

Grade 4 Health Update

Dear Parents/Guardians,

In Health, we will be starting our new unit on Personal Safety & Injury Prevention. Please see below for a table outlining the curriculum expectations and key topics for discussion.

C1.2 Safe use of technology	<p>Key Topics:</p> <ul style="list-style-type: none">- Risks associated with the internet, cell phones, online gaming, text messaging & the precautions/strategies for using the technology safely
C1.3 Bullying and abuse	<p>Key Topics:</p> <ul style="list-style-type: none">- Bullying & Abuse (social, physical, verbal)- Bullying using technology (email, text messaging, chat rooms, websites)- Identifying appropriate ways of responding
C2.2 Decision making – assessing risk	<p>Key Topics:</p> <ul style="list-style-type: none">- Identify potential dangers & risks- Consider ways to stay safe- Pros & cons of each option- Consider whether they need to check with an adult- Choose safest option & act- Reflecting on decisions- Consider whether there is anything they can improve for next time- Make safe decisions in a variety of situations (i.e. cycling, preparing food)

Thanks for your support,

Mrs. Rich & Mrs. Gardner