

Dr. J. Edgar Davey

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Principal's Message February 2020

Dear Families,

Dr. Davey has been working together on what it means to be kind and caring. Daily, we talk to our students about showing kindness to themselves and kindness to others. That means taking a break when you need it, trying to eat right, getting lots of exercise and being our best selves. We remind our students to work hard and aim high! Kindness to others is using kind words on the school yard, in the hallways and in the classroom. Kindness to others also means contributing in a positive way to our learning environment. Examples of that at Dr. Davey are the hard work of our Green Team and their recycling, post it notes on our lockers with positive words of encouragement, being a reading buddy to a student in the younger grades and helping deliver our nutrition bins. There are so many acts of kindness each day at Dr. Davey!

Congratulations to Ms. Glabb who will be moving on March 1st to Principal of Queensdale Elementary School. Ms. Glabb has been such an important part of our school community. She has built close relationships with our students, staff and families and works hard with all of our students to "Aim high, work hard and believe in yourselves" She will be missed. We look forward to welcoming Mr. Persad, as our new Vice Principal, on March 2nd.

Parents in the School

Parents are reminded that they are to check in with the office and not travel throughout the school building. Please sign in and take a visitor sticker before going further than the office. We are responsible and need to know who is in our building. This is for safety reasons.

With the cold weather, many parents have been waiting inside the double doors for school to end. Parents are asked to **remain outside**. Those areas, by fire code, need to be clear.



Upcoming Events

February 2

Ground Hog Day

February 14

Valentine's Day

February 17

Family Day – No School

February 21

Grad Photos

February 26

Pink Shirt Day

February 29

Leap Day

March 6

P.A. Day – No School

March 8

Daylight Savings Begins

Turn clock forward 1 hour

March 16-20

March Break

DID YOU KNOW???

Junior and Senior Kindergarten Registration for the upcoming
2020-2021 School Year

If your child was born in **2016**

Registration starts February 3rd and continues until the end of June.

Registration forms are available to fill out at your area school. Parents **must** provide the necessary documentation when they are registering. Please bring the following:

- Immunization * Immigration status * Proof of age * Confirmation of home address (lease, hydro bill, etc.)
- Check in at the main office for more registration information

More Important News

Too Many Students Are Late to School

Parents, we could use you help! We continue to have a large number of students arriving late to school on a daily basis. We average about **100 students who arrive after the bell**. Students need to be at school in order to line up and enter the building with their class. The warning bell rings at 8:50am. This is the time students should be at school every day. Your continued support with this issue is greatly appreciated.

Parking Lot

Please know that our school buses will be picking up/dropping off our special needs students in our Wilson St. parking lot. This will not leave room for any pick-up/drop off in the Wilson St. lot. The new area for pick/drop off will be on the Ferguson St. side of the school.



Religious Days of Significance

February 5

Lunar New Year

February 15

Nirvana Day

February 18

Louis Riel Day

February 22

Maha Shivratri

February 25-28

Ayyam-i-Ha

February 25

Pancake Tuesday

February 26

Ash Wednesday

Dr. Davey is launching a Healthy School Lunches and Snacks campaign. Over the next few months our school will be celebrating the importance of packing healthy lunches and snacks every day. Studies show that many Canadian children eat too many foods that are high in sugar, fat and salt and not enough vegetables, fruit and whole grain foods. Children concentrate and learn better when they eat foods from the four food groups in Canada's Food Guide. A healthy lunch and snacks provide the energy and nutrients children need to take on the school day.

We have provided you some lunch and snack ideas

Monday	Break One	Break Two
	Oatmeal raisin muffin or banana bread Baby carrots Milk	Sliced turkey on whole wheat bread or bagel 100% fruit juice or apple Milk pudding cup
Tuesday	Break One	Break Two
	Grain cereal in container with lid & spoon Milk Banana	Whole wheat pita with salsa and cheese Milk Cucumber slices Pear
Wednesday	Break One	Break Two
	Cheese cubes or strings Whole wheat crackers or rice cakes Grapes or 100% fruit juice	Tuna Salad on whole wheat bread Salad with dressing Chocolate Milk
Thursday	Break One	Break Two
	Trail Mix (Dry cereal, dried fruit, sunflower seeds) Celery sticks with cheese spread Water	Hard-boiled egg Whole wheat bread Applesauce Milk
Friday	Break One	Break Two
	1/2 Whole wheat wrap with vegetables with Light Ranch Dressing Apple Milk	Other half of wrap with vegetables and Ranch Dressing Fruit cup Yogurt drink

Head Lice - The Facts: Tiny Ugly Creatures but Nothing to Be Afraid of

Several cases of head lice (pediculosis) have been found within the school. Head lice are spread by direct head to head contact. Please check your child's hair for lice and eggs. Head lice are no reflection on one's state of cleanliness. Anyone can get head lice. Please refer to the article below if you need any guidance or help to solve this problem. If you have any questions, please call Public Health or contact your family physician.

Fact: Lice are transmitted as easily as the common cold

- **Head lice are transmitted mainly through close head to head contact.**
- Children working or playing in small groups are all at risk for transmitting head lice: - elementary schools- day cares- play groups- parties
- Head lice may also be transmitted by sharing personal items such as: - combs- brushes- towels- earphones- hats- stuffed toys- pillows- clothing (especially sweaters or fleeces with hoods)
- Parents, care-givers, and siblings may acquire head lice from younger children through sharing or pillows, beds, towels, and brushes or combs.
- It is important to get rid of lice as soon as possible so that other members of the family or close associates may avoid infestation.

Head lice are not related in any way to cleanliness and anyone can become infested by them.

Fact: Head lice are annoying but not life-threatening

- Head lice are not known to transmit any diseases to people.
- The most common sign of head lice is persistent itching, especially around the ears. More damage may be done by scratching the scalp than from the lice themselves. A lice infestation can only be proven if live lice or nits (lice eggs) are found in the hair.

To look for lice, examine the head for lice or nits by parting the hair in narrow, vertical sections with a comb or toothpick. Look carefully behind the ears and in the nape of the neck.

Fact: Home remedies have not been clinically proven to work

- There are a number of lice products on the market. Pharmaceutical treatment shampoo or creme rinse products are the most proven method for getting rid of lice. Home remedies or frequent washing with regular shampoo are not effective in getting rid of head lice.
- Only treat people with live lice, not just people who have been exposed to lice.
- Product choices: - R&CTM 2in 1 Shampoo Conditioner (a single-step product)- Kwellada-P® Creme Rinse- Nix™ Creme Rinse

Fact: Lice products are not used properly

- Follow the treatment instructions exactly. Some lice products are applied to dry hair and others to wet and/or washed hair.
- Leave the product on the hair for the exact length of time indicated in the instructions, no more and no less.
- Remove the nits. This is a time-consuming task but must be done.
- It can take up to 24 hours for lice to die following treatment.
- Apply a second application of the lice product 7-10 days after the first treatment to kill any newly hatched lice.



February 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 <i>Ground Hog Day</i>	3 <i>Day 5</i>	4 <i>Day 1</i>	5 <i>Lunar New Year</i> <i>Day 2</i>	6 <i>Day 3</i>	7 <i>Day 4</i>	8
9	10 <i>Day 5</i>	11 <i>Day 1</i>	12 <i>Day 2</i>	13 <i>Day 3</i>	14 <i>Valentine's Day</i> <i>Day 4</i>	15 <i>Nirvana Day</i>
16	17 <i>Family Day</i> <i>No School</i>	18 <i>Louis Riel Day</i> <i>Day 5</i>	19 <i>Day 1</i>	20 <i>Day 2</i>	21 <i>Tentative Date</i> <i>Grade 8 Grad Photo's</i> <i>Day 3</i>	22 <i>Maha Shivratri</i>
23	24 <i>Day 4</i>	25 <i>Pancake Tuesday</i> <i>Day 5</i>	26 <i>Pink Shirt Day</i> <i>Ash Wednesday</i> <i>Day 1</i>	27 <i>Day 2</i>	28 <i>Day 3</i>	29