



Dundana Elementary School

PROUD SCHOOL OF HAMILTON-WENTWORTH DISTRICT SCHOOL BOARD

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January 2018 Newsletter

Principal's Message

Happy New Year! We are happy to be back, refreshed after our winter break, to finish off the first term of classes. This month, we are launching some new initiatives in the school to support well being. Teachers have identified that students at the school continue to need support in the following areas: self regulation and problem solving skills. In order to support this, we will working school-wide on the following strategies: training some junior students as peer mediators to support recess problem solving, reviewing expected and unexpected behaviours and how to react to each, reviewing "size of the problem" to help students use appropriate strategies to problem solve, reviewing expected behaviours in specific situations (e.g. recess, lunchtime), and continuing to support student use of mindfulness practices from the MindUp resource. We are looking forward to engaging students to learn the skills they need to support their own well being. It is important to note that working towards independent problem solving and self regulation can be difficult for some students, but it is important for us to help them persevere and not jump in to "save" them too quickly. If you have questions about your child's problem solving or self regulation skills, please contact his/her teacher for more information.

Drum Fit Returns!

The Dundana School Council is pleased to host Drum Fit Family Fun night on Tuesday, January 23 from 6:30 to 8 p.m. in the gym. Pre-registration is required and space is limited, but the event is free! Please book your family's 30 minute time slot by emailing Adrienne at aosfolk@gmail.com Preferred time slots will be booked on a first-come, first-served basis. If your family isn't able to make it out to the Family Fun night, our exciting news is that Drum Fit will also be running sessions for all of the students during the school day.

Facebook Groups for Dundana Families

If you are looking to connect with other Dundana families, the following Facebook pages and groups are available. Please note that these pages and groups are not run by the school or the school board but by people associated with the groups mentioned.

- Dundana Elementary School Council
- Canadian Parents for French (CPF)
- Dundana French Immersion Parents

Beach Day in January

January's Spirit day is going to be a day at the beach! On Friday, January 12, students are welcome to bring in beach clothes to wear – t shirts, sun hats, sun glasses – to wear as we think warm thoughts and dream of a beach get away. Remember to bring lots of warm clothes to wear during outside time. Mrs. Clarke's class will also be holding a fundraiser and selling beach treats (freezies or sour keys) for 50 cents each on this day. All proceeds from the fundraisers will be donated to Ronald McDonald House.



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R.A. Riddell Sport Academy

The R.A. Riddell Sport Academy is currently accepting applications. Our program consists of two specialized programs within our Middle School.

1. High Potential Program - Grade 7 and Grade 8
2. Basketball Program - Grade 6, Grade 7 and Grade 8

They will be running a Parent Information Evening on January 16 at 5:30 PM at Riddell for those interested in finding out more about the program. Parents can also visit our website <http://www.hwdsb.on.ca/rariddell/sports-academy/> or call the school for more details. The submission deadline is February 9, 2018.

Important January Dates

January 8	Classes resume
January 8,15, 22, 29	Lunch lady, 2 nd NB (orders due the Tuesday before)
January 10	School Council Meeting, 6:30 p.m., library
January 12	Spirit Day – Beach day!
January 12	Beach treats Fundraiser – treats on sale 50 cents each
January 12, 19	Pizza days
January 22	Gr 3 Scientist in the Schools
January 23	Drum Fit day (during the school day) and Family Fitness night (6:30 to 8)
January 25	Celebration Assembly, 9:10 a.m., gym
January 26	PA Day – no school for students
January 30	Fire Safety Assemblies, Grades 1 to 5