

SUMMER DAY CAMPS

AGES 4-14

ALL SKILL LEVELS



JOIN US THIS SUMMER IN HAMILTON!

We offer summer day camps for boys and girls **ages 4 to 14 years old**. At True North Sports Camps, we believe that summer camp is an important part of every child's development, and we make it our top priority to deliver a truly memorable experience! **Become a part of our family this summer!**

Website: www.truenorthcamps.com Phone: (416) 619 1224





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Our baseball summer camp teaches young ball players the FUNdamentals of throwing, fielding and hitting through a combination of drills, competitions and weekly games. From teaching beginners the wacky rules of baseball to helping competitive players take their game to the next level, our experienced coaches ensure that every camper has an amazing time!

Dates: July 3 - August 18 (7 weeks)

Hours: 8:30am - 4:00pm (Extended Care to 5pm)



FLAG FOOTBALL CAMP

AGES: 7-14

ALL SKILL LEVELS

We offer a non-contact flag football camp designed to introduce campers to the game of football in a fun, safe and pressure free environment. For more advanced players, our experienced coaches help to build confidence and technique. From the skills combine to the draft, we do everything possible to make campers feel like they're in the pros!

Dates: July 31 - August 18 (3 weeks)

Hours: 8:30am - 4:00pm (Extended Care to 5pm)



MULTI SPORT CAMP

AGES: 4-14

ALL SKILL LEVELS

We have created an incredible multi-sport program! Our goal is to develop campers' fundamental movement and sports skills with an emphasis on fun, teamwork and fair play. While campers experience a wide variety of sports and activities throughout the week, we maintain a focus on soccer, baseball, flag football and basketball.

Dates: July 3 - July 28 (4 weeks)

Hours: 8:30am - 4:00pm (Extended Care to 5pm)

LOCATION: Alexander Park



PRICING:

Keep things simple and save money. Families receive large multi-week discounts across all of our camps.

Week 1	Week 2	Week 3	Additional
\$275	\$225	\$175	\$175
Savings:	\$50	\$100	\$100

Note that the above pricing is subject to HST.