

HWDSB

Please visit www.hwdsb.on.ca for information about our Board's Nutrition Policy and PPM 150.



HWDSB Nutrition Policy



A reminder that all food products are not permitted as whole class birthday treats e.g. cookies, cupcakes, cakes, ice cream, candy, and other sugary treats. Many of our students have dietary needs that do not allow for these additions in their school day. As well, some students experience severe anaphylactic reactions to ingredients in such treats. Alternatives to foods are always welcome. E.g. stickers, pencils, books etc. Fruits and vegetables are delicious and nutritious alternatives that can be enjoyed by all. Please check with your child's teacher for more information and ideas to celebrate your child's special day.

Dundas Central is an “Allergy Aware” School



Please avoid sending food to school that includes **peanuts and/or nuts** on the ingredient label.

Your co operation is very much appreciated.

