

# The Paradise Chronicle

## A Message From The Principal...



As the new school year began, our students arrived with excitement in their eyes, expectations for new challenges and the hope for new adventures. We would like to thank all our parents, students, and school staff for making the first school month a productive and successful beginning.

The busy month of September has come to an end, and October is now underway. As part of our School Learning Plan, we will continue to focus on Student Learning and Achievement in the areas of Reading and Mathematics, as well as Positive Culture and Well-Being.

On behalf of all the staff we would also like to welcome you to Meet the Teacher Night on Thursday, October 10<sup>th</sup> from 5-7pm.

With the 2018-19 school year under way, we hope you will continue to be involved in your child's life at Cootes. Together we can make a difference in the learning and growth of your child.

On behalf of the Cootes staff, we wish you a happy Thanksgiving!



## Meet the Teacher

Meet the Teacher will be held on Wednesday, October 10<sup>th</sup> from 5:00 p.m. – 7:00 p.m. From 5 -6 feel free to buy dinner from the Greenville Optimist Club and then from 6 -7 meet the staff!

## October Happenings

### Dates to Remember:

- October 4<sup>th</sup> – First Day for Re-Organization classes
- October 9<sup>th</sup> – HWDSB Cross Country Meet
- October 10<sup>th</sup> – Bus Safety Presentation
- October 10<sup>th</sup> – Meet the Teacher
- October 10<sup>th</sup> – Lunch Lady
- October 11<sup>th</sup> – Fire Drill
- October 12<sup>th</sup> – Pizza Day
- October 13<sup>th</sup> – Outdoor Playground Cleanup from 8am-12pm
- October 15<sup>th</sup> – Picture Day
- October 15<sup>th</sup> – HWDSB Cross Country Meet (Rain Date)
- October 17<sup>th</sup> – Lunch Lady
- October 18<sup>th</sup> – French Immersion Information Night @ Cootes 7-8pm
- October 19<sup>th</sup> – Subway
- October 24<sup>th</sup> – Lunch Lady
- October 24<sup>th</sup> – School Council
- October 26<sup>th</sup> – Kindergarten Pizza
- October 26<sup>th</sup> – Pizza Day
- October 31<sup>st</sup> – Halloween Day & Lunch Lady



## School Reorganization

Hamilton-Wentworth District School Board reviews its student enrolment numbers in each school at this time of year. The enrolment numbers are compared to the projected enrolment numbers determined at the end of the previous school year. Due to current enrolment, several students will be moving to new classes in the **English stream only**. Transitions will take place on October 3rd and students will begin in their new classrooms on October 4th. Notes have been sent home with all students who have been affected by this. Teachers have worked together on deciding which students will be moving, taking into consideration all student needs and balancing classes as best as possible. The new organization will be as follows:

- JK/SK – 6 classes regular stream
- Gr 1 – x2
- Gr 1/2 – x2
- Gr 2
- Gr 3
- Gr 3/4 – x2
- Gr 4
- Gr 5 – x2



## CONGRATULATIONS!

Due to our outstanding participation and fundraising efforts at our **Jump Rope for Heart** event last Spring, we have earned \$400.00 in Heart Smart Points! These points will be used to purchase new equipment for Physical Education. Have a look at the bulletin board outside the gym during Meet the Teacher to see what we have purchased.



## Photo Day

Please note that Picture Day will be on Monday, October 15th! All details regarding Picture Day will be sent home with each student.



## Terry Fox Run

On Thursday September 27th our Cootes Chargers did an amazing job by showing their support for Terry Fox. They showed up in red and white and ran/walked around our field numerous times. Thank you to everyone who came to support our students and donated for such a great cause! Together we raised \$850.00!

Thank you to Mr. Johnston and Mr. Fox for Organizing this amazing event!



## Toys/Electronics at School

Just a reminder that toys and electronics should not be brought to school unless requested by a teacher. Should your child bring these items to school, the school will not be held accountable if they are damaged, lost or stolen.



### Halloween Parade at Cootes

Join us for our Halloween Parade on October 31<sup>st</sup> right after our second nutrition break (approx @ 2:00 pm). All students are asked to bring their costumes to school and they will get dressed during second break.

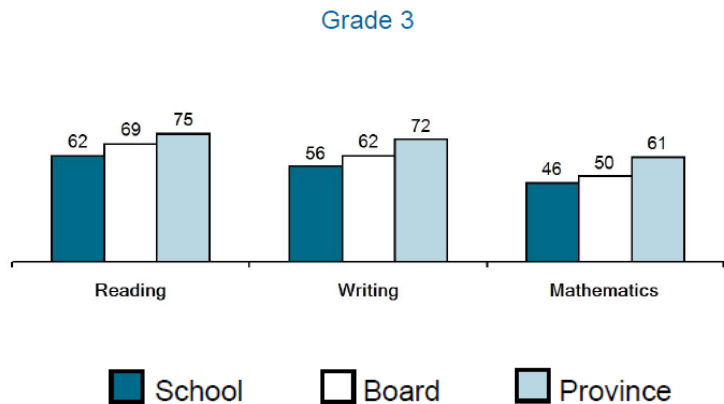
### MEDICAL ALERT

Just a reminder that Cootes is a NUT FREE School. We have both staff and students with severe life-threatening allergies to peanuts and tree nuts. Do not send any nut products to school with your child. Thank you!



### EQAO Results

The following are the Grade 3 results for the assessments of Reading, Writing, and Mathematics. Individual student results will be sent home this week with all students in grade 3 who participated in the spring.



### Secure School Announcements



During the fall term, each school is required to conduct at least 3 Fire Drills and 1 Lockdown Drill so that students are prepared in the event of a real emergency. Please do not be alarmed if your child tells you that the alarm went off at school. This is all part of Cootes's Emergency Plan of Action.

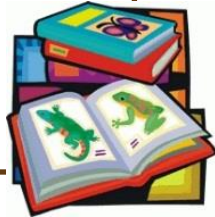
## Library News!

At Cootes Paradise we have a 2-book limit for borrowing library books.

Please remember to treat school materials with respect and keep food and liquids away from books and other reading materials.

Remember to put your books in a safe spot, away from younger siblings, animals or where they may get lost.

Happy Reading Everyone!!



## Progress Report Cards

Progress Reports will be going home with your child on Tuesday, October 30th. This is a great opportunity for you and your child to celebrate their accomplishments, as well as review some next steps and to set some goals. You will have an opportunity to discuss the report on the evening of Thursday, November 1<sup>st</sup> and on Friday, November 2<sup>nd</sup> during the instructional day.



## School Newsletter and School Website

Just a reminder that our school chronicle will be posted at the beginning of each month.

Our School Website is also always up-dated with new information. Once there, you can subscribe to have an email sent to your in-box whenever new information is posted to the website. Please visit our website at:

[www.hwdsb.on.ca/cootesparadise](http://www.hwdsb.on.ca/cootesparadise)



## Parent Parking

Just a friendly reminder that when you are picking up your child at dismissal, please do not

block the bus loading zone or enter the parking lot. We want to ensure the safety of all our students as they are being transported to and from Cootes.



## Fortinos Receipts

Home & School collects receipts from the **Fortinos on Main St. W.** to help fund our Tastebuds Snack Program. For every dollar spent at that store they will give us 1% towards the Snack Program at the school. No receipt is too small or too big! There is an envelope on the bulletin board across from the office, or you can send them in your child's agenda.

## Home & School Update

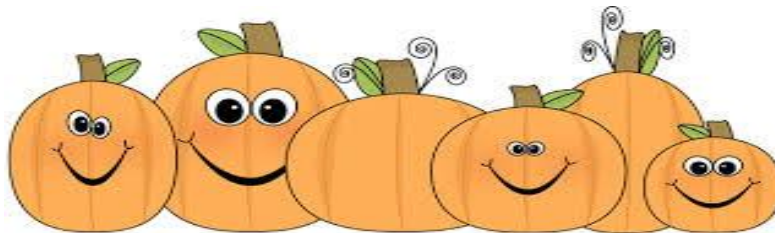
The fall is a busy time for the Home & School Association. Thank you to everyone who came out to our annual movie night. Everyone's crossed fingers helped hold off the rain and we raised more than last year, so thank you to everyone for your generosity! Thank you also to everyone for coming out to our meeting last week. It was great to see you. Below are the events we have coming up in October. Looking forward to seeing you and your families out supporting the school!

Our first Home & School Bake Sale is coming up at Meet the Teacher night on Wednesday October 10th! Our bake sales are famous and always sell out. These are a great way to support Home & School's efforts to increase access to the Arts and help pay for class trips as well as fund things like fans for the third floor for those hot days. If you are able to help bake, please contact Jackie at [jk\\_130@hotmail.com](mailto:jk_130@hotmail.com) for information. And for everyone else, be sure to stop by during the Meet the Teacher night and grab a treat.

Outdoor Playground Clean-up: Join us Saturday October 13th to help beautify the outdoor space. Come anytime from 8 am to 1 pm and help for as long or short a time as fits your schedule. We hope to sweep the paths, remove some weeds, rake the mulch, and leave the playground looking great. The City of Hamilton Clean-up Trailer will be on site to provide the tools we need, and we'll have coffee and hot chocolate available. Hope to see you there!

Can you spare an hour a week for 6 weeks? We're looking for volunteers to run a Lunch Club once a week from November 5 to December 14th? Lunch Clubs are activities run during the morning or afternoon recess period (or recess + nutrition break if you prefer), offered to students on a sign-up basis. In the past parents have volunteered to supervise sporting activities such as floorball or skipping; board games; Lego; or have planned activities each week such as crafts, cooking; and science. If you have an idea, we can help make it happen! Please contact [erin.lepischak@gmail.com](mailto:erin.lepischak@gmail.com) if you can help.

The Pumpkin Night Hike is almost here! Join us on Friday October 26th as we hike through the forest on a trail lit by pumpkins that have been carved by the students. This is a popular and unique event for the whole family. Meet at the trail head near the Aviary in Churchill Park between 6:30 and 8:30pm. The hike is about 1km and in some places is a bumpy, dirt path that isn't suitable for strollers, so we recommend carrying young children. We've taken measures to limit the number of people and to control the flow on the trail, so people should be able to make their way through without too much waiting on the trail. Suggested donation \$15-20 per family.



We need lots of volunteers to make this happen. If you can help volunteer, even for an hour, please email Heather at [cootes.paradise.hsa@gmail.com](mailto:cootes.paradise.hsa@gmail.com).



**Yum!**

**Hot Lunch at School**

theLunchLady.ca

**YOUR LUNCH LADY DAY(S) ARE:**

M	T	W	T	F
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Starting: October 10

**Lettuce take care of lunch!**

Delicious lunches served to your child at school.



**Loved by Kids & Parents**

Nutritionally balanced lunches with options kids love.

**Oodles of Choice**

From pasta to perogies, salads to smoothies and so much more...

**It's Easy**

Order, cancel or change. All Year.

**Sign up today & see your school's menu!**

Orders due 2 days before lunch day.

Your local Lunch Lady is [Chrissy@theLunchLady.ca](mailto:Chrissy@theLunchLady.ca)



theLunchLady.ca

Healthy Lunches. Made Simple.



SO MANY  
MORE  
OPTIONS  
ONLINE

## Menu:

### Cootes Paradise Starts Wed October 10!

For 25 years, The Lunch Lady has provided hot lunches to thousands of children across Canada.

Schools love us because we take care of everything. Parents love us because our service is easy, affordable and, best of all, healthy.

Kids love us because we make lunch fun and our food tastes great!

YOUR LUNCH LADY DAY(S) ARE:



- ☉ Gluten Free.
- ☉ Vegetarian
- Halal Options Available

Allergies?  
We care! Please contact us to learn more.

Need to cancel?  
Simply call us by 8 a.m. the day of the scheduled lunch.

Chicken	From
<b>Baked Chicken Fingers</b> Served with steamed brown rice and corn.	\$5.50
<b>Chicken Teriyaki Bowl</b> With steamed vegetables over brown rice or whole grain noodles & sweet teriyaki sauce.	\$6.50
<b>BBQ Chicken Drumsticks</b> With potato wedges or rice and corn.	\$5.50
<b>Crunchy Chicken Sushi Roll</b> With edamame beans & side soy sauce.	\$6.50
Beef	From
<b>Spaghetti &amp; Meatballs</b> Whole grain pasta & beef meatballs tossed in Lunchie's homemade tomato sauce.	\$5.75
<b>Smiling Shepherd's Pie</b> With peas, carrots, mashed potatoes & side fruit.	\$6.50
<b>Hamburger Meal</b> Served with homestyle baked potato wedges or side fruit or vegetable.	\$5.50
Vegetarian	From
<b>Homemade Macaroni &amp; Cheese</b> Made with real cheddar cheese & served with your choice of fruit or vegetables.	\$5.25
<b>Whole Grain Pancakes</b> Kid approved! Served with syrup & optional sides.	\$5.25
<b>Black Bean Burrito Bowl</b> Veggie ground round, black beans, edamame & corn over brown rice with mozzarella. Served with side sour cream and fruit.	\$6.25
<b>Grilled Cheese Meal</b> On whole wheat with real cheddar cheese & your choice of fruit or vegetables.	\$5.50
Salads, Wraps & More	From
<b>Crunchy Chicken Apple Harvest Salad</b> With a whole wheat bun & maple balsamic dressing.	\$6.95
<b>Grilled Chicken Caesar Salad</b> With a whole wheat bun & caesar dressing	\$5.75
<b>Assorted Wraps</b> Made fresh daily on a whole wheat wrap.	\$5.00
<b>Farm &amp; Field Plate</b> Hard boiled egg, fresh veggies, fruit, real cheddar, crackers & homemade ranch dip.	\$5.95

Your local Lunch Lady is [Chrissy@theLunchLady.ca](mailto:Chrissy@theLunchLady.ca)  
Orders due by Monday each week or order ahead!  
[theLunchLady.ca](http://theLunchLady.ca)



HELPS YOUR SCHOOL



NUTRITION POLICY APPROVED



LOCALLY OWNED



NUT-FREE ALLERGY AWARE

theLunchLady.ca

Healthy Lunches. Made Simple.

Prices for 2018/2019 school year. Subject to change.