

Below is the link to Thursday's (March 25) Stress Busting Workshop:

https://teams.microsoft.com/l/meetup-join/19:meeting_NjhmMjVkNjUtNzJhMi00ZTRILTk4MGQtYzU3MTRkNTBiMGRi@thread.v2/0?context=%7B%22Tid%22:%227afeaf6a-b1be-4c83-a974-c43a8b215634%22,%22Oid%22:%22a91caf99-cc68-46f0-8e7d-f44035716533%22%7D

I think copying and pasting the above thread of text into a browser is the best way to get into it.