



# WANAKITA

THE TIME OF YOUR LIFE - SINCE 1953

YMCA

Winter Programs

YMCA Wanakita

Hamilton/Burlington/Brantford

Located near Haliburton, Ontario





# Experiential Learning

- Hands on learning
- Recreational activities
- Tone Setting
- Debriefs
- Transference





# The YMCA Values

Respect

Caring

Honesty

Responsibility



# Wanakita Staff

- During the winter season, YMCA Wanakita has a team of 12-20 staff members
- They typically consist of young adults with a teaching, camping, environmental education or out-tripping background
- Certified in Standard First Aid/CPR
- On-site training every season
- Vulnerable sector screening



# Sample Schedule

## Day 1

### Morning

### Afternoon

1:00- Arrival

2:00- Rotation 1

3:15- Rotation 2

### Evening

5:00- First Meal Meeting

5:30- Dinner

7:00- Broomball/Night Ski

8:15- Campfire

9:00- Snack + bedtime

## Day 2

### Morning

8:00- Table Setters

8:15- Breakfast

9:30- Rotation 3

10:45- Rotation 4

### Afternoon

12:15- Table Setters

12:30- Lunch

2:00- Rotation 5

3:15- Opt

ions

4:00- Free Time

### Evening

5:15- Table Setters

5:30- Dinner

7:00- Broomball/Night Ski

8:15- Drama Skits

9:00- Snack + bedtime

## Day 3

### Morning

8:00- Table Setters

8:15- Breakfast

9:30- WALO Race

### Afternoon

12:15- Table Setters

12:30- Lunch

1:30- Departure

***Rotations:*** Ski 1, Ski 2,  
Snowshoe, High Ropes, Fire  
building

***Options:*** Tobogganing,  
Broomball, skating, board  
games

# Meals at YMCA Wanakita

- All meals are served family style meals in our dining hall called "The Core"
- Fruit is available throughout the day
- We try to accommodate most food whether you are vegetarian/vegan, have allergy and religious limitations
- Nut-sensitive site





# Dining Hall

- Students sit at tables of 10 with their cabin-mates or program groups.
- We become a big community of staff, students and teachers
- Students eat in a family-style manner: food is served on trays and passed around the table
- Meal-time skits get kids involved in learning about where food comes from

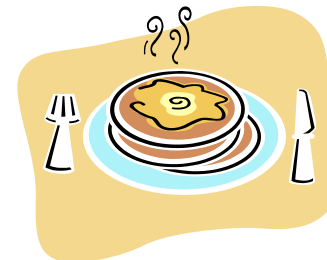




# Sample Meals

## Breakfast:

- Oatmeal (*always available*)
- Cereal (*always an option*)
- Scrambled eggs, bacon, toast, fruit, OJ, milk



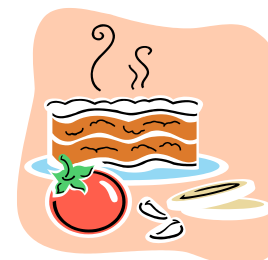
## Lunch:

- Salad bar – pasta, potato, green salad, soup (*always an option*)
- Wraps- tuna, egg, turkey, ham, veggies, juice, water
- Cookies for dessert



## Dinner:

- Pasta, garlic bread, caesar salad, milk, water
- Strawberry tarts for dessert



## Evening Snack:

- Rice crispy squares

# Accommodations



- Cabins are heated, with washrooms and showers
- Bunk beds sleep 10-13 students.
- Separate room for teacher or leader
- Please no junk food

# Other Facilities

- Heated wash houses with toilets and showers
- Lots of indoor program buildings
- Dining hall can seat 300-500 people



Indoor program building





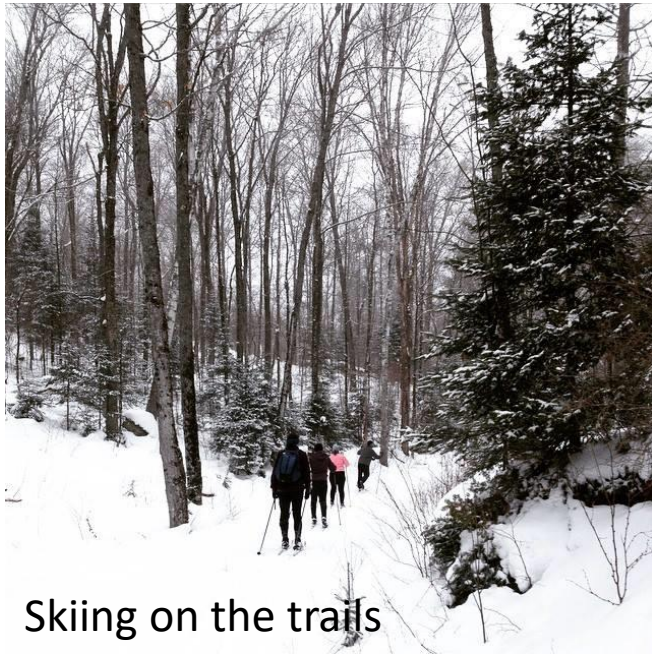
# Winter Programs – Fun and Learning



Attempting maple syrup toffee

# Skiing

**We offer ski lessons and ski treks. Night skis across the lake are very popular**



Skiing on the trails



Our ski field for learning



Skiing across the lake



# Snowshoeing



**Experience the forests and deep snow of Wanakita by snowshoe! Modern and Traditional types available**





# High Ropes



# Low Ropes

**A great group and personal challenge activity!**





# Teambuilding and Initiative





# Broomball

A fun winter sport that challenges your balance and coordination



# Survival

An educational tag game where students represent animals in the food chain





# W.E.P (Wilderness and Environmental Pursuits)

## Fire-building



# Animal Tracking and Winter Ecology





# Lake Rink



# Other Programs

- Drumming programs
- Dance and drama
- Iron Chef cooking competition
- Large group games and competitions
- Orienteering
- Tobogganing





# What to Bring?

- Bedding – sleeping bag/extra blanket & pillow
- Toiletries – toothbrush, towel, shower stuff
- Indoor Shows - sneakers, slippers
- Clothing – Warm clothes, winter jacket and pants, socks, clothes
  - Bring extras of everything!
- Books/games/cards for cabin



# Other Important Information

- Cell phones – we don't get much reception at camp
- Haliburton Hospital – 8 minutes away
- Be prepared for everything:  
Snow, sun, cold, warm!
- [www.ymca-wanakita.on.ca](http://www.ymca-wanakita.on.ca)





# Any Questions?

For more information, contact:

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YMCA Wanakita  
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See you at YMCA Wanakita!

