Terry Fox Run/Walk

Dear Families,

It's that time of year again to participate and support the Terry Fox Foundation. Please read on for details to this exciting event!

Date: Friday, September 15, 2023

Rain Date: Friday, September 22, 2023

Time of Day



Grades K-4:

- students will meet outside with their teacher after 2nd nutrition break
- students will run/walk the perimeter of the school (counter clockwise) for the first half.
- when the whistle blows, everyone is to meet on the pavement by the primary doors for some **Zumba fun** with **Mrs. Longo!**

Grades 5-8:

- students will eat first during 2nd nutrition break
- students are encouraged to bring their water bottles with them to the park
- students and teachers will walk to the Dundas Driving Park
- students will run/walk the perimeter of the park
- at 2:45 p.m. students and teachers will walk back to school and collect back packs in preparation for dismissal



Donations:

We are asking that you donate directly to our online school's fundraising page. The link is below:

https://schools.terryfox.ca/DundasCentralPS

(**Ctrl + Click to follow the link or** highlight this link, right click, and select "Open Hyperlink")

This link will direct you to Dundas Central's Terry Fox Fundraising page. It will look like the image below



You will click on the Donate box and fill in the required information.

- Dundas Central is not accepting any form of money and cashonline will not be set up for this event
- please remind children to wear appropriate footwear (running shoes)
- please remind children to bring water
- students must have the walking trip form filled out to leave the school property
 Field Trip
 Permission
 Slip

Sincerely,

Dundas Central Staff