



DVSS Exam Preparation and Study Skills

The key to exams is to be prepared and organized while ensuring proper self-care.

INTRODUCTION

As a grade nine student you have likely never written a final course exam. This seminar is designed to answer some frequently asked questions regarding exams, give tips and tricks about studying and overall make you feel more prepared as you take your first set of high school exams. Should you have any additional questions, please feel free to contact one of your teachers, your guidance counsellor, or our student success department.

UNDERSTANDING YOUR LEARNING STYLE

VISUAL (SPATIAL)

PREFER TO USE PICTURES AND SPATIAL UNDERSTANDING

Find or create images that explain the topics that are required (diagrams, Venn diagrams, charts).

AURAL (AUDITORY-MUSICAL)

PREFER TO USE SOUND AND MUSIC

Find videos that explain the topics that you are trying to remember or understand. Record yourself speaking about the topic and listen to it to retain information.

VERBAL (LINGUISTIC)

PREFER TO USE YOUR BODY, HANDS, AND SENSE OF TOUCH

Do something physical while reviewing. Keep your hands occupied with a pen or review while walking on an elliptical machine.

LOGICAL (MATHEMATICAL)

PREFER TO USE LOGIC, REASONING AND SYSTEMS

When thinking of important concepts, try to create connections between other concepts. Ask yourself why things are the way they are.

DO YOU HAVE AN IEP?

If you want to write your exam with Learning Resource, speak with your teacher.

CONTACT INFORMATION

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WEBSITES FOR STUDYING

[Quizlet.com](https://quizlet.com) (online flashcards)

Quizlet is a free website that features informative flashcards and games that assist in studying. Some topics have flashcards premade, or you can make and study your own!

[KhanAcademy.org](https://khanacademy.org) (Videos/Lessons on many topics)

Khan Academy is a free website that offers lessons, videos and study material for many different subjects and topics.

[TVOMathify.com](https://tvo.mathify.com) (Live Math Tutoring)

TVO Mathify is a resource that is accessible through the HWDSB Hub. It offers free live math tutoring for students Monday-Friday in grades 7-10. To access TVO Mathify, login through the Hub or using your OEN (find it on your report card).

[GoConqr.com](https://goconqr.com) (online resources)

GoConqr.com is a free and easy-to-use website that will help you study for any class, in any subject. You can sign up with your school email, follow the setup steps and search away! You have access to learning resources from "land form regions" in geography, to "bohr diagrams" in science!

SELF-CARE TIPS

EAT WELL

Eating boosts your metabolism and provides fuel for both your body and your brain.

STAY HYDRATED

Make sure that you are drinking plenty of water as it is vital in your normal body functions.

REST PROPERLY

When you are well rested, you are more likely to retain the information you have been studying.



EXAM SCHEDULE - JANUARY 2020

THURS JAN 23

FRI JAN 24

EXAM DAY 1

EXAM DAY 2

MON JAN 27

TUES JAN 28

EXAM DAY 3

EXAM DAY 4

Your exams are in the order that they appear on your timetable. For example, period one will be on the first day of exams and period two will be on the second day of exams.

For more information regarding exams and specific tips for studying, visit the "Guidance Dundas Valley (1920)" in the HUB or search "Monetrix Top Study Tips" on YouTube.