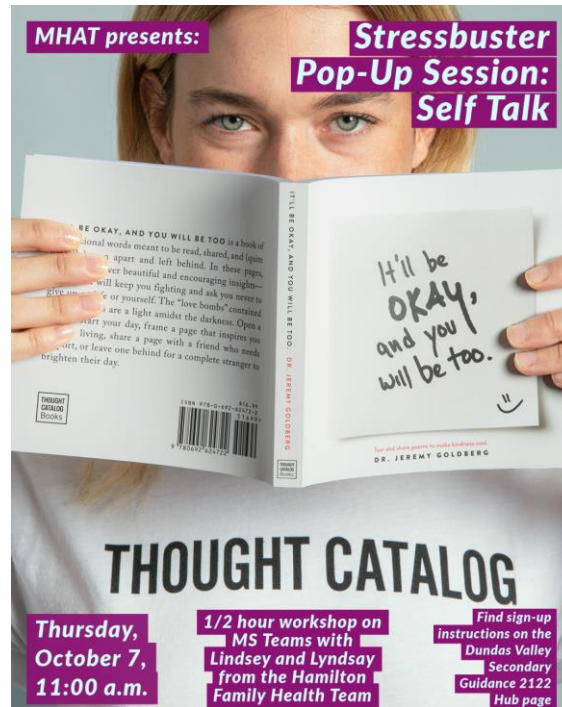
Ontario University Fair: the second event is 5-7 pm on October 26th. Please see [Welcome to the Largest Postsecondary Educational Fair in Canada | OUF \(ontariouniversitiesfair.ca\)](https://www.ontariouniversitiesfair.ca) for details.

Also, check out individual school virtual events on www.ontariouniversitiesinfo.ca - look at VIEW ALL EVENTS for details:



To research university programs: www.ontariouniversitiesinfo.ca

Are you feeling stressed? Learn about the power of Self Talk!



Please join the Mental Health Action Team on **THURSDAY OCTOBER 7TH AT 11:00 A.M.** for our first monthly Stressbusting Pop-Up Series at this link:

https://teams.microsoft.com/l/meetup-join/19%3ameeting_MzVIMzYyYmQtYTdmZi00MjEzLWJmNzctNzA3YTJiY2M3NDM5%40thread.v2/0?context=%7b%22Tid%22%3a%227afeaf6a-b1be-4c83-a974-c43a8b215634%22%2c%22Oid%22%3a%22a91caf99-cc68-46f0-8e7d-f44035716533%22%7d

Have a great week!

Your Guidance Team